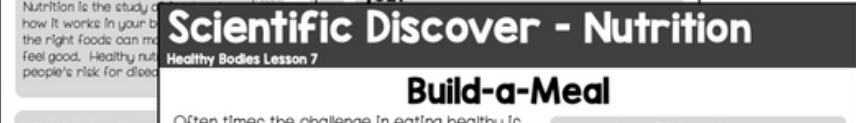
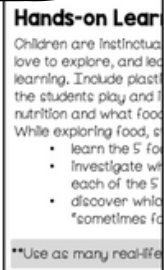
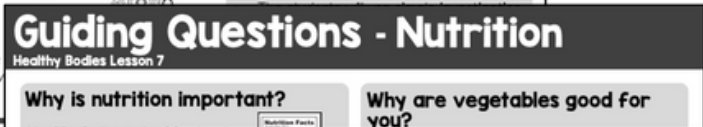


Everything is planned for you!

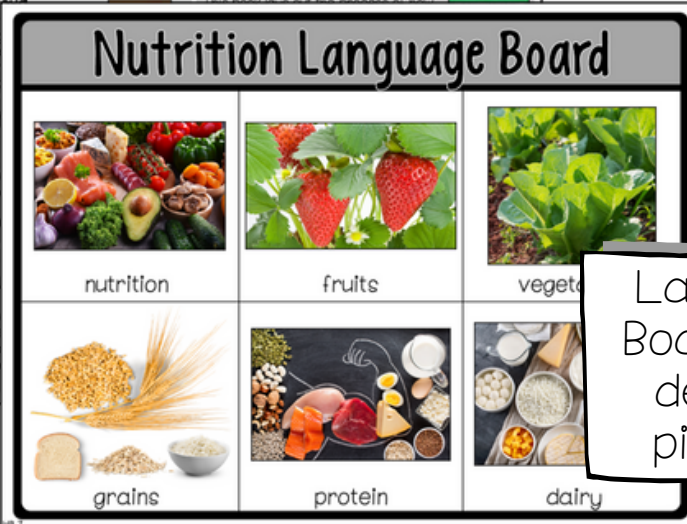
Teacher planning page with objectives, fun facts, supply lists

Guiding questions (and answers) to help promote discussion



Teacher-Recommended Book List

Step-by-step directions for each activity



Language Board with detailed pictures



4 Full Color Resource Posters

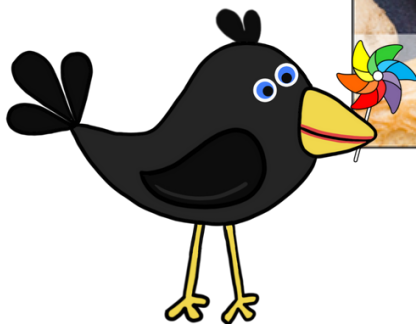
Vibrant colors
to attract
students'
attention



Healthy foods feed our body energy.



Clear, concise sentences
to reinforce the concept

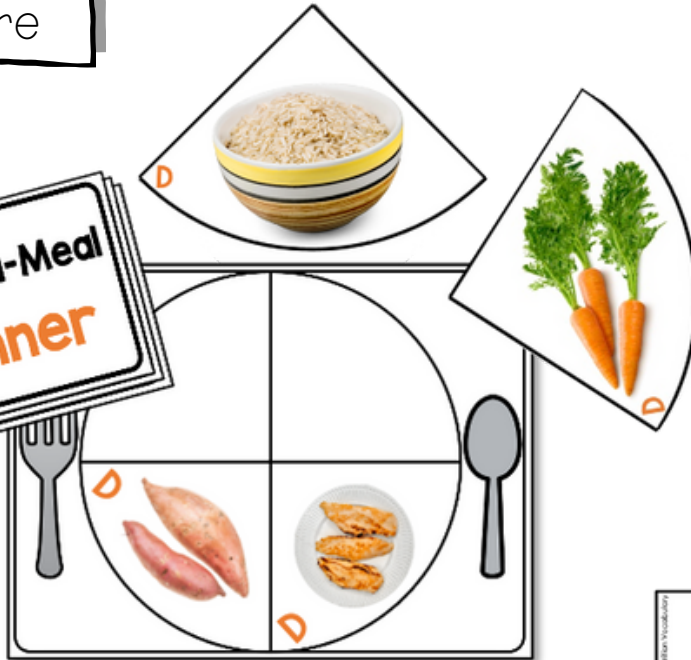


STEM & Literacy

Create and Explore

Vocabulary Tracing Cards

Build-a-Meal
Dinner



Vocabulary cards to hang around the science center

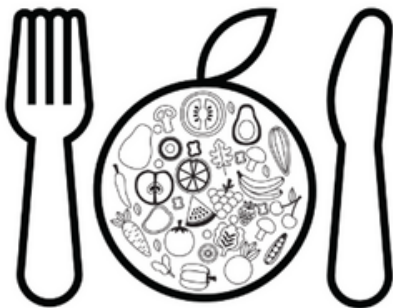


Student Mini-Books

Practice facts
learned in class

Black & White
2 copies/page

All About **Nutrition**



Name _____



We love to eat food!

Sweets and treats are a

Cheese is a dairy food.

Eggs are a protein.

A muffin is a grain.

An apple is a fruit.

A carrot is a vegetable.

Food helps our bodies grow.

Send home for
additional practice

1
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Looking for More Preschool Resources?

SAVE
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GROWING
Circle Time Bundle

Lifetime
Updates



<https://www.teacherspayteachers.com/Product/Preschool-Thematic-Units-Bundle-6747714>

Have fun playing and learning with your students!



Meet Jamie

Jamie is the founder and C.E.O. of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

Additional Resources:

