

EVERYTHING IS PLANNED FOR YOU!

Dental Health Counting Games

Support early math skills with these Dental Health counting games. Help young learners recognize numbers, count one-to-one correspondence, and build number sets using these mats, cards, and a dry erase marker.

Learning Objectives:

Number Recognition & Counting – Students will count and recognize 1-10 as they identify and mark the correct numbers.

One-to-One Correspondence – Students will count objects by touching and counting each item one at a time to ensure each number matches a single item. This skill helps develop number sense and builds a strong foundation for early math concepts.

Preparation:

- **Print** the game mats and cards on cardstock or standard paper mounted to construction paper for durability.
- **Cut** the cards apart.
- **Laminate** the mats and cards for use with dry erase markers.
- **Provide** dry erase markers and erasers as well as counters for the Roll, Count, and Cover mats.

How to Use:

- **Write & Wipe Mats** - the student selects a counting mat and traces, draws and colors the number identified.
- **Roll, Count, & Cover Mats** - the student rolls a die then finds the matching number on their mat. They cover the number with a counter and continue rolling until all numbers are covered.
- **Count and Circle cards** - The student counts the items on the card then circles the correct number using a dry erase marker.

Other Fun Uses:

- **Fine Motor Skills:** Students use play dough to make the numbers and teeth on the Write & Wipe mats or roll a ball of dough to cover the teeth in the Roll, Count, and Cover game or cover the number in the Count & Circle game.
- **Eye-Hand Coordination:** Use clips for the Count and Circle game. Students count the objects then pinch a clip to the correct number.
- **Prosocial Behavior:** Have two or more students play the Roll, Count, & Cover game together. Show them how to take turns and encourage each other through the game.

EASY DIRECTIONS

NUMBER RECOGNITION & FINE MOTOR SKILLS

I can **count** the teeth. I can **trace** the number.

I can **draw** 4 teeth in the jar.

I can **color** four teeth.

Step-by-step directions for the activity.

Extension ideas

Name: _____

Count the items then circle the matching number.

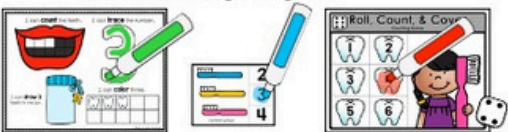
	4		2
	1		5
	3		3
	5		2
	2		6
	6		4

PRACTICE SHEETS

Name: _____

Draw a line between the number and the matching dice.

1		two
2		five
3		one
4		six
5		four
6		three



Storage Tips: Keep the mats and cards in a small basket or on a tray for easy access. Store in a zippered bag when not in use.

3 EMERGENT MATH ACTIVITIES

1-10
NUMBER
PRACTICE

I can **count** the teeth. I can **trace** the number.

I can **draw** 3 teeth in the jar.

I can **color** three.

I can **count** the teeth. I can **trace** the number.

I can **draw** 10 teeth in the jar.

I can **color** ten.

Roll, Count, & Cover
Counting Game

	2	3	4
5	6	7	8
			12

Roll, Count, & Cover
Counting Game

1	2		
	4		
5	6		

©Play to Learn Preschool

1 & 2 DICE
OPTIONS

Count & Circle

10
8
10
2

toothpaste

COUNT &
CIRCLE
CARDS



LOOKING FOR EVEN MORE DENTAL HEALTH FUN?

10 DAY UNIT

PERFECT FOR DENTAL HEALTH MONTH

Circle Time

10 LESSONS

DENTAL HEALTH

Preschool Unit

Our Friend, the Dentist
is the best of friends to have!
Let's go to the dentist,
Let's go to the dentist,
H-I-I-to-the-Dentist-O,
Let's go to the dentist.

Play to Learn Preschool



Have fun playing and learning with your students!



Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

ADDITIONAL RESOURCES:

