

# Everything is planned for you!

Teacher planning page with objectives, fun facts, supply lists

## Planning Page - Hibernation

### Recommended Supplies:

- animal figurines
- stuffed animals (of various colors and patterns)
- natural items such as twigs or logs
- pencils
- posters
- vocabulary cards
- non-fiction books

### Learning Objectives:

- The students will use simple investigation tools to make observations.

## Guiding Questions - Hibernation

### What is hibernation?

Hibernation is a way that some animals protect themselves during the cold winter months.

### How do animals survive during hibernation?

Fit - Since animals don't eat or drink...

### What would a hibernating animal need to find a safe place?

- protects the animal
- provides protection
- is an appropriate size and material

## Exploration - Hibernation

### What makes a good hibernation location?

In order to protect themselves from predators, animals need to find a safe place to hibernate during the winter months.

### Learning Objectives:

### Are there different types of hibernation?

True hibernation is a deep state of unconsciousness. Animals barely breathe, and they have a very low body temperature.

\*\*Use as many real-life items as possible.

## Scavenger Hunt - Hibernating Animals

### Can you find the hibernating animals?

Many different types of animals hibernate. Hibernation is a way that some animals protect themselves during the cold winter months.

### Book Recommendations - Hibernation

**Why Animals Hibernate** by Marie Rogers  
Large, real-life photographs are sure to grab students' attention with this book. Each animal has a page picture opposite of animal facts...a rhyming story for each animal.

**What is Hibernation?** by Bobbie Kalman  
Packed full of detailed photographs and information.

### Hibernation Language Board

**Hibernation Story** by Michelle Meadow  
A great circle-time rhyming story for young children as they learn about hibernation.

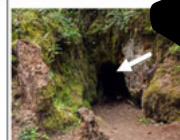
**Hibernation** by Jaclyn Jaycox  
Simple text and detailed photographs are the feature to this book. Students get a great introduction to the various types of animals that hibernate.



hibernate



winter



cave



burrow



migrate



dormant

Guiding questions (and answers) to help promote discussion

Teacher-Recommended Book List

Step-by-step directions for each activity.

Language Board with detailed pictures



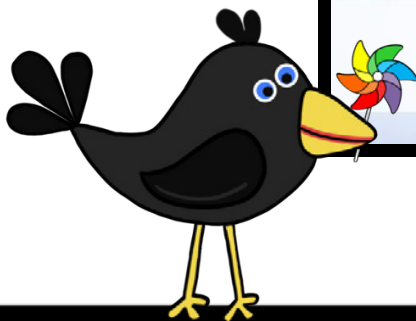
# 4 Full Color Resource Posters

Vibrant colors  
to attract  
students'  
attention.



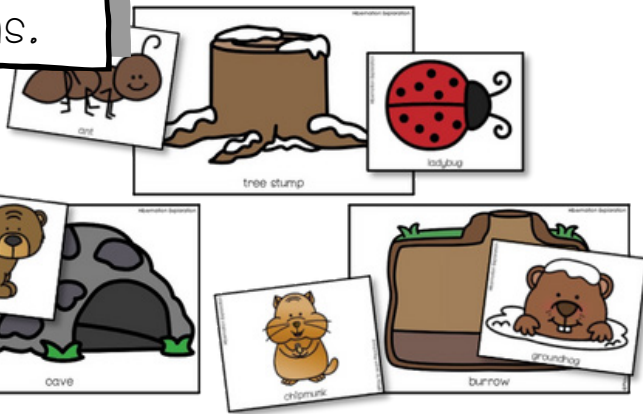
**Brown bears use caves  
to stay safe during hibernation.**

Clear, concise sentences  
to reinforce the concept.



# STEM & Literacy

Explore hibernation locations.



Vocabulary Tracing Cards



Vocabulary cards to hang around the science center.



# Student Mini-Books

Practice facts learned in class.

Black & White  
2 copies/page

Hibernation helps animals survive.

Some animals **hibernate**

Some animals **hibernate** under leaves.

Some animals **hibernate** in burrows.

Some animals **hibernate** in caves.

Animals look for a safe place to

Hibernation is like a deep sleep.

Some animals **hibernate**

All About  
**Hibernation**



Send home for  
additional practice

# Looking for More Preschool Resources?

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# Have fun playing and learning with your students!



## Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

### Additional Resources:

