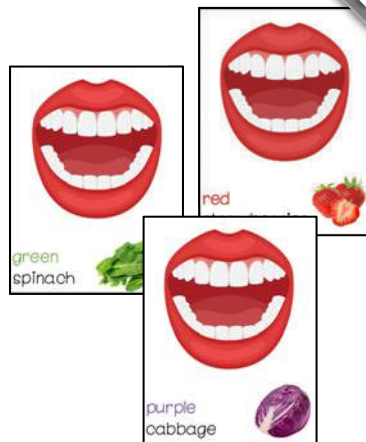


All About TEETH

✓ LESSON PLANS

✓ GUIDING QUESTIONS

✓ INVESTIGATIONS



Planning Page - Teeth

Healthy Bodies Unit - Lesson 3

Recommended Supplies:

- toothbrush
- ice cube trays
- gum
- play dough
- small animal figur
- chrysease markers
- prelaid game cards

Learning Objectives:

- The students will use simple investigation tools to make observations.
- The students will develop questions based upon observations.
- The students will compare objects.

Hands-on Learning

What better way to learn about dental health than to have a science station set up with hands-on tools for children to practice cleaning teeth. Children are intrinsically curious. They ask questions, love to experiment and learn best with hands-on learning. Let all the students

Guiding Questions - Teeth

Healthy Bodies Unit - Lesson 3

What are teeth used for?

- chewing
- smiling
- talking
- shiny shape to our face

Do I need to brush my teeth every day?

Yes, The American Dental Association recommends brushing your teeth twice a day to remove the food and plaque and reduce the risk of cavities.

Why do children lose teeth?

As the child gets older, their jaw grows allowing room for the new adult teeth to grow in. As the adult teeth push up through the gums, the baby teeth start to loosen and fall out. Children lose their teeth between the ages of 6 and 12.

How many teeth do children have?

We have 20 baby teeth and 32 permanent teeth.

Did you know?

A tooth is the only part of the body that can repair itself.

Print one set for finger or mix.

Hands On Practice - Flossing

Healthy Bodies Unit - Lesson 3

Can you floss between the teeth?

Keeping our teeth clean is an important part of taking care of ourselves. This activity will help students understand that food gets stuck between teeth and how floss helps to remove it.

Learning Objectives:

- The students will show persistence in approaching trials.
- The students will observe objects with curiosity.

Recommended Supplies:

- toothbrush
- play dough
- gum

Procedure:

- Place several pieces of play dough on the science center with play dough and gum. Show students that the upper down the floss looks like teeth.
- Students play with the dough then place it on the ice tray in between each section.
- Students use the gum to remove the play dough from each section of the ice tray.



Teeth Center

Table of Contents

Human Body
Lesson #3

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Planning Page...	3
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The collage includes the following items:

- Teeth help us to form our words and talk.** (Image of a family eating)
- Teeth help us smile.** (Image of three children smiling)
- Dentists help us keep our teeth healthy and clean.** (Image of a dentist examining a child)
- Teeth are in your mouth.** (Text card)
- All About Teeth** (Character tooth with a toothbrush)
- Teeth Language Board** (Grid with images of teeth, dentist, toothbrush, toothpaste, floss, and cavity)
- Teeth Tracing** (Tracing practice for 'teeth' and 'toothbrush')
- Teeth Labels** (Cards for 'cavity', 'toothpaste', 'dentist', 'toothbrush', 'floss', 'teeth')
- Teeth Investigation** (Cards for 'red strawberries', 'green spinach', 'purple cabbage')
- Teeth Activity** (Cards for 'dentist', 'teeth', 'toothbrush')
- Teeth Reference** (Cards for 'cavity', 'toothpaste', 'dentist', 'toothbrush')

Planning Page - Teeth

Recommended Supplies:

- toothbrush
- toothpaste
- floss
- dental chair
- dental mirror
- dental X-ray

Learning Objectives:

- The student will be able to identify the parts of a tooth.
- The student will be able to describe the function of each part of a tooth.

Hands-on Learning:

Students will use a toothbrush and toothpaste to brush their teeth. They will also use a dental mirror to look at their teeth. They will use a dental X-ray to see the inside of a tooth.

Science Investigation - Brushing Teeth

Can you brush the teeth clean?

Brushing our teeth is an important part of keeping our mouths healthy and clean. We will use a toothbrush and toothpaste to brush our teeth. We will use a dental mirror to look at our teeth. We will use a dental X-ray to see the inside of a tooth.

Learning Objectives:

- The student will be able to identify the parts of a tooth.
- The student will be able to describe the function of each part of a tooth.

Book Recommendations - Teeth

Why We Go to the Dentist by Kaseem Clark

Going to the Dentist by Anne Cleveland

Learning Objectives:

- The student will be able to identify the parts of a tooth.
- The student will be able to describe the function of each part of a tooth.

Guiding Questions - Teeth

What are teeth used for?

Teeth are used for biting and chewing food. They are also used for speaking and smiling.

Why do children lose teeth?

Children lose their teeth because their baby teeth fall out. This is a normal part of growing up.

How many teeth do children have?

Children have 20 baby teeth when they are 5 years old. They will have 32 permanent teeth when they are 12 years old.

What are teeth made of?

Teeth are made of a hard material called enamel. They are also made of a softer material called dentin.

Hands On Practice - Flossing

Can you floss between the teeth?

Flossing is an important part of keeping our teeth clean. We will use a piece of floss to clean between our teeth. We will use a dental mirror to look at our teeth. We will use a dental X-ray to see the inside of a tooth.

Learning Objectives:

- The student will be able to identify the parts of a tooth.
- The student will be able to describe the function of each part of a tooth.

Recommended Supplies:

- Floss
- Toothbrush
- Dental mirror
- Dental X-ray

Procedure:

1. Place a small piece of floss at the top of the tooth.
2. Move the floss down the side of the tooth.
3. Move the floss up the side of the tooth.
4. Repeat for the other side of the tooth.

Teeth Language Board

teeth, dentist, toothbrush, toothpaste, floss, cavity

Planning Page - Teeth

Healthy Bodies Unit - Lesson 3

Recommended Supplies:

- toothbrushes
- ice cube trays
- yarn
- play dough
- small animal toys
- dry erase markers
- provided game cards

Hands-on Learning

What better way to learn about dental health than to have a science station set up with hands on tools for children to practice cleaning teeth. Children are instinctually curious. They ask questions, love to explore, and learn best with hands-on learning. Let the students play and interact with the materials at their own pace as they learn about teeth.

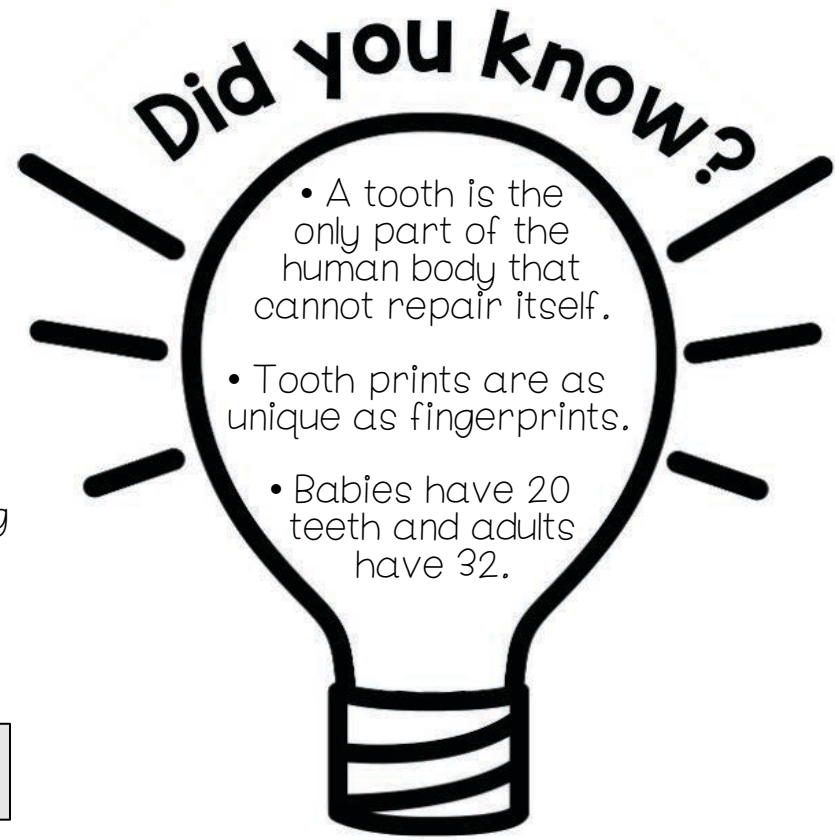
While exploring teeth, students can:

- learn how teeth help us eat, smile and talk
- discover the importance of brushing and flossing to keep our teeth clean
- investigate how teeth are different in different animals

This science station is child-directed. Before they begin, remind children that nothing goes in their mouth at this station.

Learning Objectives:

- The students will use simple investigation tools to make observations.
- The students will develop questions based upon observations.
- The students will compare objects.

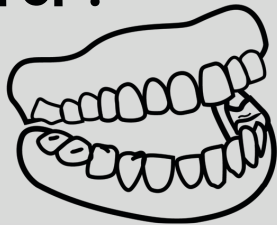


Guiding Questions - Teeth

Healthy Bodies Unit - Lesson 3

What are teeth used for?

- chewing
- smiling
- talking
- giving shape to our face



Why do children lose teeth?

As the child gets older, their jaw grows allowing room for the new adult teeth to grow in. As the adult teeth push up through the gums, the baby teeth start to loosen and fall out. Children lose their teeth between the ages of 6 and 12.



Why is flossing your teeth so important?

Flossing helps to remove food and plaque from between the teeth. If the food and plaque are left between the teeth, it can lead to cavities.

Do I need to brush my teeth every day?

Yes, The American Dental Association recommends brushing your teeth twice a day to remove the food and plaque and reduce the risk of cavities.



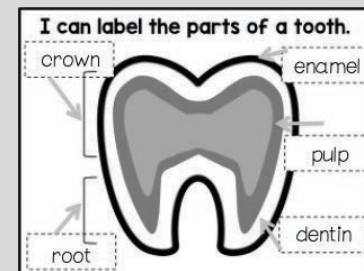
Teach the students ASL for “brush teeth”: use the pointer finger as a toothbrush and slide the finger back and forth in front of the teeth.

How many teeth do children have?

- children start out with 20 teeth
- the teeth start to fall out around the age of 6
- adults have 32 teeth

What are teeth made of?

Teeth are made up of enamel, pulp, dentin, and have a crown and roots.



Found in day 2 of the Play to Learn Dental Health Circle Time Unit.

ice trays

(teeth)



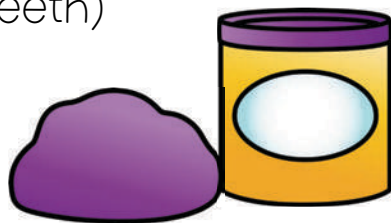
yarn

(floss)

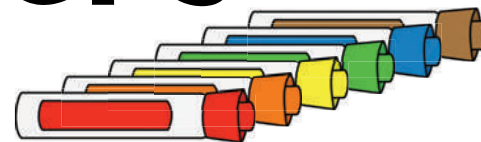


play dough

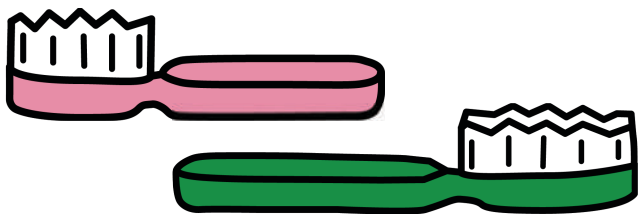
(food between the teeth)



dry erase markers



toothbrushes



tooth cards





Teeth help us to chew our food.

Teeth help us to form our words and talk.





Teeth help us smile.



Dentists help us keep our teeth healthy and clean.

teeth



the hard bony structures in the mouth used for chewing food

dentist



a doctor who is specially trained to take care of teeth

toothbrush



a brush for cleaning the teeth

toothpaste



a thick, creamy substance put on a toothbrush to clean teeth

floss

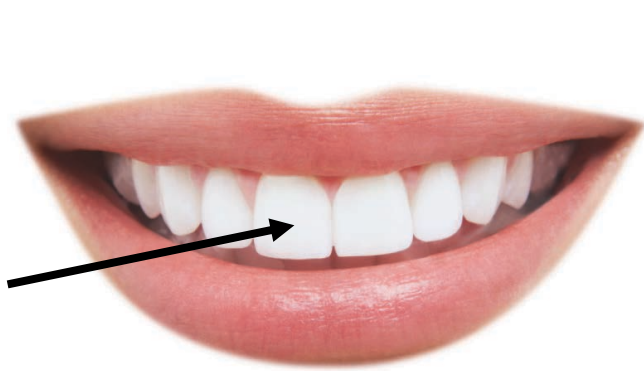


a thread used to clean between the teeth

cavity



a hole in the tooth caused by
not brushing the teeth



t e e t h

9.3



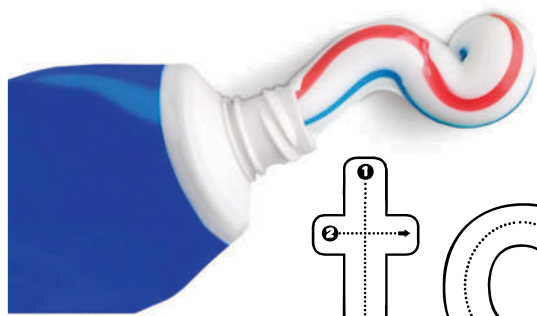
d e n t i s t

9.3



t o o t h b r u s h

9.3



t o o t h p a s t e

9.3



f l o s s

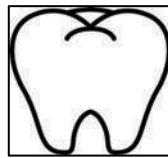
9.3



c a v i t y

9.3

Name _____



I can write the word "teeth."

teeth



Teeth Language Board



teeth



dentist



toothbrush



toothpaste



floss



cavity

Science Investigation - Brushing Teeth

Healthy Bodies Unit - Lesson 3

Can you brush the teeth clean?

Brushing our teeth is an important part of keeping our teeth healthy and clean. When we eat food, some of the food remains on our teeth until we brush the teeth. Play this fun game with students to show the importance of brushing our teeth.

Recommended Supplies:

- teeth cards
- dry erase markers - red, orange, yellow, green, blue, purple, pink, and brown
- toothbrushes for cleaning the marker off the teeth cards

Procedure:

1. Print, mat, out, and laminate the teeth cards as well as the direction cards. Display the directions for the activity at the science center.
2. Students choose a card and read it using the picture clues. They then color the teeth with a dry erase marker according to the food color on the card.
3. Students clean away the “food” from the teeth using a toothbrush.

If there is no access to a laminating machine, slide the uncut pages into a sleeve protector instead.

Learning Objectives:

- The student will control the small muscles of their hands.
- The students will explore cause and effect.
- The student will use illustrations to guess the text.

Guiding Questions:

- *Were you able to brush the teeth clean? Why or why not?*
- *Was one color harder to clean off than the others?*
- *Which of the foods is your favorite?*
- *What color is your toothbrush at home?*

Focus
Question

Can you
brush
the teeth
clean?

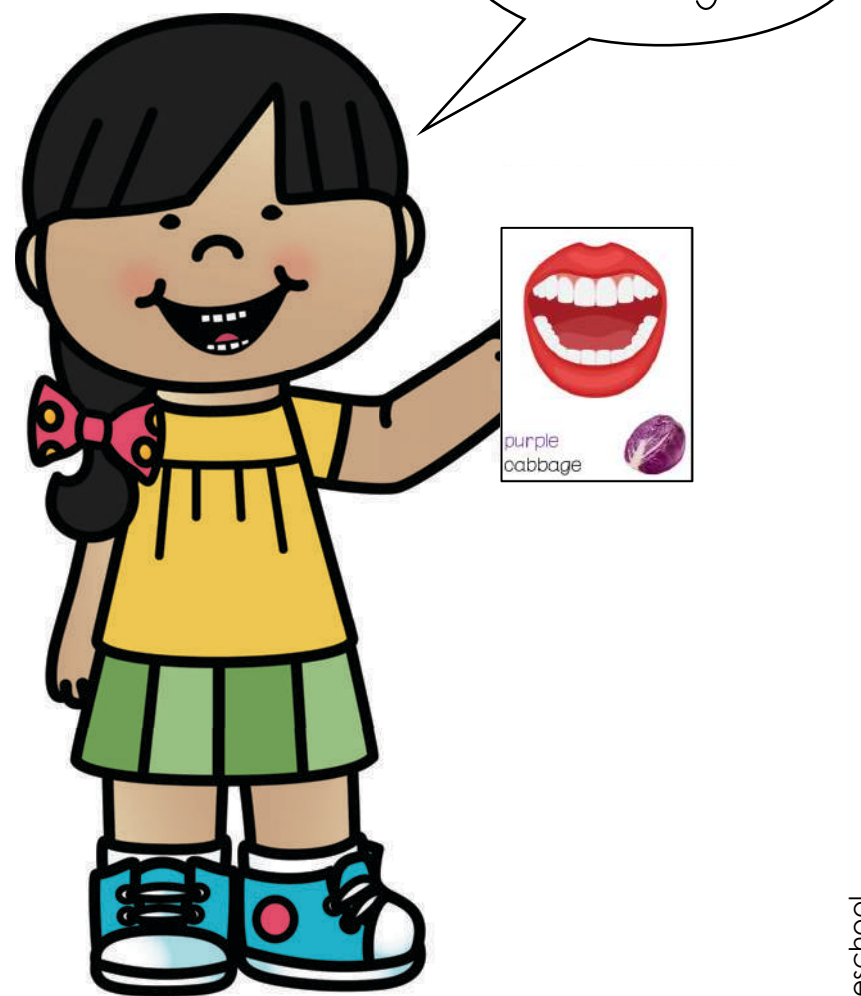


1



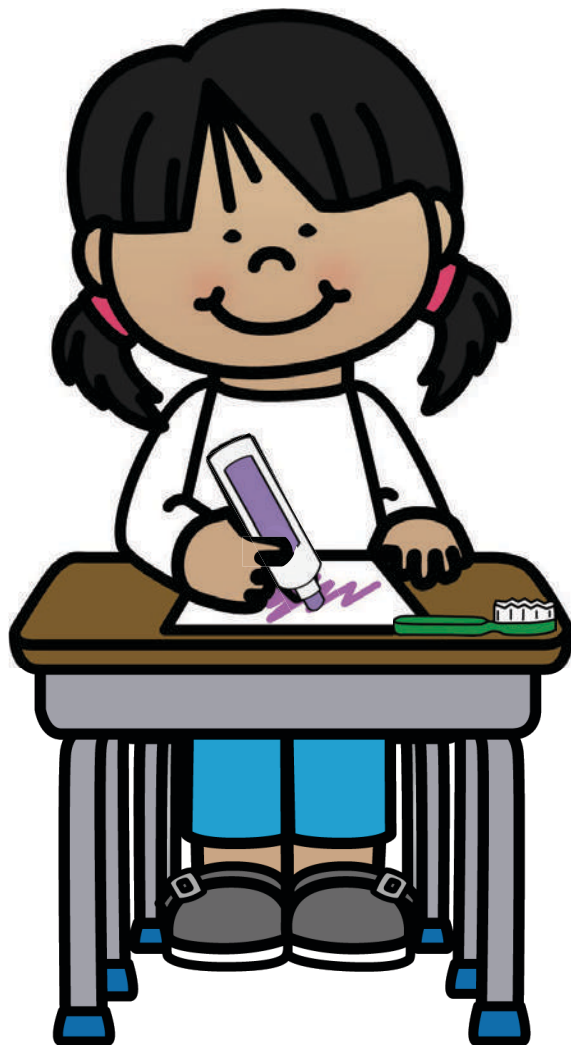
First, choose a card.

2



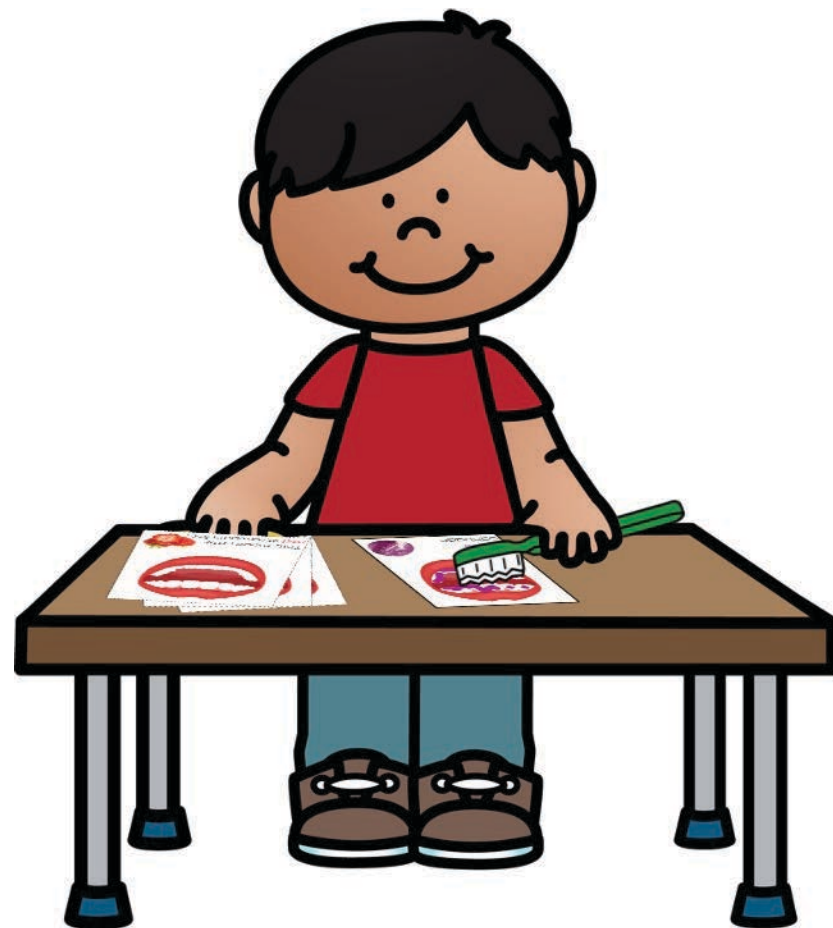
Then, read the card.

3



Next, color the teeth.

4



Last, brush the teeth clean.



red
strawberries

Brush the Teeth



blue
berries

Brush the Teeth



brown
cookie

Brush the Teeth



green
spinach

Brush the Teeth

Brush the Teeth



orange
cheese puffs



Brush the Teeth



purple
cabbage



©Play to Learn Preschool

Brush the Teeth



yellow
mango



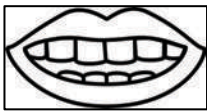
Brush the Teeth



pink
donut



Name _____



Follow the steps to brush your teeth.

Step 1



Put toothpaste on your toothbrush.

Step 2



Brush for 2 minutes.

Step 3



Rinse with water and spit.

Step 4



Floss between your teeth.

Step 5



Rinse with mouthwash.
Don't swallow!

Step 6



Show off your bright,
clean smile.

Hands On Practice - Flossing

Healthy Bodies Unit - Lesson 3

Can you floss between the teeth?

Keeping our teeth clean is an important part of taking care of ourselves. This activity will help students understand that food gets stuck between teeth and how floss helps to remove it.

Learning Objectives:

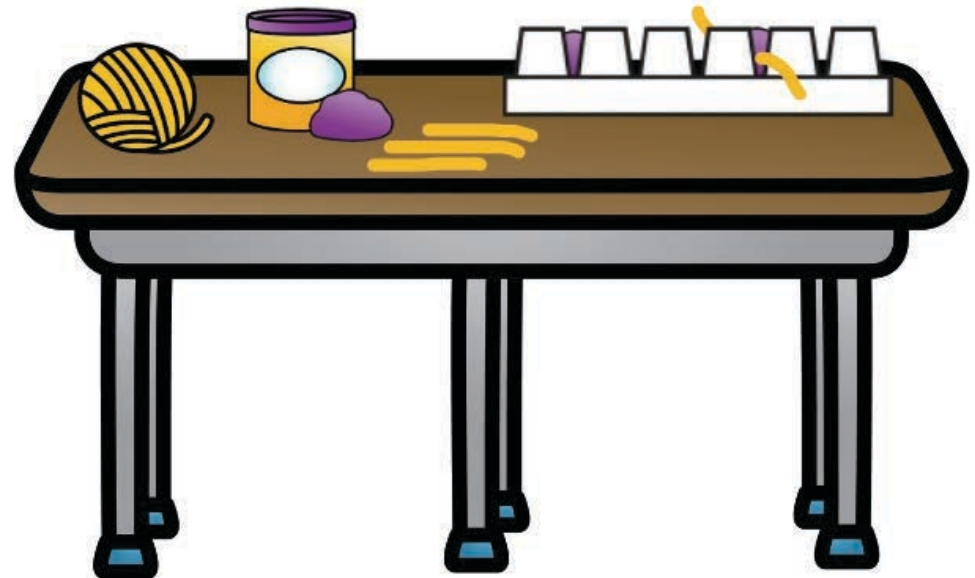
- The students will show persistence in approaching tasks.
- The students will observe objects with curiosity.

Recommended Supplies:

- Plastic ice trays
- Play dough
- yarn

Procedure:

1. Place several plastic ice trays at the science center with play dough and yarn. Show students that the upside down ice trays look like teeth.
2. Students play with the dough then place it on the ice trays in between each section.
3. Students use the yarn to remove the play dough from each section of the ice tray.



Matching Game - Animal Teeth

Healthy Bodies Unit - Lesson 3

Can you match the items?

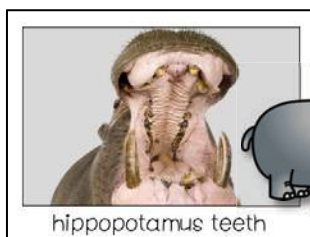
Humans aren't the only creatures that have teeth. Most mammals have teeth, except the platypus, anteater, and some whales. Students can play this game at the science center to see how animals have different shapes of teeth.

Recommended Supplies:

- small plastic animal toys – lion, elephant, dog, cat, shark, snake, rabbit, and hippopotamus.
- animal teeth cards
- magnifying glass

Procedure:

1. Place the small animal toys in a basket and lay out the animal teeth cards for students to see.
2. Students match the toy animal to its animal teeth card.
3. Animal cards have been provided if animal toys are not available.



Learning Objectives:

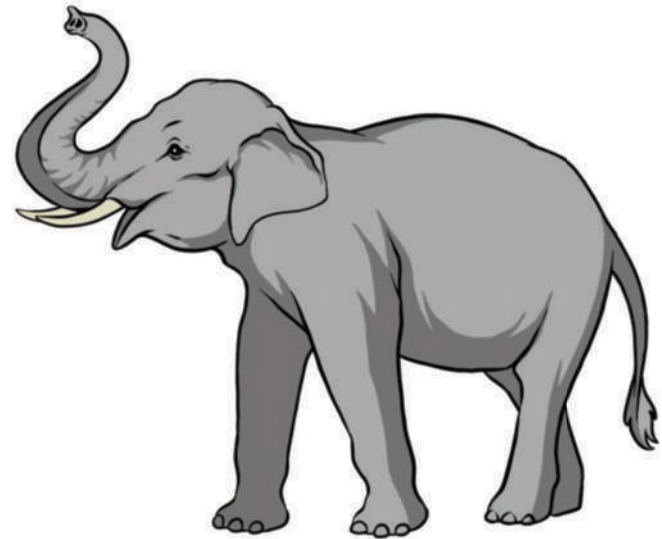
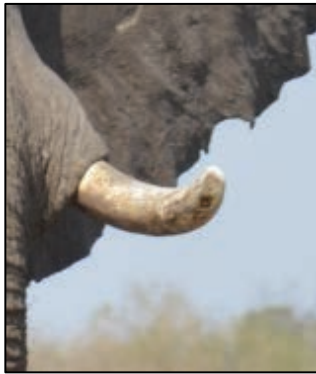
- The students will sort objects by property.
- The students will compare objects.
- The students will notice similarities and differences and ask question.

Guiding Questions:

- *Why do elephants have tusks?*
Tusks are big teeth that help the elephant dig, lift objects, gather food, and protect its trunk.
- *Why does a shark have so many teeth?*
Sharks have many sharp teeth so it may grab slippery fish and other food.
- *Why do lions have those 4 long teeth?*
Those teeth are called canines and they help the lion take hold of and eat its food.
- *Why are rabbits front teeth so long?*
Rabbit teeth grow continuously. Their daily chewing and gnawing help to keep the teeth at comfortable lengths.

Focus
Question

Can you
match the teeth
to the animal?

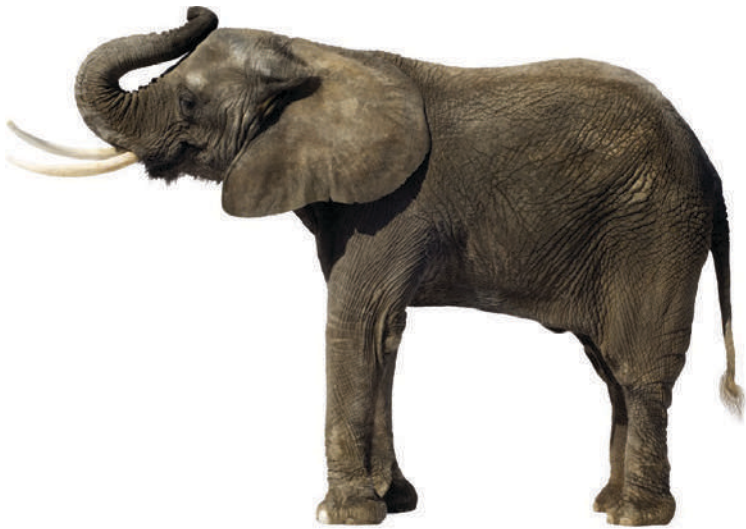




lion



lion teeth



elephant



elephant teeth



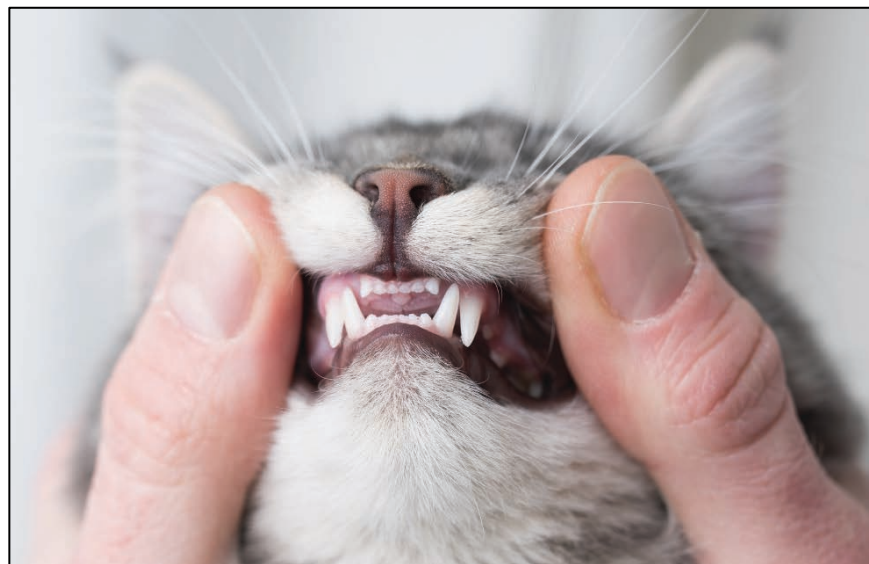
dog



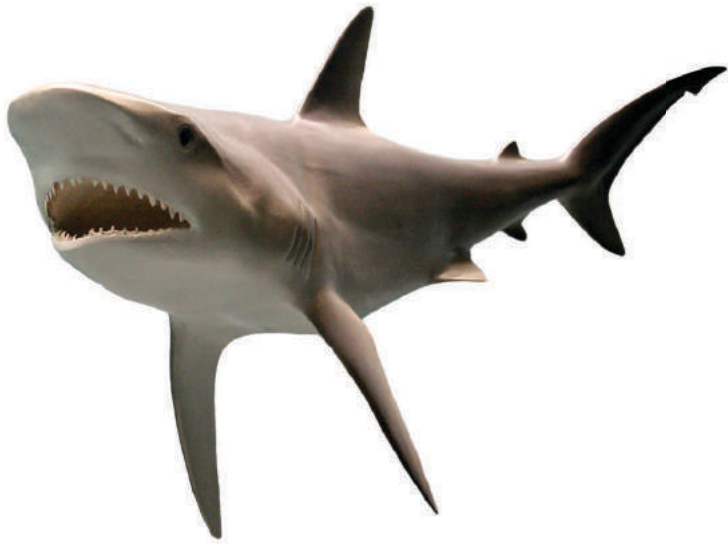
dog teeth



cat



cat teeth



shark



shark teeth



snake



snake teeth



rabbit



rabbit teeth



hippopotamus



hippopotamus teeth

All About
Teeth



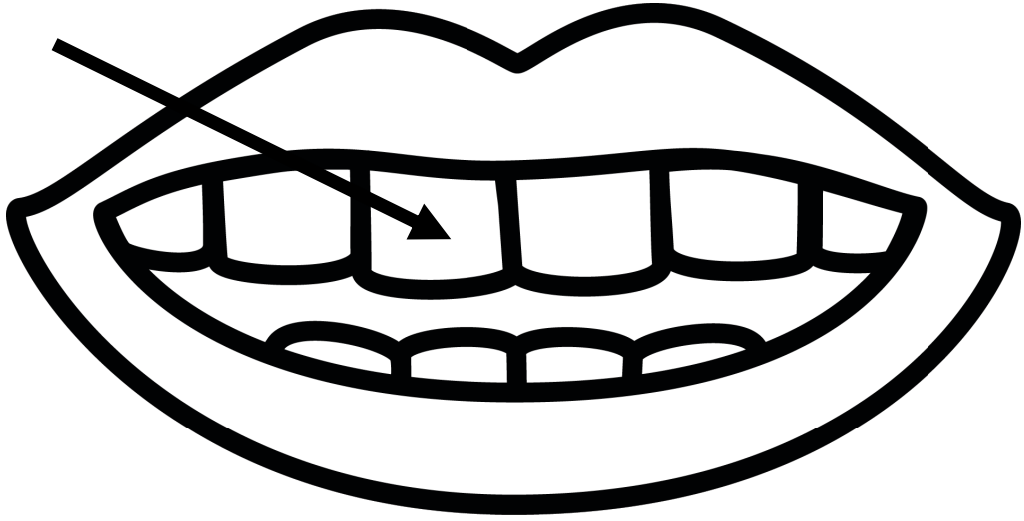
Name _____

All About
Teeth

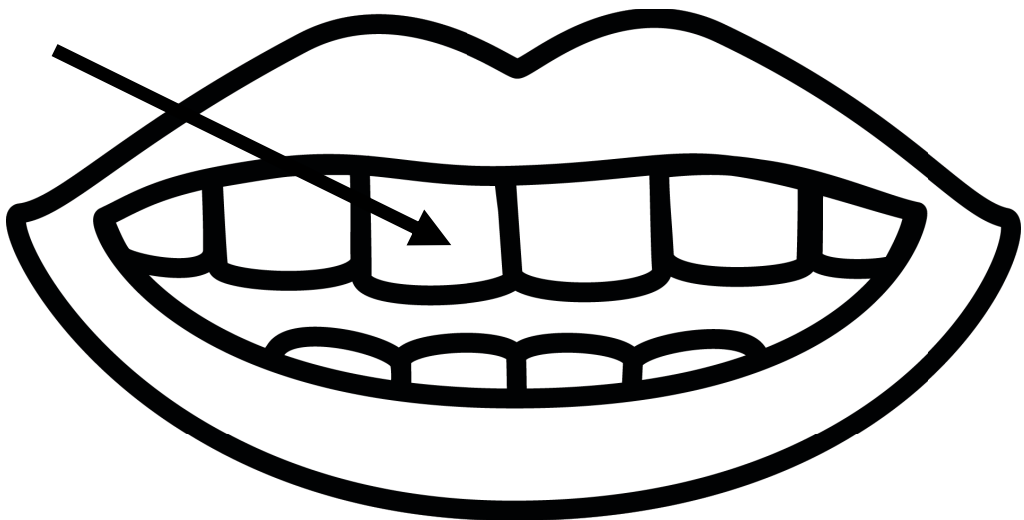


Name _____

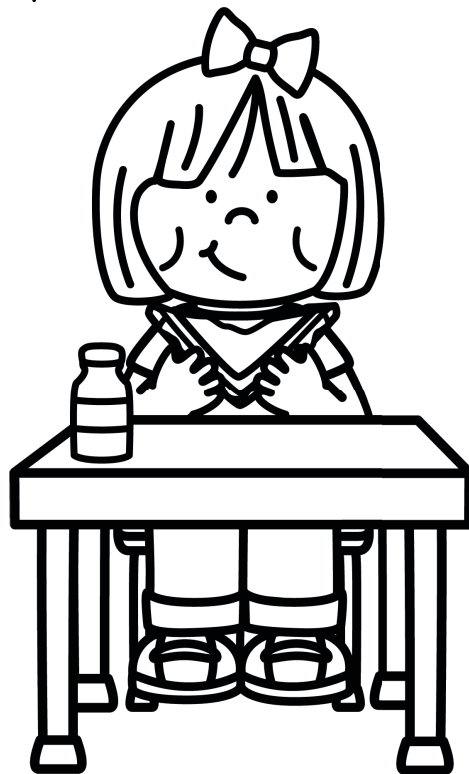
Teeth are in your mouth.



Teeth are in your mouth.



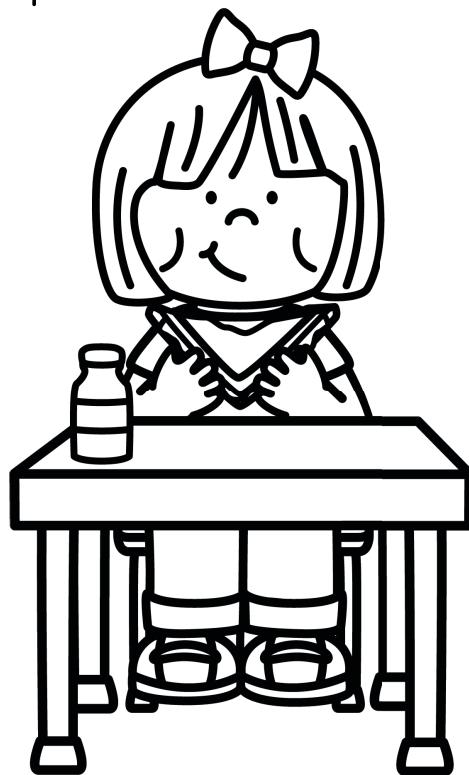
Teeth help us chew our food.



2

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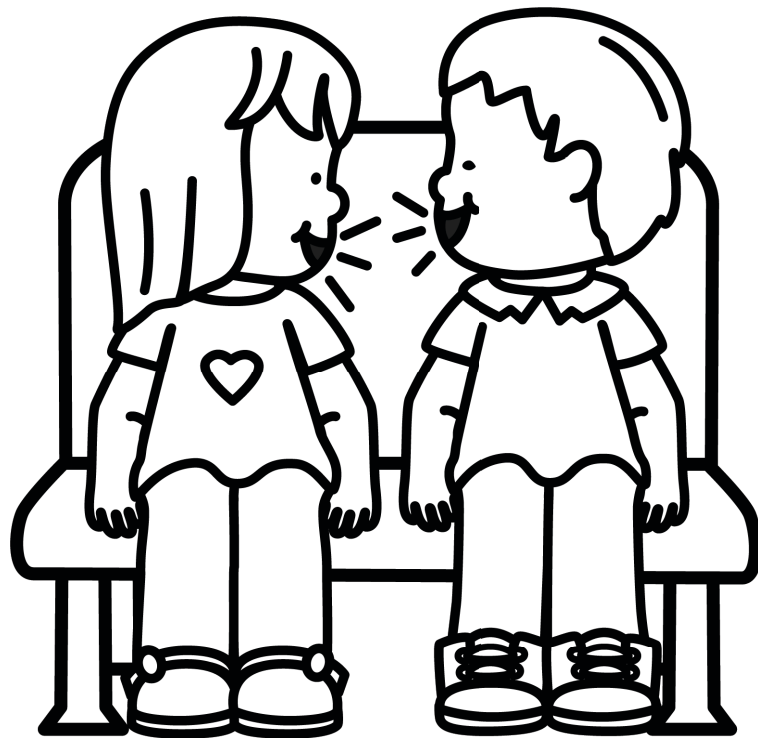
Teeth help us chew our food.



2

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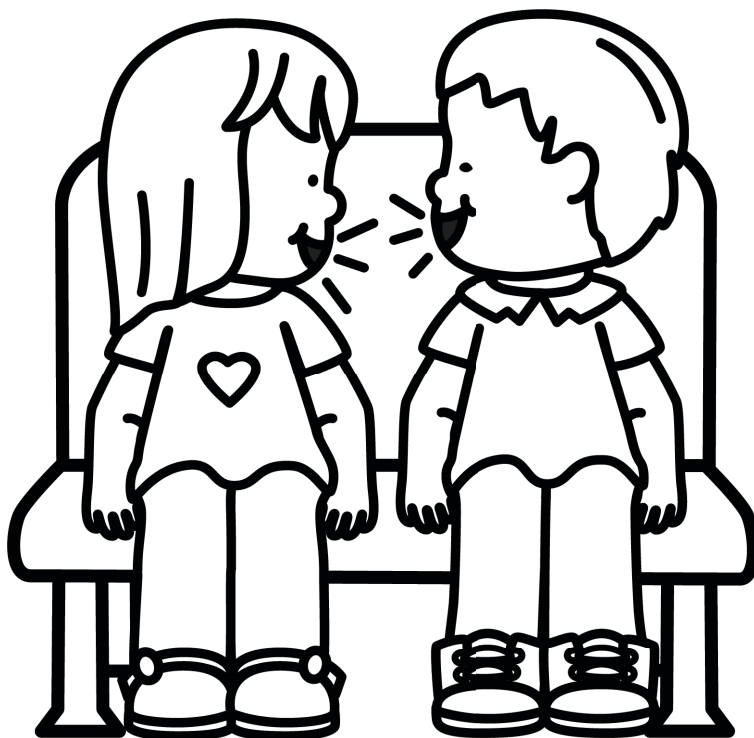
Teeth help us talk.



3

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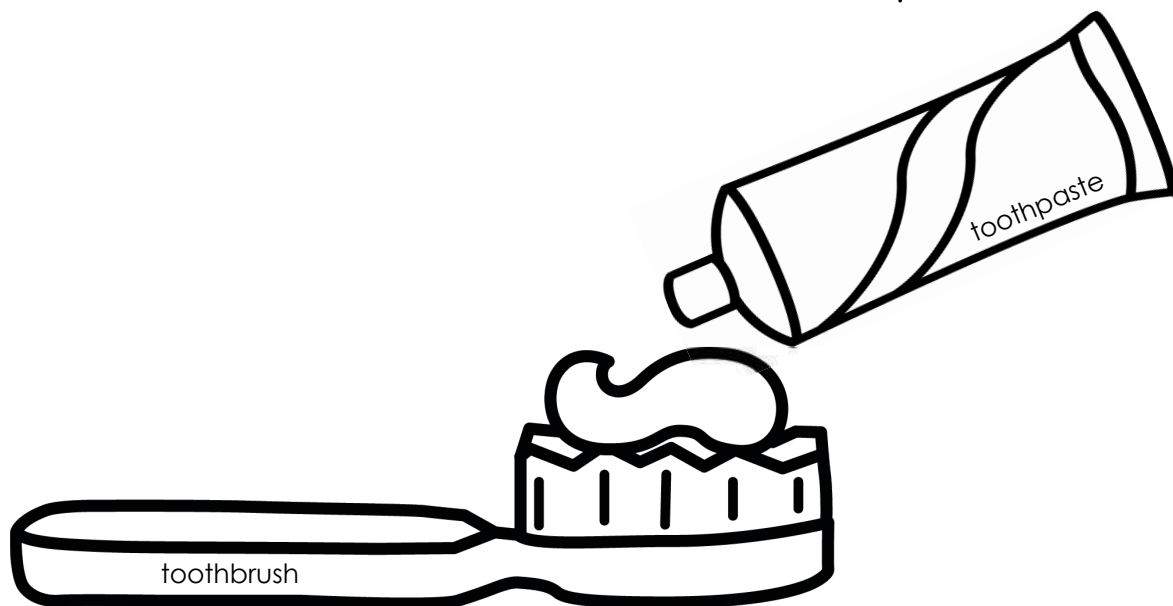
Teeth help us talk.



3

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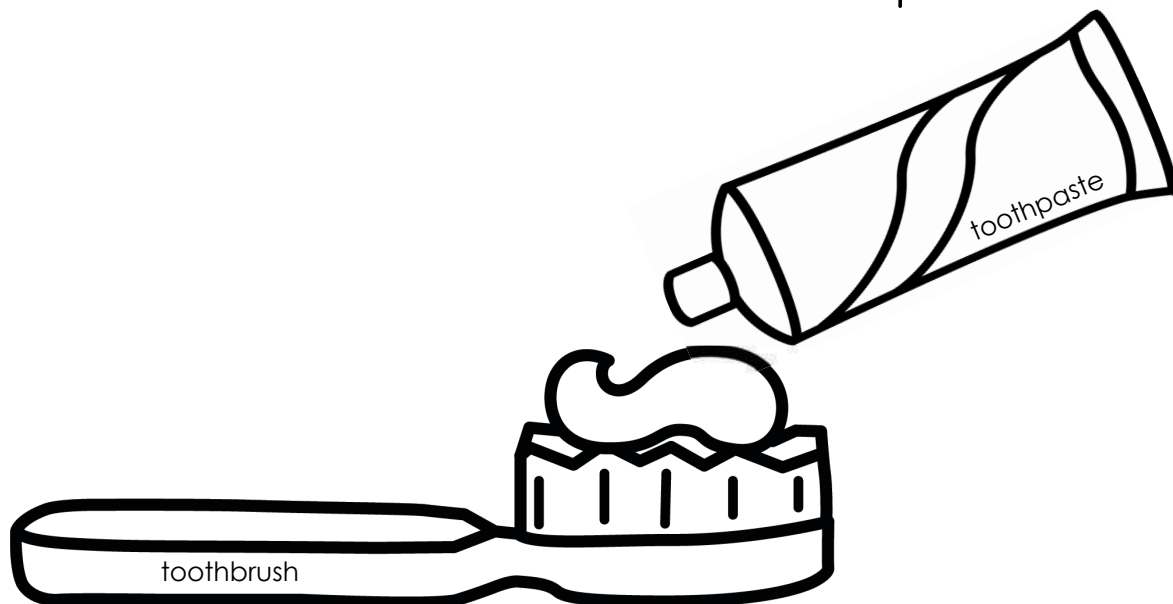
We clean our teeth with a toothbrush and toothpaste.



4

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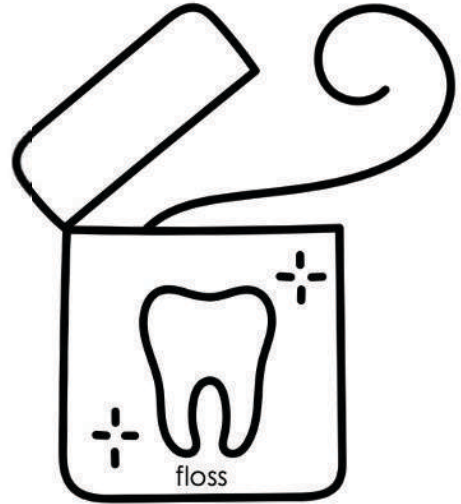
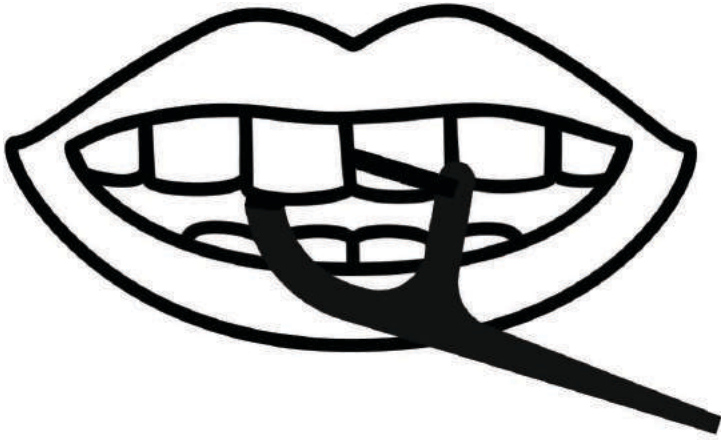
We clean our teeth with a toothbrush and toothpaste.



4

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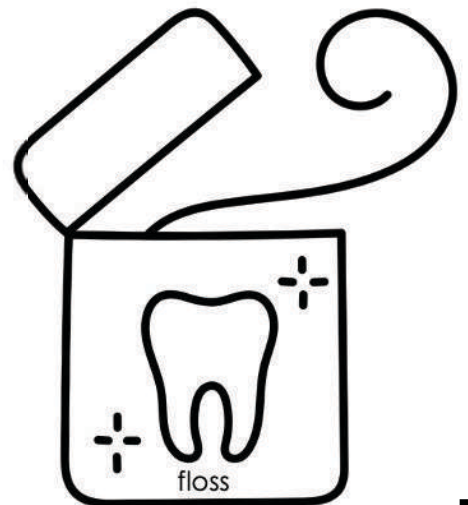
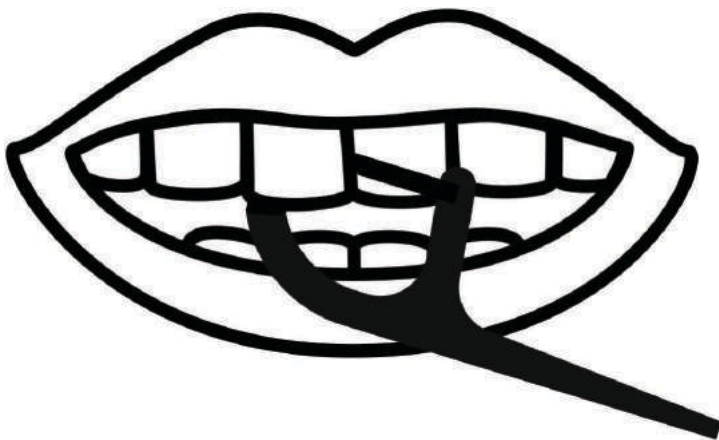
We clean between our
teeth with floss.



5

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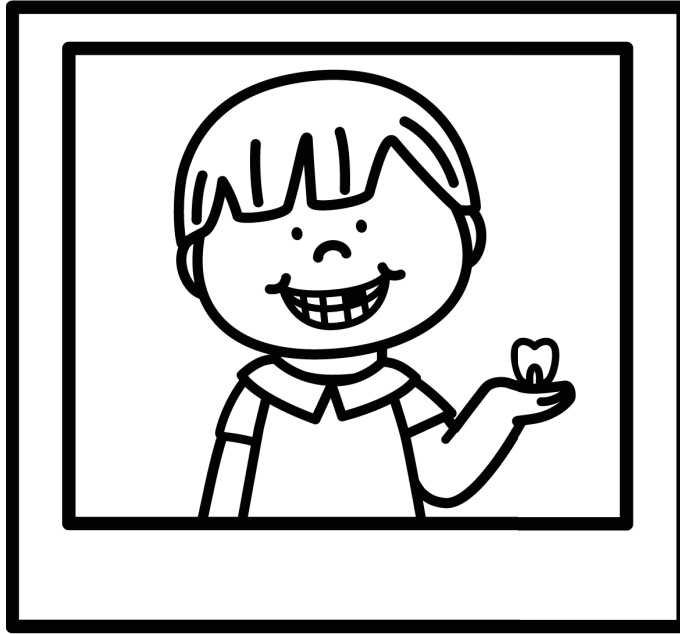
We clean between our
teeth with floss.



5

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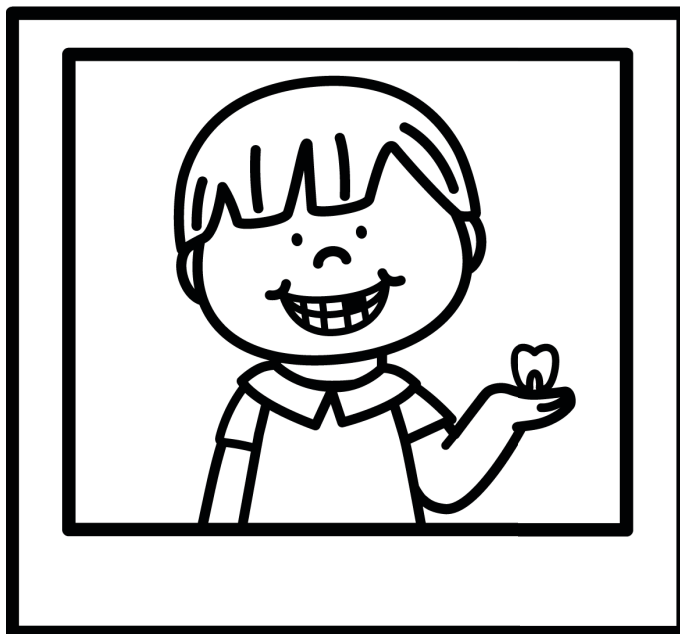
We lose baby teeth.



6

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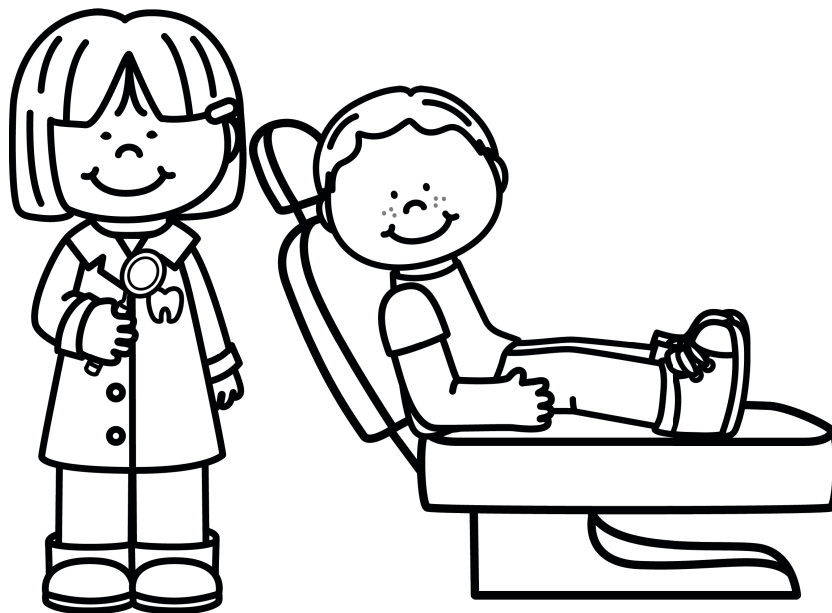
We lose baby teeth.



6

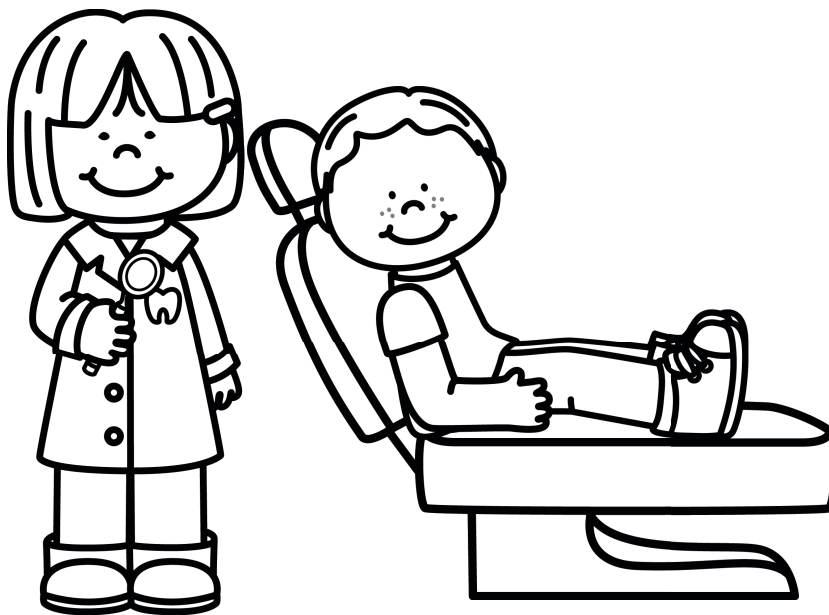
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Dentists are teeth doctors.



7

Dentists are teeth doctors.



7

We love our teeth!



We love our teeth!



Book Recommendations - Teeth

Healthy Bodies Unit - Lesson 3

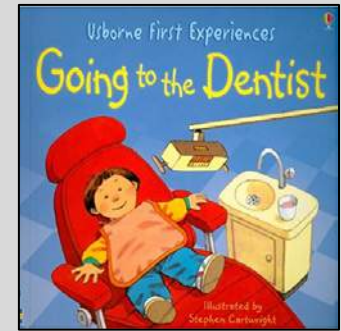
Why We Go to the Dentist by Rosalyn Clark

Healthy habits abound in this informative book about going to the dentist. Instructive photos of what to expect at the dentist will help young children become more comfortable with the visit.



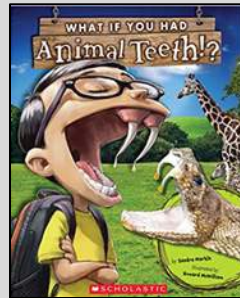
Going to the Dentist by Anne Civardi

Follow along as the Judd family goes to the dentist. Jessie and Jake get their teeth cleaned and Jake gets a cavity filled. Colorful pictures depict the process in an instructive way.



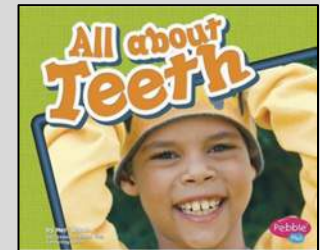
What If You Had Animal Teeth? by Sandra Markle

This book in Sandra Markle's series explores what it would be like if you had teeth like different animals. It explores teeth of animals such as the beaver, shark, rattlesnake and more.



All About Teeth by Mari Schuh

This simply laid out book has real pictures of a boy taking care of his teeth. From eating healthy foods, to brushing and flossing, this short story portrays great ways to care for you teeth.



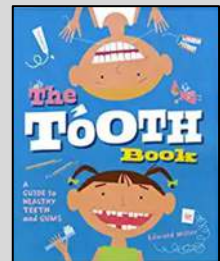
Why Should I Brush My Teeth? by Katie Daynes

Over 30 flaps to lift in this engaging book that answers so many questions like: Should everyone brush their teeth? Why do baby teeth fall out? Do animals brush their teeth?



The Tooth Book - A Guide to Healthy Teeth and Gums by Edward Miller

This colorfully animated book provides information on taking care of our teeth. Children will love the book's pictures and advice on how to keep our teeth healthy.



Thematic Units

Lesson Plans Done for You!

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These talented artists made this possible.



All Themes Growing Bundle

70 CIRCLE TIME UNITS

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