

Everything is planned for you!

Planning Page - Germs & Hygiene

Human Body - Lesson 6

Teacher planning page with objectives, fun facts, supply lists

Guiding questions to help promote discussion

Guiding Questions - Germs & Hygiene

Human Body - Lesson 6

Why is it important to wash your hands before you eat?

It is important to wash your hands before you eat so that you do not get sick. You are getting sick by washing your hands.

How can we stop germs from spreading?

- wash our hands
- wash table to disinfect door
- frequently touch
- stay home when sick

How long should we wash our hands for?

- learn why
- understand
- observe
- read books

Science Investigation - Washing Hands

Human Body - Lesson 6

Can you wash the hands clean?

Observations - Germs & Hygiene

Human Body - Lesson 6

What do you see?

Book Recommendations - Germs & Hygiene

Human Body - Lesson 6

Germs Are Not For Sharing

by Elizabeth V. This simple language book teaches preschool and the importance of washing hands and practicing good hygiene. Great instruction on how to spread the disease.

Pete the Kitty: Wash Your Hands

Do Not Lick Your Fingers

by Idan Ben-Zur. This creative and fun fiction book allows children to explore the importance of hygiene by following the adventures of Pete the Kitty through the pages of a book. Children will love to read and place their own faces on the pages. Place bags of popcorn in glasses for children to use as props. They should be seen in their findings.

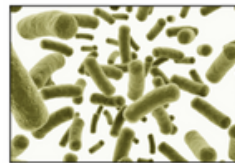
See Inside My Body

Learning about the human body is fun. This book references and other microorganisms that keep us healthy.

Teacher-Recommended Book List

Step-by-step directions for each activity

Germs & Hygiene Language Board



germs



hygiene



handwashing



soap



healthy



sl

Language Board with detailed pictures



4 Full Color Resource Posters

We wash our hands to stay healthy.

Clear, concise sentences to reinforce the concept.

Clear pictures to attract students' attention.



STEM & Literacy

Focus Question
What do you see?

Will my sample change?
Ben Janet
Mandy Vincent

Ben Mandy
Janet Vincent

Vocabulary Tracing Cards

soapy
germs
hygiene

soapy
germs
hygiene

Hands-on Investigations

handwashing

cleaning hands with soap and water

sick

healthy

germs

tiny invisible bugs that can make you feel yucky

hygiene

keeping your body clean and healthy

soap

a special cleaner that helps wash away germs

Vocabulary cards to hang around the science center



Take Home Mini-Books

Practice facts
learned in class

We are healthy!

We wash our hands

We wash our hands after

We wash our hands after

We practice good hygiene

We stay home if we are sick.

We cover our mouth

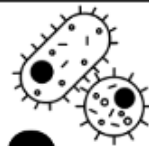
Germs can make us sick.

All About

Germs & Hygiene



Name _____



©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

©Play to Learn Preschool

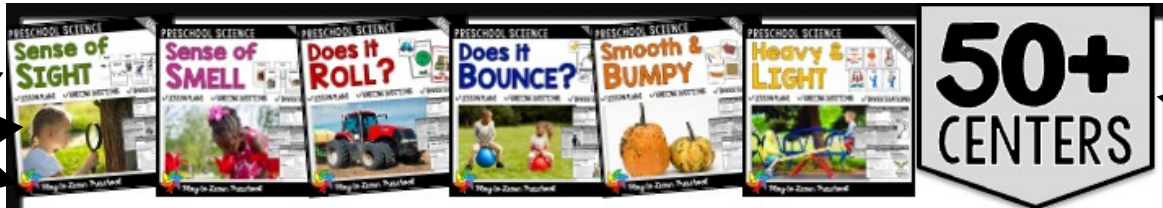
Black & White
2 copies/page

Send home for
additional
practice



Looking for More Preschool Resources?

**SAVE
\$\$\$**



**SAVE
\$\$\$**

HANDS-ON

SCIENCE

PRESCHOOL CURRICULUM

YEAR-LONG LESSON PLANS



8 COMPREHENSIVE UNITS

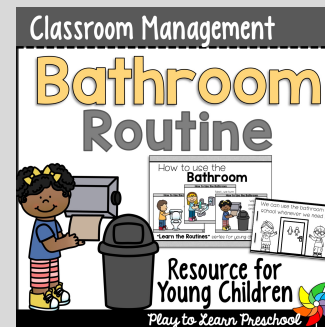
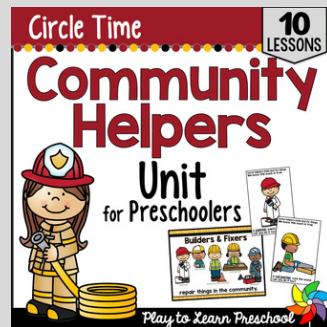
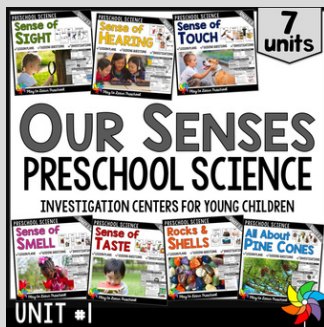
Have fun playing and learning with your students!



Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

Additional Resources:



@playtolearnps



Play to Learn Preschool