

Pretzel

Pretzels are made from long strips of dough, twisted together, and baked until golden brown. Salt is a common topping.

Toppings may include:

- cheese
- mustard
- cinnamon sugar
- parmesan cheese
- caramel

Country Of Germany



Language Spoken: German
Approx. Population: 82.2 million

Book Recommendation:
Walter the Baker by Eric Carle is a wonderful story about Walter who thinks outside the box to make some special dough requests for the Duke.





P-I-Z-Z-A

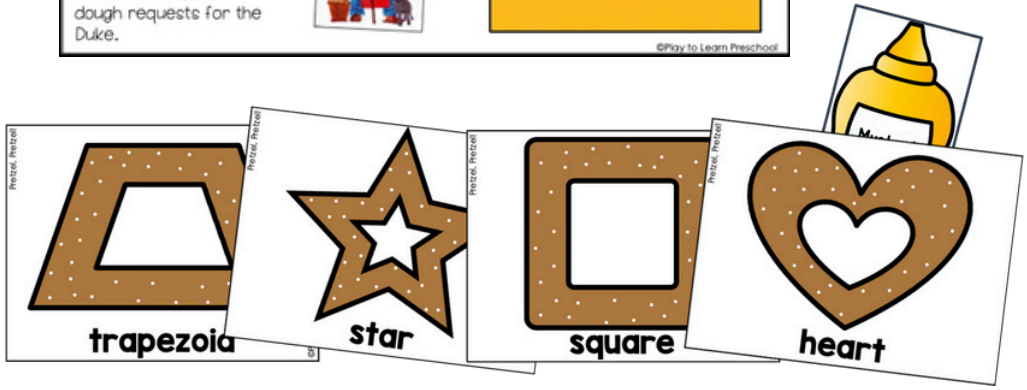
To the Tune of "Bingo"

I have a crust, sauce, toppings, and cheese.
Do you know what I am?

P-I-Z-Z-A
P-I-Z-Z-A




YUM
YUM!
Z
Z
A

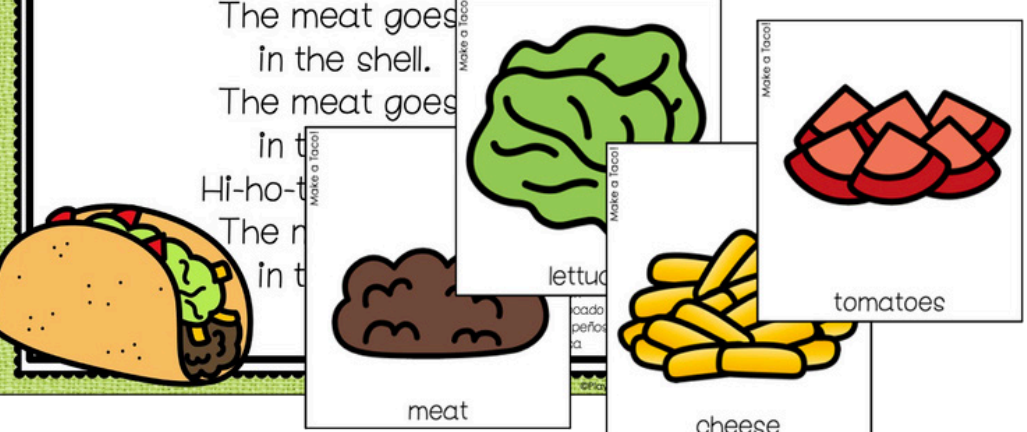


trapezoid
star
square
heart

Make a Taco!

To the tune of "The Farmer in the Dell"

The meat goes in the shell.
The meat goes in the shell.
Hi-ho-ti-to, the meat is gone!
The lettuce goes in the shell.
The lettuce goes in the shell.
Hi-ho-ti-to, the lettuce is gone!
The cheese goes in the shell.
The cheese goes in the shell.
Hi-ho-ti-to, the cheese is gone!



meat
cheese
tomatoes



1
2
3
4
5

“Everything was right there. The activities are age-appropriate and engaging.”

★ ★ ★ ★ ★

EVERYTHING YOU NEED

• 10 DAYS OF FULL-PLANNED LESSONS

- 10 INDEPENDENT CENTERS
- BOOK RECOMMENDATIONS

Introduction to activate prior knowledge.

Objectives written in kid-friendly language.

Daily extension activities, including ASL instruction.

Argentina

Dulce de Leche

Dulce de leche is a caramelized milk dessert. It is a recipe from Latin America and is prepared by slowly heating milk and sugar over a period of several hours.

Objectives:

- The students will use new vocabulary.
- The students will sort objects by property.
- The students will recognize letters of the alphabet.

Activities:

1. Show the real-life photographs. Ask if anyone has had caramel before, explain that dulce de leche is similar to that treat.
2. Bring in a variety of objects to sort into two groups: food that has milk and food that does not have milk. Picture cards are also included, if needed.
3. Play the "Sprinkles!" carpet game.

Extension Idea:
Make [this easy dulce de leche recipe](#) at home and bring it in for students to try with different foods like apples, graham crackers, or ice cream!

To Play the Game:

- Line up the pictures of the ice cream sundaes. Pick the right number of cards for your students. Identify the letters together.
- Hide the sprinkles under one of the ice cream sundaes and recite the poem and it.
- Children guess where the sprinkles are hidden by identifying the letter on the ice cream sundaes.

Sprinkles!
Looking for the sprinkles. Where could they be?

Play to Learn Preschool

Day 9 lesson plans

Real-life photos to generate discussion.

Songs, poems, carpet games, and more!

Step-by-step directions for each activity.

“I loved this resource and how easy it was to use.”

★ ★ ★ ★ ★

SPEND LESS TIME PLANNING & MORE TIME TEACHING



Bread is made by mixing flour and water together, then baking it in the oven.

Chopsticks are an eating tool. You pick foods up with chopsticks.

Chickpeas, spices and chickpeas are mixed together, then fried.

Maple syrup comes from the sap of a maple tree.

These foods

have milk.

These foods

do not have milk.

milkshake

steak

fish

hotdog

sandwich bread	cracker	bagel	pretzel
sandwich bread	cracker	bagel	pretzel
sandwich bread	cracker	bagel	pretzel
sandwich bread	cracker	bagel	pretzel
sandwich bread	cracker	bagel	pretzel
sandwich bread	cracker	bagel	pretzel

“My students really enjoyed this! So engaging and interesting.”

★ ★ ★ ★ ★

PROVIDE PURPOSEFUL & ENGAGING INSTRUCTION

Trace the lines.

T is for

tomato

taco

turtle

taco

P is for

pea

pancake

pancake

panda

Beginning Sound Sort

Counting

one	seven
six	four
eight	three
two	five

fast food workers

farmers

vegetables

blueberry

pancake

syrup

B is for bread

bread

“My class just loves this item so much!”

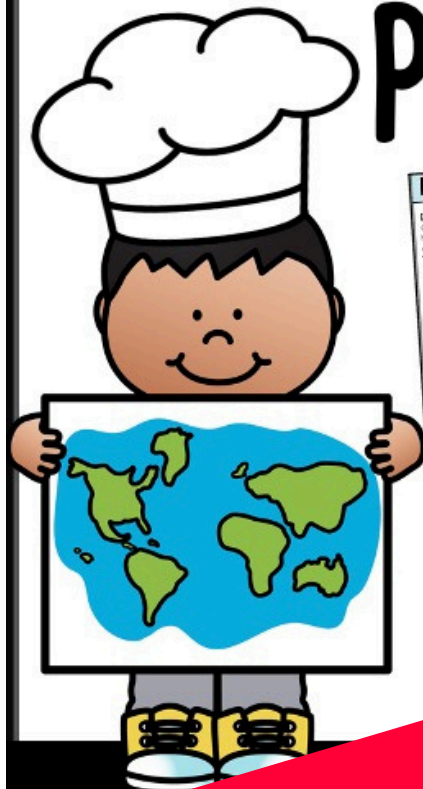
★ ★ ★ ★ ★

BUILD CONFIDENCE WITH
INDEPENDENT CENTERS

Circle Time

10
LESSONS

FOOD AROUND THE WORLD Preschool Unit



A collage of educational cards for food units. The cards include: 'Dulce de Leche' (Argentina), 'Falafel' (Egypt), 'Pretzel' (Germany), and 'Bibimbab' (Korea). Each card features a map of the country, a description of the food, and a list of ingredients. There are also book recommendations and language tips for each unit.

Which food do you like best?

Sandy	Danny	Frenchy	Frankie
Rizzo	Jan		
Marty			

Play to Learn Preschool

“I love that I don’t have to search for activities – the unit is all set and easy to follow!”



BUY NOW

MAKE TEACHING ABOUT FOOD

STRESS FREE!

HAVE FUN PLAYING AND LEARNING WITH YOUR STUDENTS!



© Play to Learn Preschool

Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.



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