

Everything is planned for you!

Teacher planning page with objectives, fun facts, supply lists

Guiding questions (and answers) to help promote discussion

Teacher-Recommended Book List

Step-by-step directions for each activity.



Planning Page - Circulation
Healthy Bodies Unit - Lesson 3

Recommended Supplies:

Learning Objectives:

Guiding Questions - Circulation
Healthy Bodies Unit - Lesson 3

What is a heart? Where is your heart?

What makes up the blood in your body?

Scientific Investigation - Circulation
Healthy Bodies Unit - Lesson 3

Where does your heart beat?

How does your heartbeat change?

Sorting - Circulation
Healthy Bodies Unit - Lesson 3

Can you sort the parts

Book Recommendations - Circulation
Healthy Bodies Unit - Lesson 3

The Circulatory System by Rebecca Pettiford

My Heart (Inside My Body) by Jody Jensen Shaffer

Circulation Language Board

 circulation	 heart	 stethoscope
 blood vessel	 exercise	 blood

Language Board with detailed pictures

4 Full Color Resource Posters

Vibrant colors
to attract
students'
attention.



**A stethoscope helps a doctor
listen to your heart.**

Clear, concise sentences
to reinforce the concept.



STEM & Literacy

Explore cause and effect

Focus Question

How does your heartbeat change?



Jumping, jinking, jumping high and low. Listen to your heartbeat. Is it fast or slow?

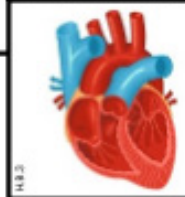
fast slow

Wiggle, wiggle, wiggle to and fro. Listen to your heartbeat. Is it fast or slow?

fast slow



circulation



heart

Vocabulary Tracing Cards

Vocabulary cards to hang around the science center.

blood vessel

"tubes" that attach heart and move blood parts of the circulatory system

exercise

activities that help strengthen the circulatory system

circulation

movement of blood and around the body

blood

the red liquid in your body that is pumped from your heart

heart

muscle that pumps blood throughout the body

stethoscope

a tool used to listen to the heart

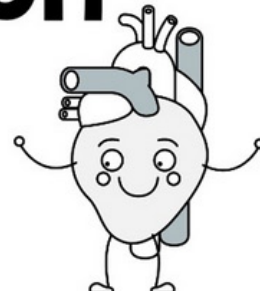


Student Mini-Books

Practice facts learned in class.

Black & White
2 copies/page

All About **Circulation**



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Blood **circulates** through the body.

Blood pumps through the heart.

The heart is a muscle

A stethoscope helps you to

Exercise makes the heart strong.

Your pulse can be fast

Your pulse can be slow

Your heart is amazing!



Name _____

Send home for
additional practice

Looking for More Preschool Resources?

SAVE
\$\$\$

GROWING
Circle Time Bundle

Lifetime
Updates



<https://www.teacherspayteachers.com/Product/Preschool-Thematic-Units-Bundle-6747714>

Have fun playing and learning with your students!



Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

Additional Resources:

