

EVERYTHING IS PLANNED FOR YOU!

EASY DIRECTIONS

Dental Health Beginning Sounds

Young learners connect pictures to their beginning sounds with this engaging Dental Health activity. Featuring picture cards of mouths and teeth, this hands-on activity reinforces early literacy skills and phonemic awareness. It's perfect for preschool and kindergarten.



Learning Objectives:

- Beginning Sounds and Letter Recognition** – Students will identify uppercase and lowercase letters A-Z and their beginning sounds, reinforcing early literacy skills through hands-on practice.
- Fine Motor Development** – Students will develop their fine motor skills as they handle, align, and match the cards. This activity supports hand-eye coordination and finger strength, essential for writing and other classroom tasks.

Preparation:

- **Print** the pages on standard paper or cardstock. Laminate as desired.
- **Cut** along the lines to create individual tooth picture cards.
- **Hot Glue** small clothes pins to the back of the smaller letter cards.

How to Use:

Lay out the mouth picture cards in one area and the letter cards in another. Students choose a mouth picture and identify the beginning sound of the picture. Next, they search for the tooth that matches the beginning sound and clip it to mouth. Once the match is complete, they can move on to another mouth card.

Other Fun Uses:

- **Interactive Bulletin Board:** Mount the mouth picture cards in alphabetical order to a magnetic bulletin board/dry erase board. Affix a small magnet to the back of each letter card. Students attach the letter cards to the mouth pictures on the board. * **Use caution if using magnets and students that magnets DO NOT go in the mouth.**
- **Sensory Bin Match:** Place the mouth picture cards in a sensory bin. Have students search for them to match the tooth letter cards.
- **Write and Match:** After finding the correct matches, have students write the uppercase and lowercase letters on a whiteboard next to the picture to practice letter formation.



Storage Tips:

Keep the cards in a small basket or on a tray for easy access. Store in a zippered bag when not in use.

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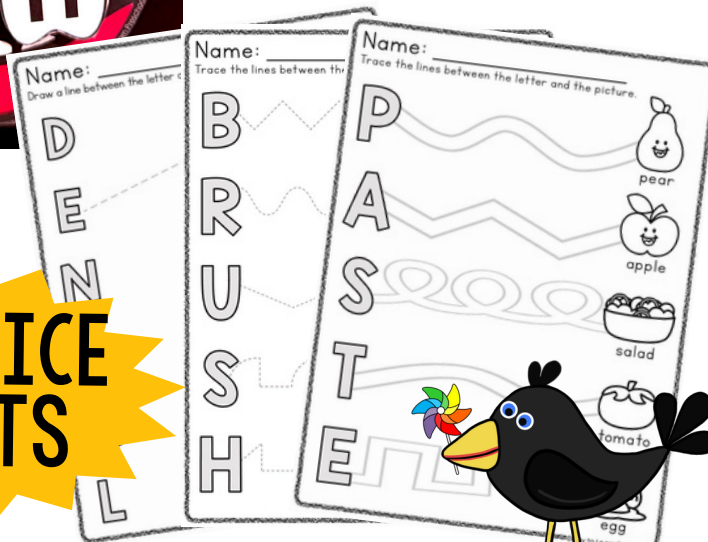
Step-by-step directions for the activity.

Extension ideas



LETTER RECOGNITION & FINE MOTOR SKILLS

PRACTICE SHEETS



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EMERGENT LITERACY

PRINT,
MAT,
CUT, & GO

VERTICAL
SPACE LETTER
MATCHING

UPPERCASE
&
LOWERCASE

Bb	Cc	Dd	Ee	Ff	
banana	carrot	dinner	egg	f	
Gg	Hh	Ii	Jj	Kk	Ll
garlic	ham	inchworm	jelly	kiwi	lemon
Mm	Nn	Oo	Pp	Qq	Rr
nuts	olive	pear	quail	raisins	
Tt	Uu	Vv	Ww	Xx	
tomato	underground	vegetables	watermelon	x-ray	
Zz					
zucchini					

s u m w i f g p d x y v t r q
u y g k t l m i x s f p r w



LOOKING FOR EVEN MORE DENTAL HEALTH FUN?

10 DAY UNIT

PERFECT FOR DENTAL HEALTH MONTH

Circle Time

10 LESSONS

DENTAL HEALTH

Preschool Unit

Our Friend, the Dentist
is the best friend we have
Let's go to the dentist,
Let's go to the dentist,
H-I-I-o-the-Dentist-O,
Let's go to the dentist.

Play to Learn Preschool



Have fun playing and learning with your students!



Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

ADDITIONAL RESOURCES:

