



# Circle Time



# Rainbow Mini-Unit for Preschoolers



| Have you seen a rainbow?   |   |
|--|---|
| <br>yes | <br>no |
| Dorothy  | Toto  |
| Leo  | Em  |
| Glinda   | Oz  |
|  | Henry   |





# Introduction

## Rainbows

Day 1  
Lesson  
Plans

Rainbows are arcs of colors seen after a rainstorm. They are also visible in sprinklers, waterfalls, bubbles, and gemstones.

### Objectives:



- The students will apply previous knowledge to new experiences.
- The students will answer questions.
- The students will play with words, sounds, and rhymes.

### Activities:

1. Show the real picture of a rainbow over the ocean. Ask the students if they've ever seen a rainbow. Do they remember where they saw it?
2. Take a "Have you seen a rainbow?" poll. Students can use post-it notes or name cards to respond on a pocket chart or bar graph.
3. Sing the "Rainbow in the Sky" song. Print enough rainbows for each student. Students place the card according to the verse of the song.



Rainbows are beautiful arcs of color after a rainstorm.

| Have you seen a rainbow?   |   |
|--|---|
| <br>yes | <br>no |
| Dorothy  | Toto  |
| Leo  | Em  |
| Glinda   | Oz  |
|  | Henry   |

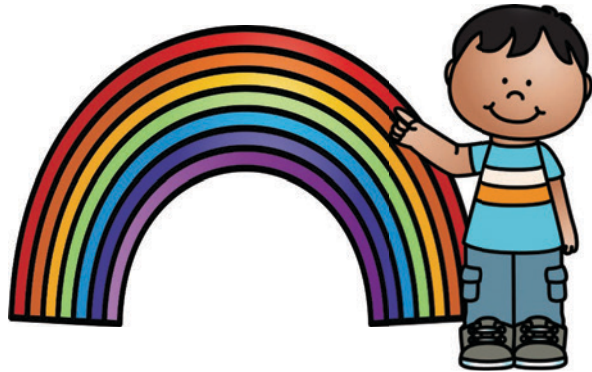
**Extension Idea:** Teach how to sign rainbow in ASL by moving one hand up in an arc, then down toward the other side of your body. It looks like your fingers are the arcs of the rainbow.





**Rainbows are beautiful arcs of color after a rainstorm.**

Have you seen a  
rainbow?



yes



no

# Rainbow in the Sky!

Song to the tune of "If You're Happy and You Know It"

There's a rainbow in the sky, in the sky!

There's a rainbow in the sky, in the sky!

I wish that it could stay,

But there really is no way!

There's a rainbow in the sky,

In the sky!



Follow with different verses

- On my arm
- On the ground
- On my nose
- On my toe
- On my knee



Rainbow in the sky



rainbow

Rainbow in the sky



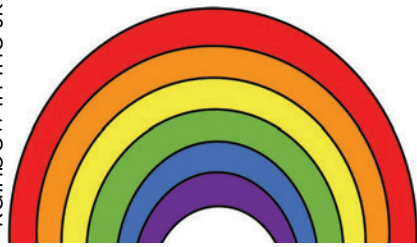
rainbow

Rainbow in the sky



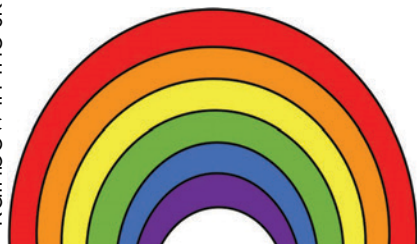
rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



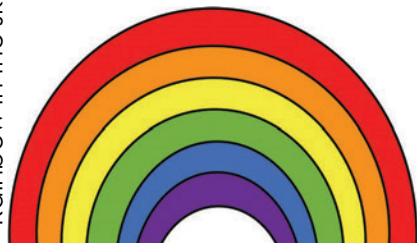
rainbow

Rainbow in the sky



rainbow

Rainbow in the sky



rainbow

# How a Rainbow is Made

Day 2  
lesson  
plans

## Bending Light

Rainbows are made when light passes through raindrops or water droplets. The water bends the light ray and the ray comes out as separated colors. Prisms can make the same effect.

### Objectives:

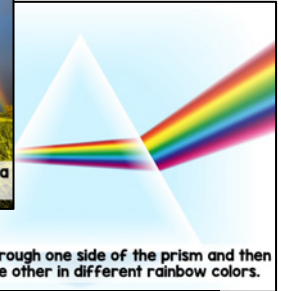
- The students will use new vocabulary.
- The students will follow oral directions.
- The students will share and take turns.

### Activities:

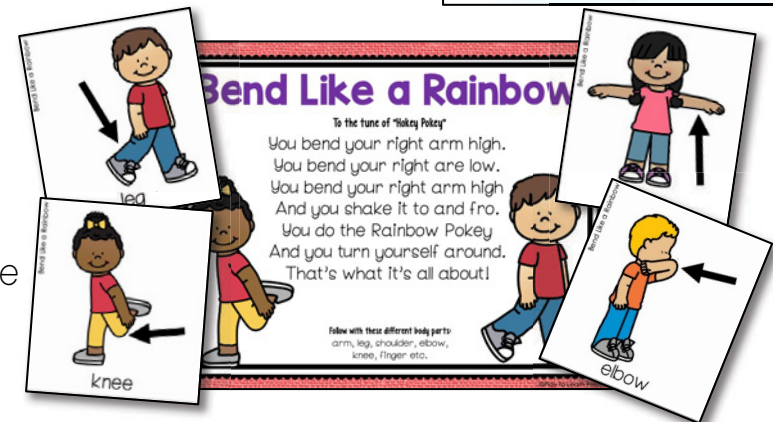
1. Examine the picture of the prism with the students. Explain that the prism is like a raindrop in that the prism also bends the light.
2. Sing the “Bend Like a Rainbow” song. Use the picture cards to assist with each verse.
3. Play the “Beautiful Rainbow” carpet game.



Rainbows are made when sunlight goes through a raindrop and comes out as separate colors.



Light shines through one side of the prism and then bends out the other in different rainbow colors.

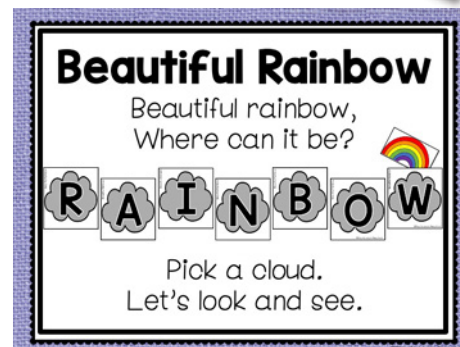


### To Play the Game:

- Line up the pictures of the clouds to spell R-A-I-N-B-O-W. Identify the letters together.
- Hide the rainbow under one of the clouds and recite the poem to find it.
- Children guess where the rainbow is hiding by identifying the cloud's letter.

#### Extension Idea:

When white light shines through water, the colors separate to make a rainbow. Use a flashlight, glass of water and a small mirror to make a rainbow.





**Rainbows are made when sunlight goes through a raindrop and comes out as separate colors.**

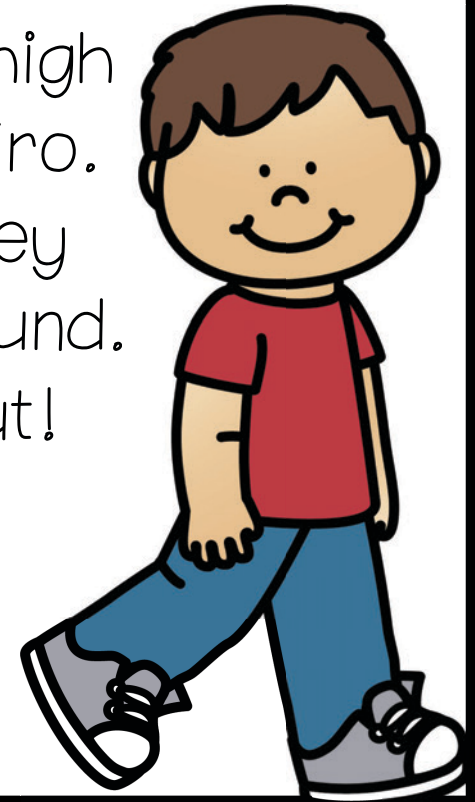


**Light shines through one side of the prism and then bends out the other in different rainbow colors.**

# Bend Like a Rainbow

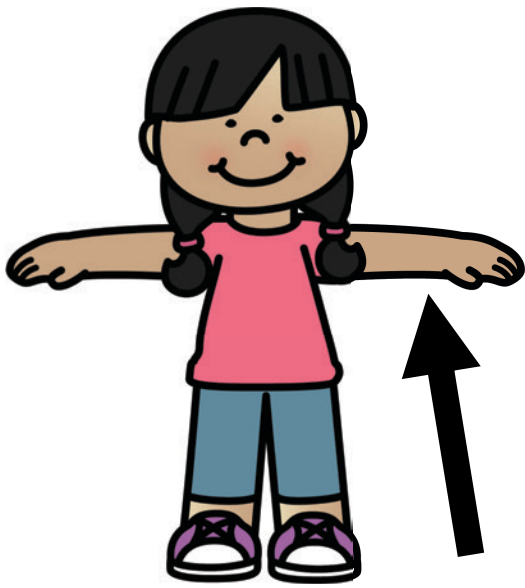
To the tune of "Hokey Pokey"

You bend your right arm high.  
You bend your right arm low.  
You bend your right arm high  
And you shake it to and fro.  
You do the Rainbow Pokey  
And you turn yourself around.  
That's what it's all about!



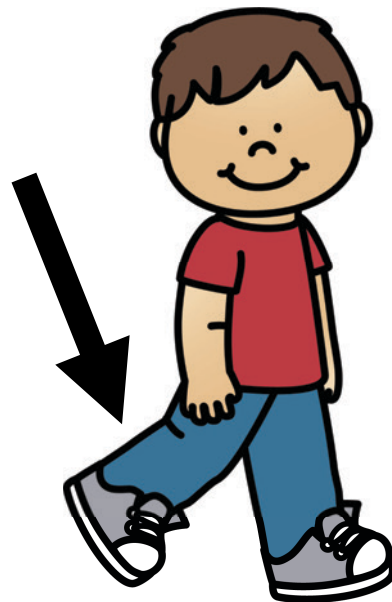
Repeat with these different body parts:  
arm, leg, shoulder, elbow,  
knee, finger etc.

Bend Like a Rainbow



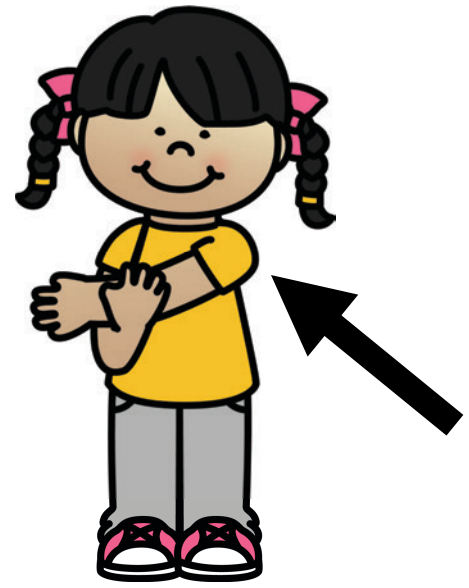
arm

Bend Like a Rainbow



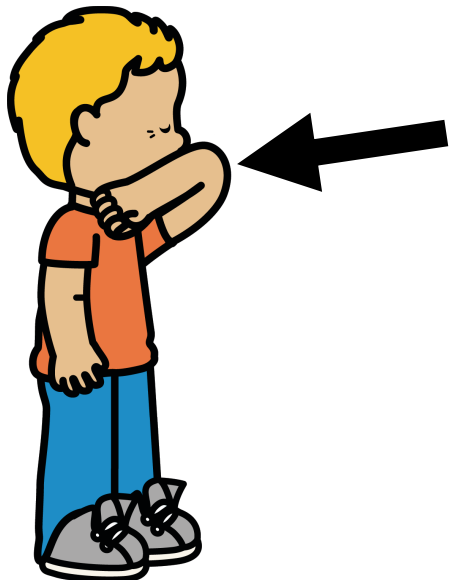
leg

Bend Like a Rainbow



shoulder

Bend Like a Rainbow



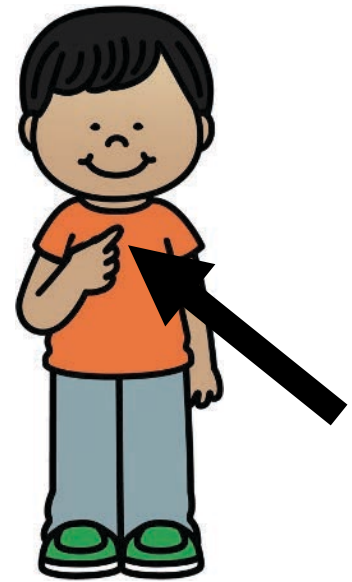
elbow

Bend Like a Rainbow



knee

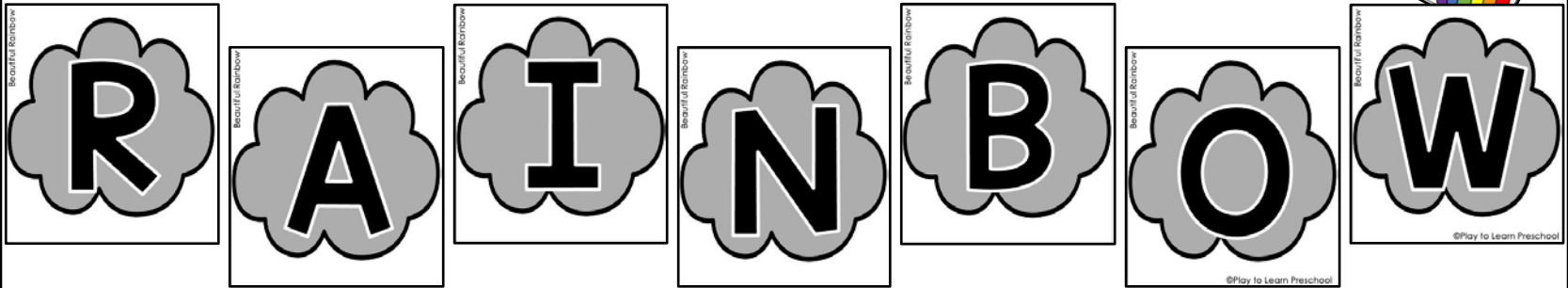
Bend Like a Rainbow



finger

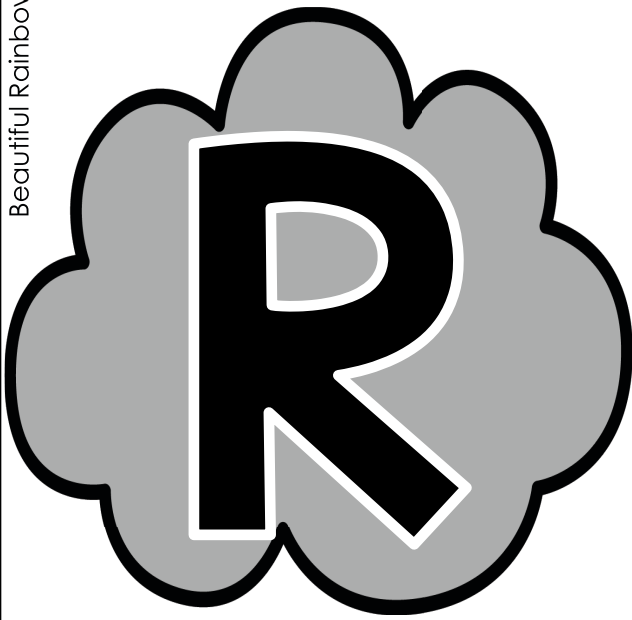
# Beautiful Rainbow

Beautiful rainbow,  
Where can it be?

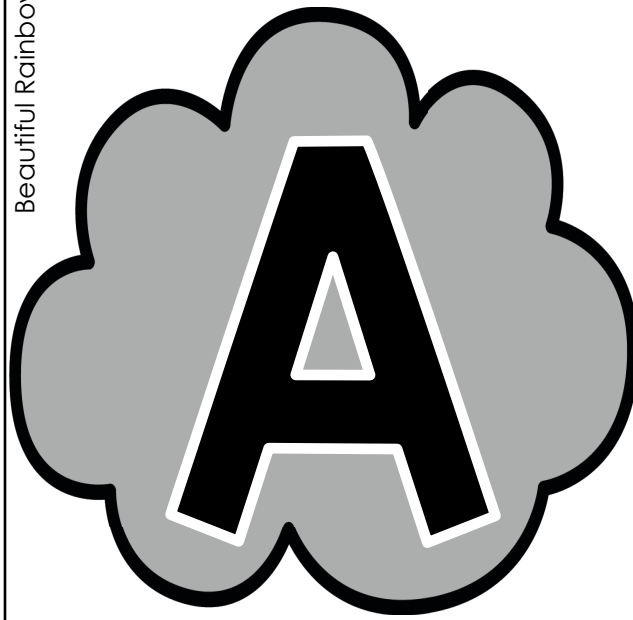


Pick a cloud.  
Let's look and see.

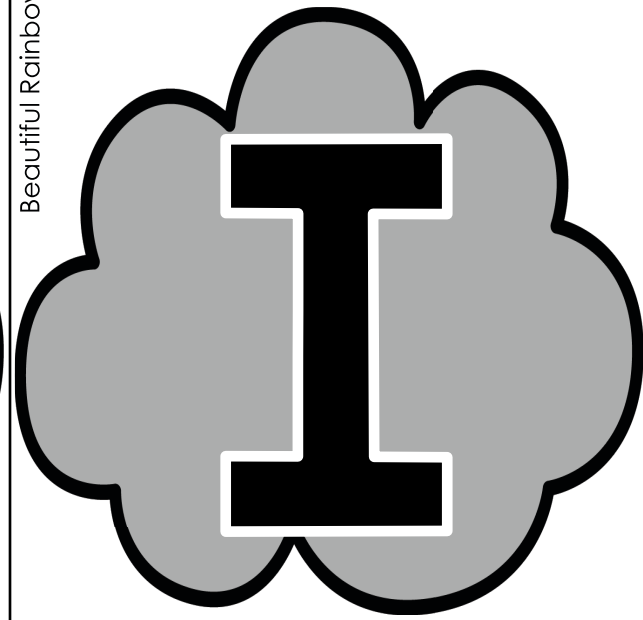
Beautiful Rainbow



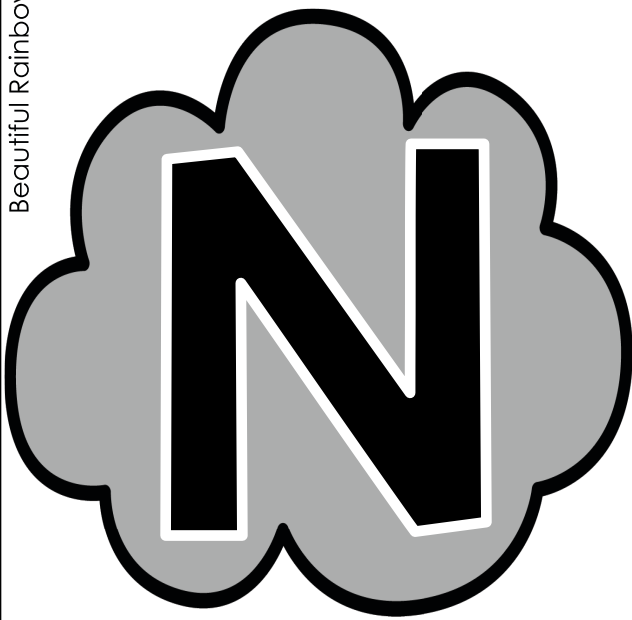
Beautiful Rainbow



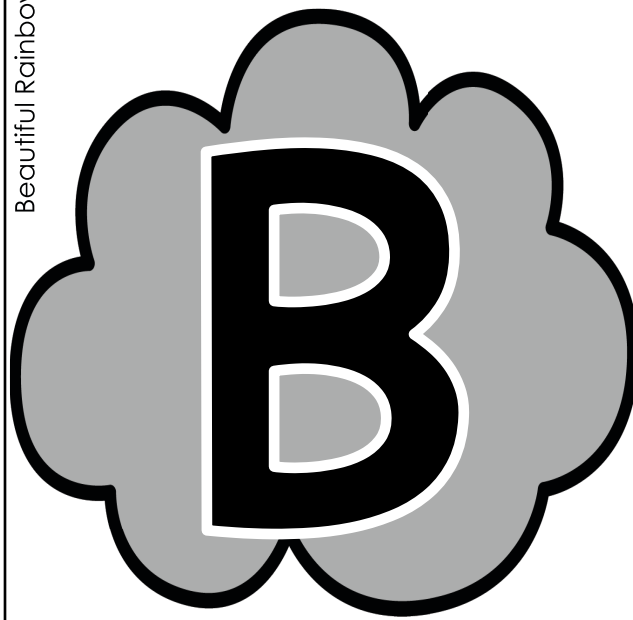
Beautiful Rainbow



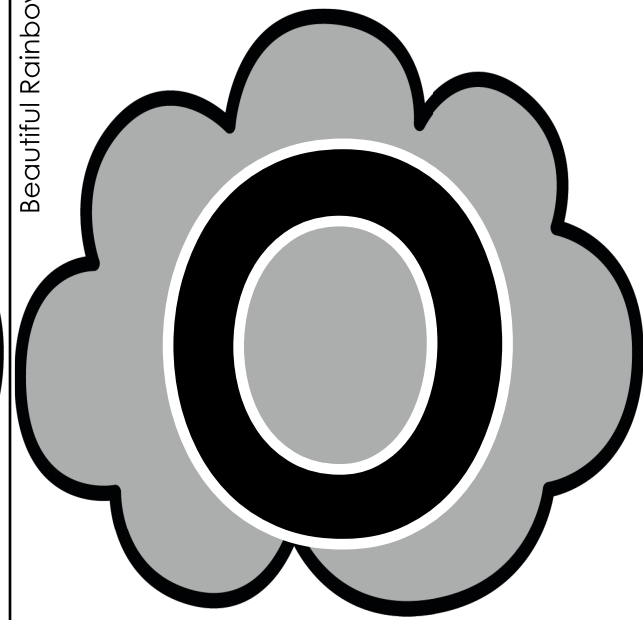
Beautiful Rainbow

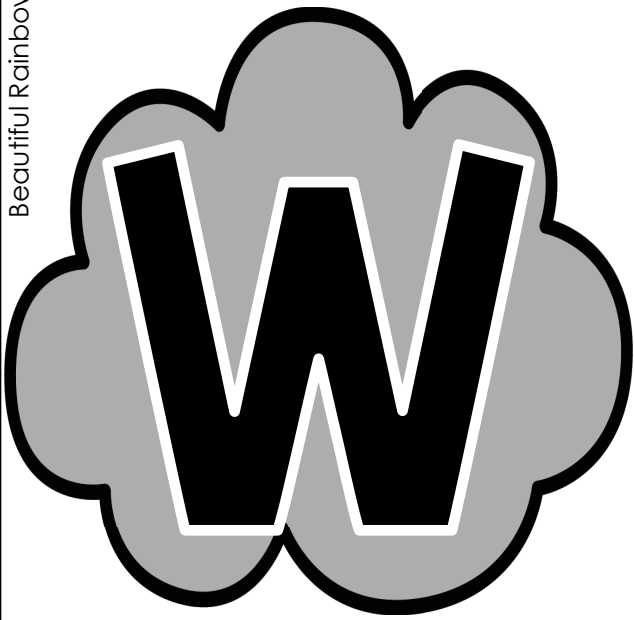


Beautiful Rainbow



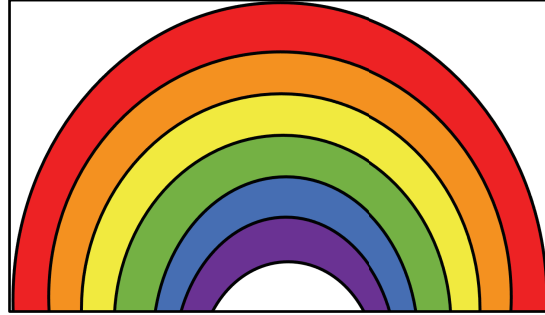
Beautiful Rainbow



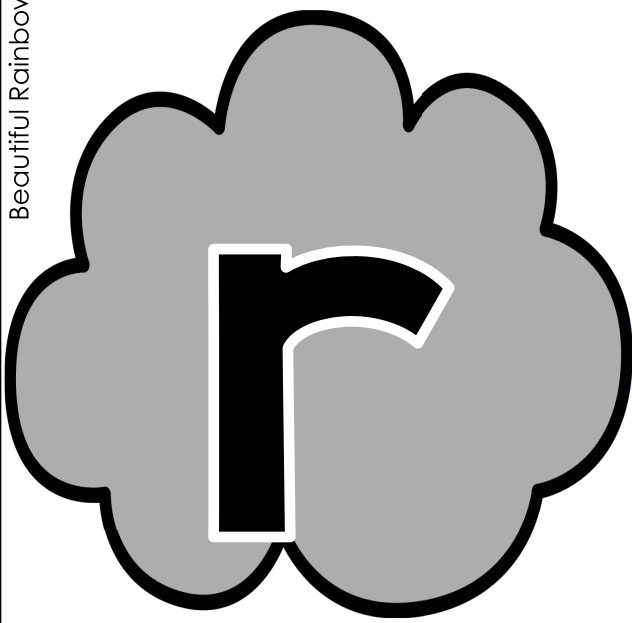


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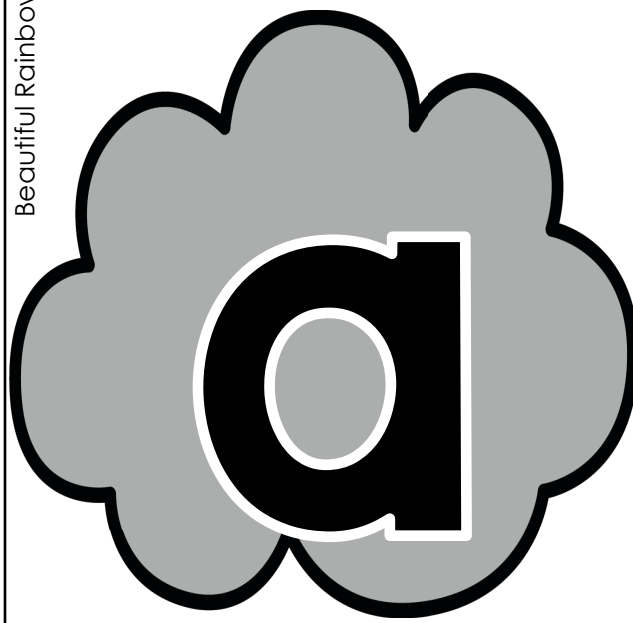
Cut out the rainbow



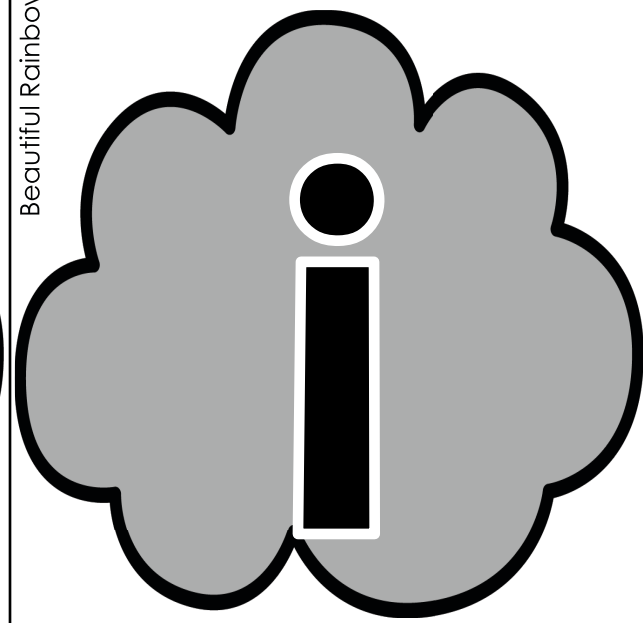
Beautiful Rainbow



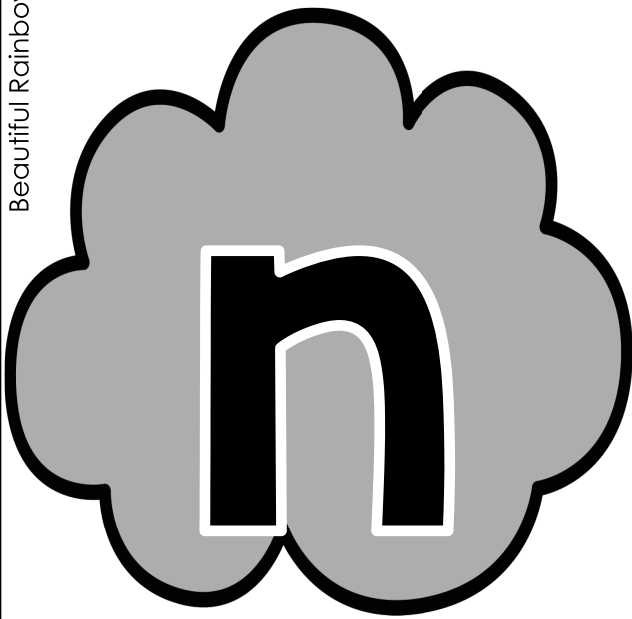
Beautiful Rainbow



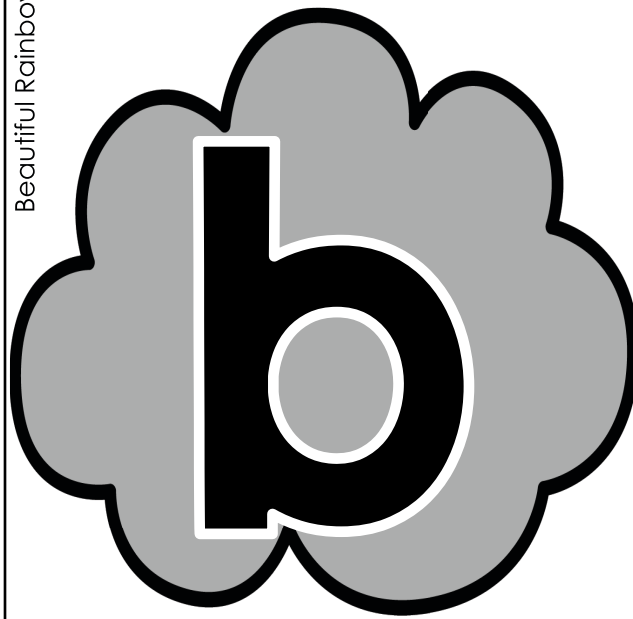
Beautiful Rainbow



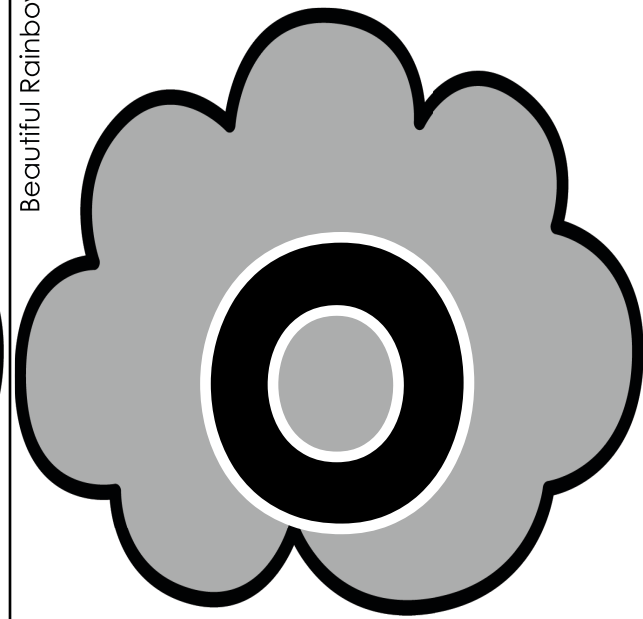
Beautiful Rainbow

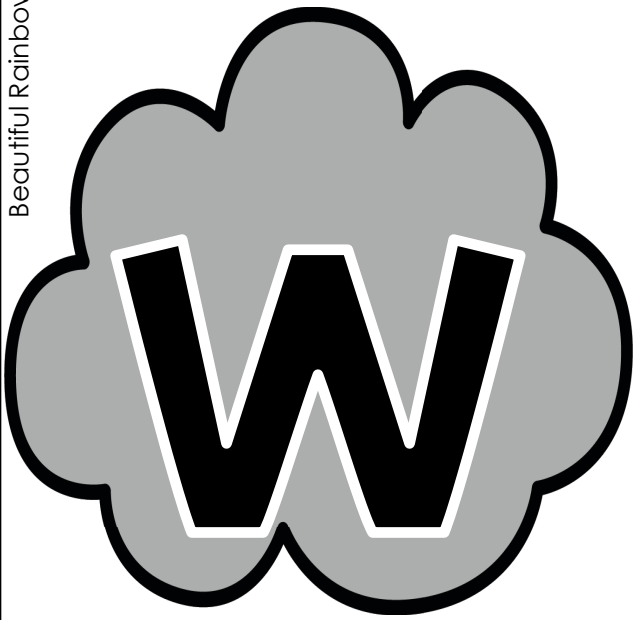


Beautiful Rainbow



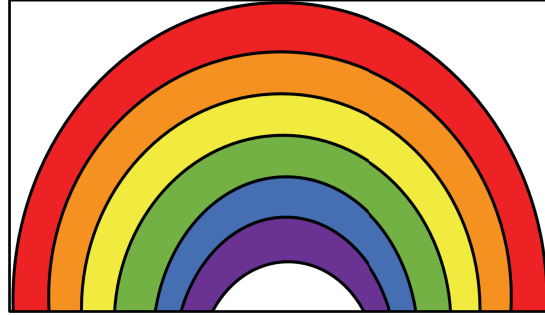
Beautiful Rainbow





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Cut out the rainbow



# Colors of a Rainbow

## Six Colors

Day 3  
lesson  
plans

Sunlight bends as it passes through raindrops and separates into six colors: red, orange, yellow, green, blue, and purple. (Some say indigo is the 7<sup>th</sup> color between blue and purple, but many have removed it because it is hard to distinguish as a different color from blue or purple.)

### Objectives:

- The students will notice similarities and differences and ask questions.
- The students will play with words, sounds, and rhymes.
- The students will sort objects by property.

### Activities:

1. Examine the real picture of the rainbow. Ask the students if they can see all 6 colors.
2. Recite the "Rainbow Colors" Add-on poem. As you progress through each verse, add a colored arc to the rainbow.
3. Bring in a variety of objects to sort into two groups: color and no color. Picture cards are also included, if needed.

#### Extension Idea:

Fill 3 cups with colored water: red, yellow, and blue. (Use food coloring, paint, or a marker soaked in water.) Use a dropper to paint the colors on a paper towel. Watch them soak in and mix together to make new colors.



rainbow are red, orange, yellow, blue, and purple.





**The colors of a rainbow are red, orange, yellow, green, blue, and purple.**

# Rainbow Colors

## Add-an-Arc Poem

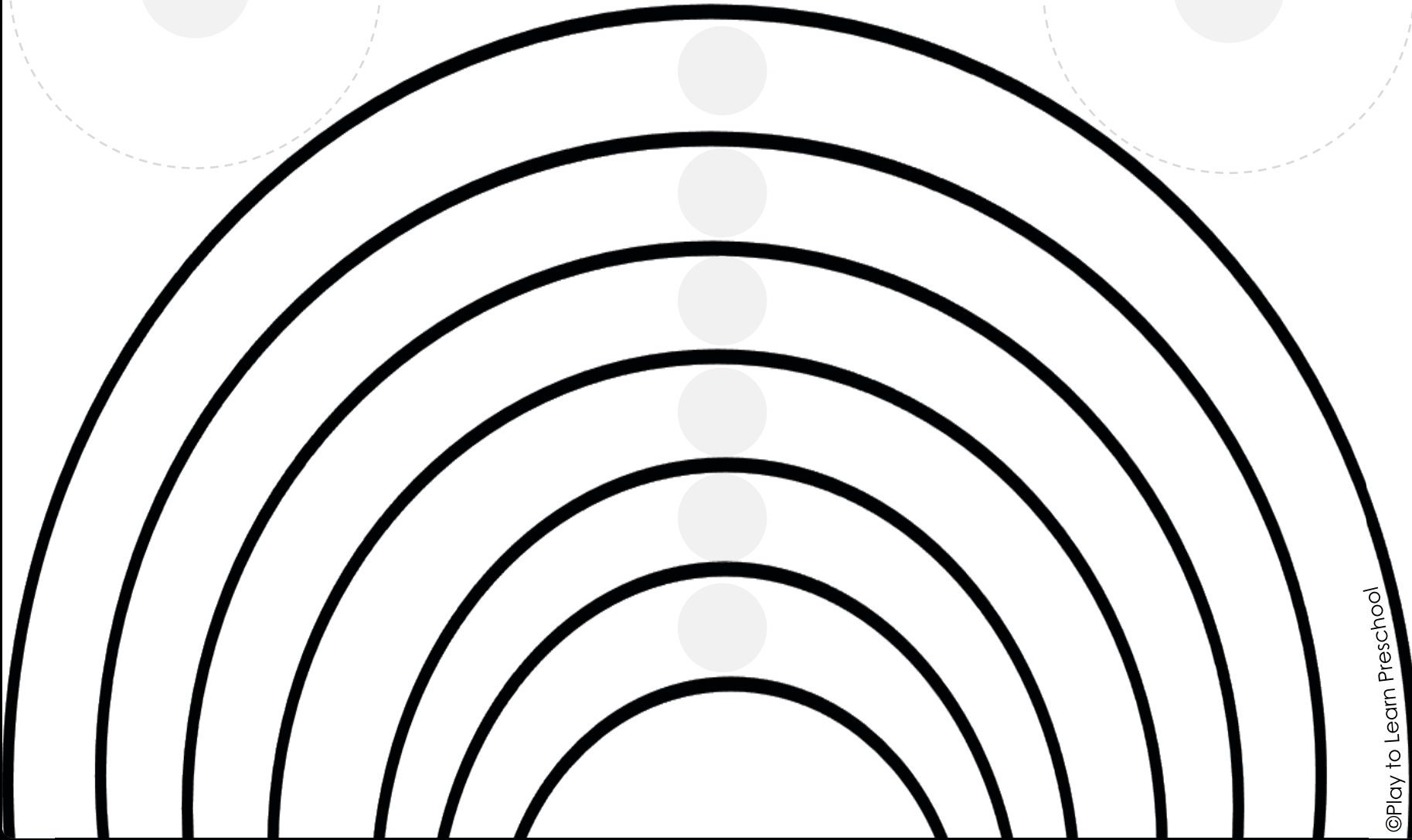
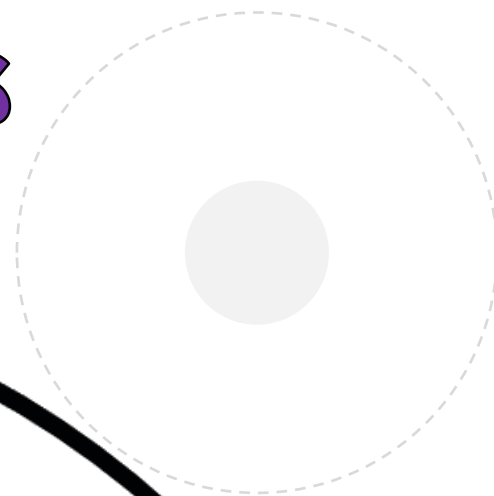
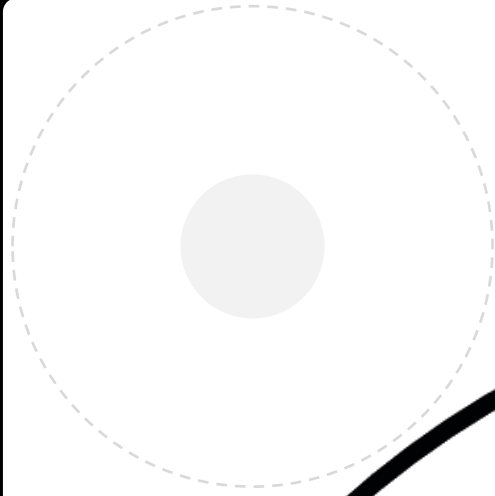
First the rain and then the sun.  
Rainbow colors one by one.  
Here comes red to lead the way.

*Add colored arc after each verse.*

Next is orange, who wants to play?  
Yellow follows, oh so brightly!  
Green steps up quite politely.  
In rolls blue, not the last.  
Purple finishes, what a blast!



# Rainbow Colors



Print pages on card stock paper.  
Laminate if desired. Cut apart the  
pieces. Use hook and loop dots to keep  
pieces in place on the rainbow as the  
poem is read.

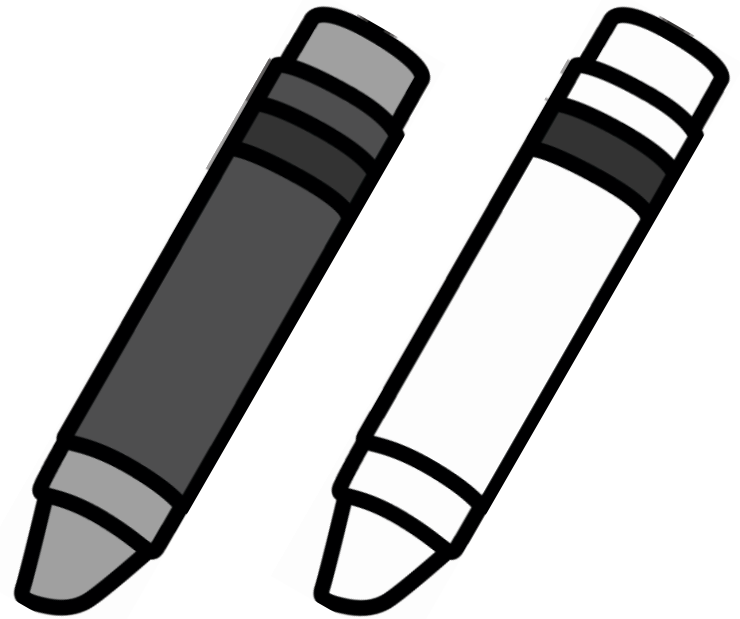


These things



have  
**COLOR.**

These things



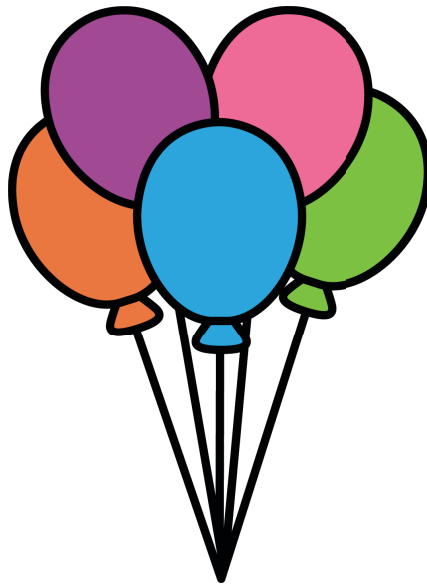
do not have  
**COLOR.**

Color Sort



merry-go-round

Color Sort



balloons

Color Sort



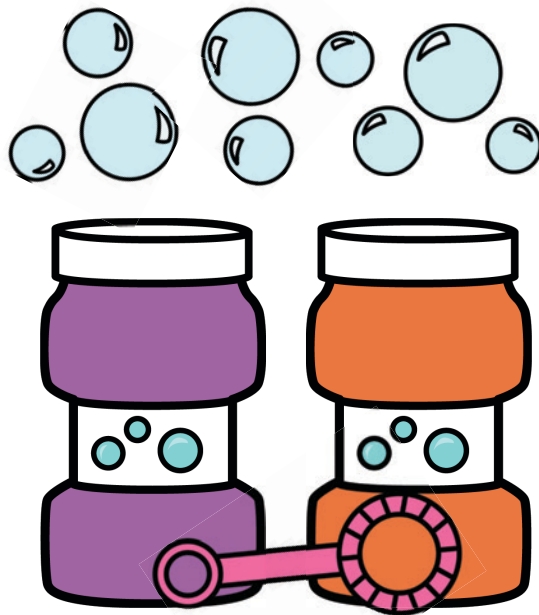
candy

Color Sort



flip flops

Color Sort



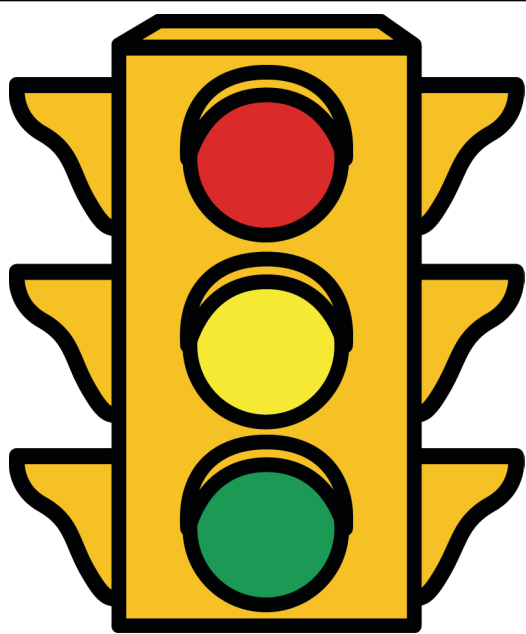
bubbles

Color Sort



flowers

Color Sort



stop light

Color Sort



present

Color Sort



rainbow

Color Sort



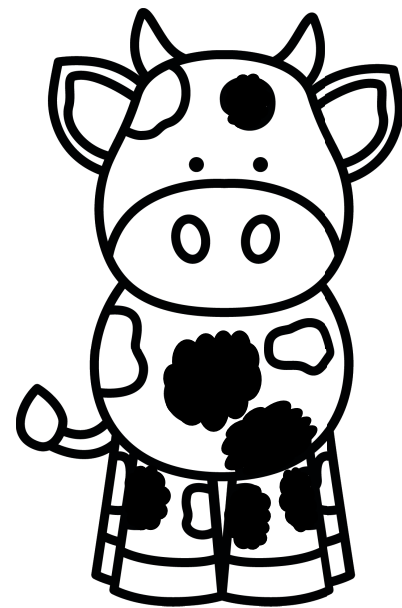
dalmatian dog

Color Sort



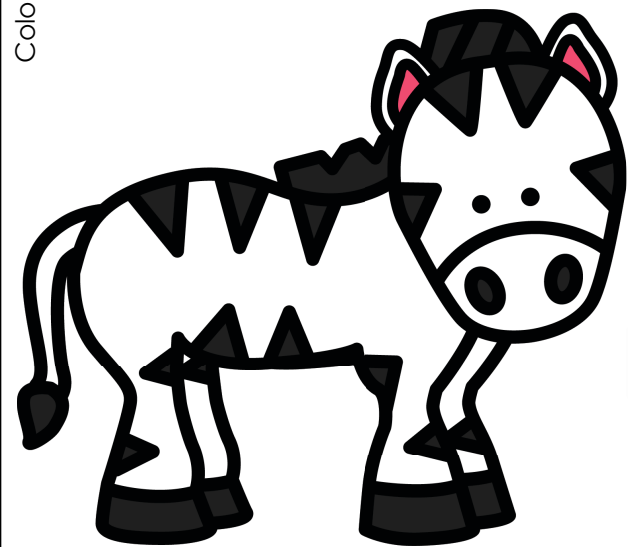
newspaper

Color Sort



cow

Color Sort



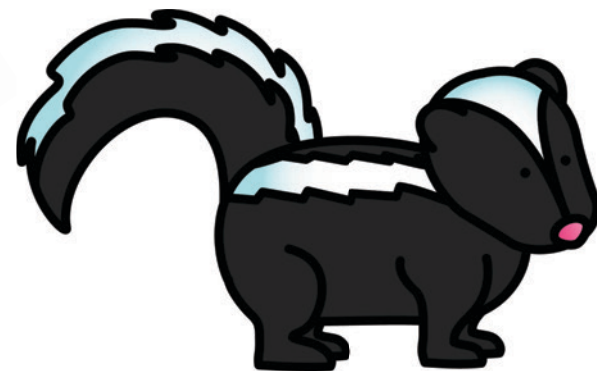
zebra

Color Sort



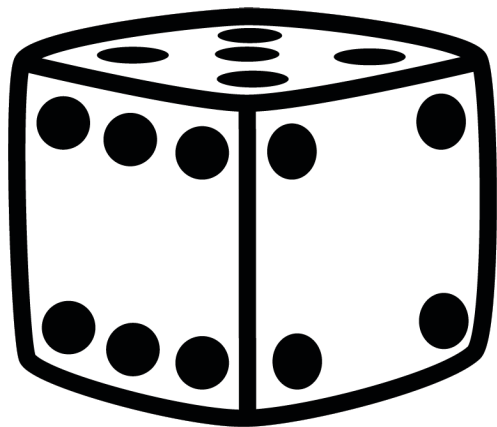
bat

Color Sort



skunk

Color Sort



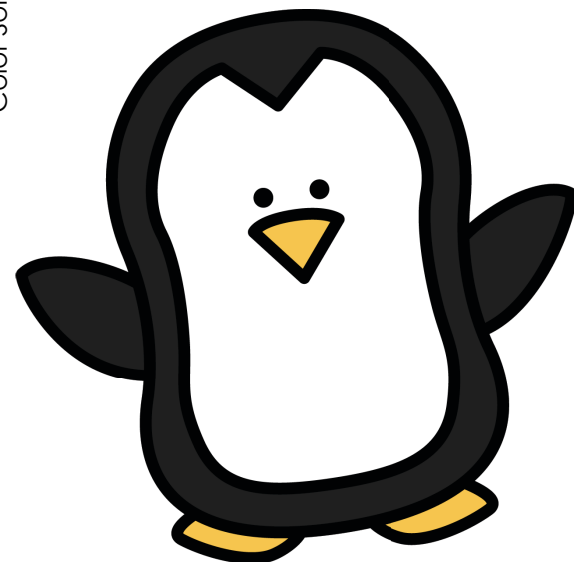
dice

Color Sort



black cat

Color Sort



penguin

# Rainbows Around Us

## Spectrum of Colors

Day 4  
lesson  
plans

Rainbows happen when light goes through a water droplet and the spectrum of colors are separated. The spectrum of colors can also be seen in gem stones, ice, bubbles and the water from a sprinkler or waterfall.

### Objectives:

- The students will actively participate in conversations.
- The students will play with words, sounds, and rhymes.
- The students will follow oral directions.

### Activities:

1. Show the real life photographs. Ask the students if they've seen a rainbow somewhere other than after the rain.
2. Chant the "Rainbow Treasure" song. Students take turns saying what they would like to find on the other side of the rainbow. Alternatively, pass out the picture cards and students read their card during their turn.
3. Rainbow Actions dice game. Students take turns rolling the dice then act out the side rolled.



### Extension Idea:

Set up a bubble-blowing station outside with homemade bubble solution and bubble wands. To make bubble solution mix 2 cups warm water, 1/3 cup dish soap, and 2Tbsp corn syrup. Mix slowly. (The addition of corn syrup allows the bubbles to go sky high!)

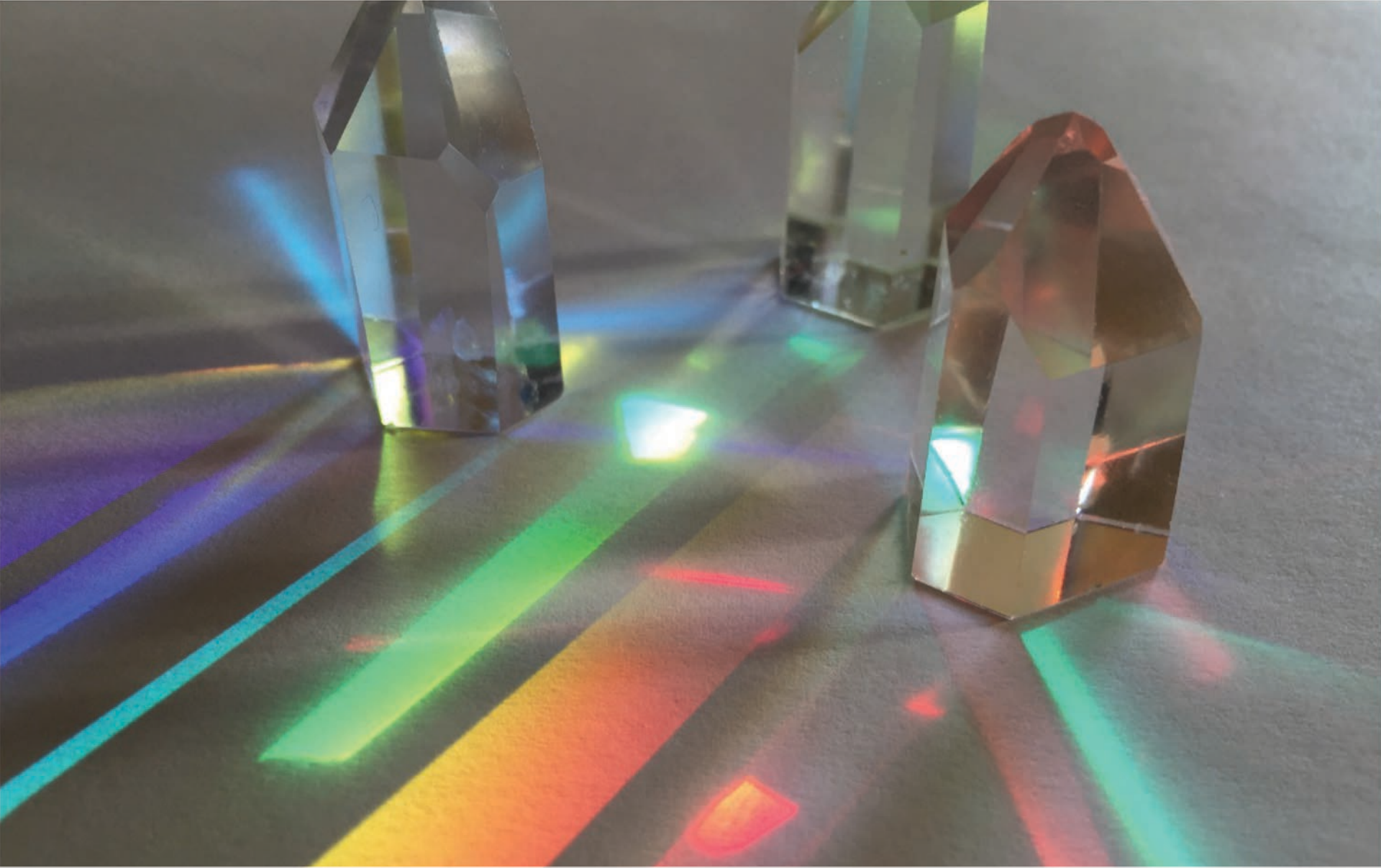




**When the light shines through the water of a sprinkler, it makes a rainbow!**

**When light hits a bubble, it can look like a little rainbow circle!**



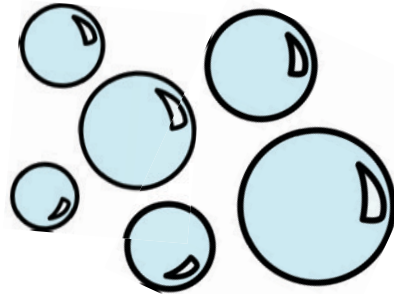


**A prism is a piece of glass or see-through material that spreads colors when light shines through it.**

# Rainbow Actions!



Spin like a sprinkler.



Jump up and "pop"  
the bubbles!



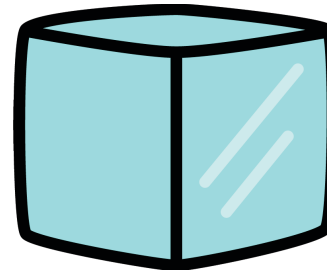
Fall to the ground with  
the water fall!



Shield your eyes from  
the bright gem!



Cover your head  
from the rain.



Shiver from the  
cold ice cube!

- Copy this template, cut it out and fold it into a die. Glue the edges to secure.
- Children take turns rolling the die.
- Everyone makes the sound or action of the picture rolled.

# Rainbow Treasure

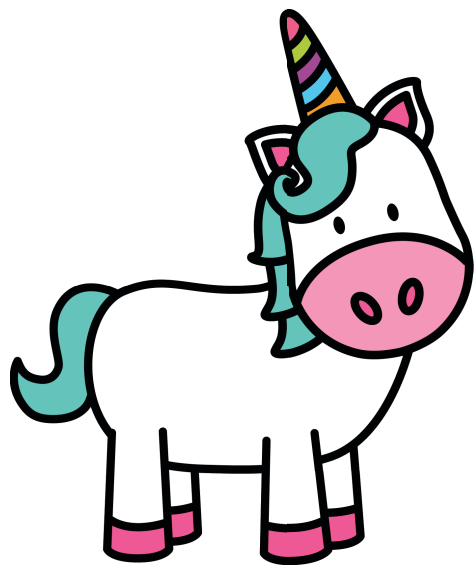
To the tune of "5 Little Ducks"

One little rainbow in the sky  
Shining down from way up high.

What's at the end,  
Oh, what could it be?

In my dreams, I can see \_\_\_\_\_.

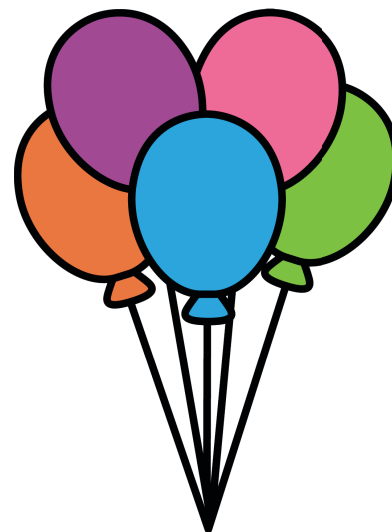




unicorn



pot of gold



balloons



teddy bear



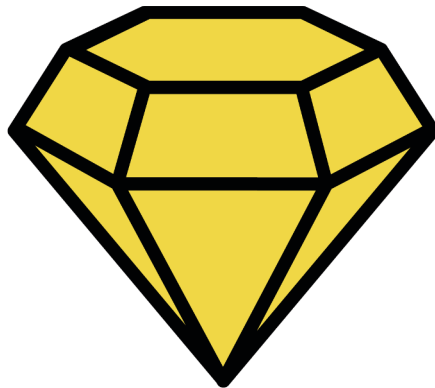
shooting star



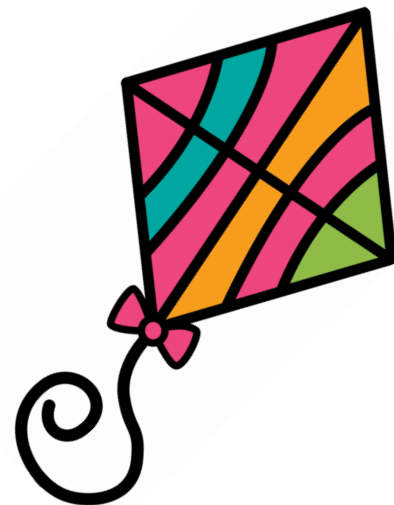
cake



candy



diamond



kite



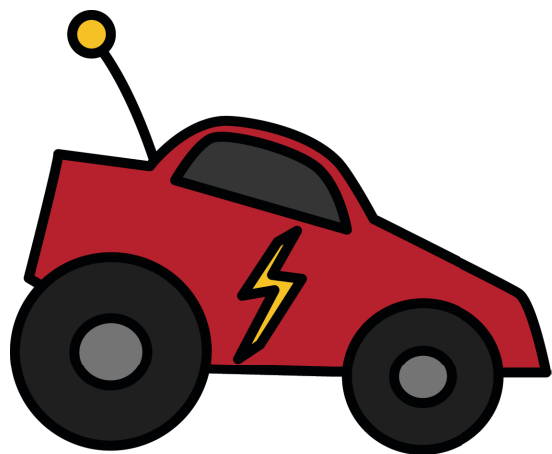
pizza



flowers



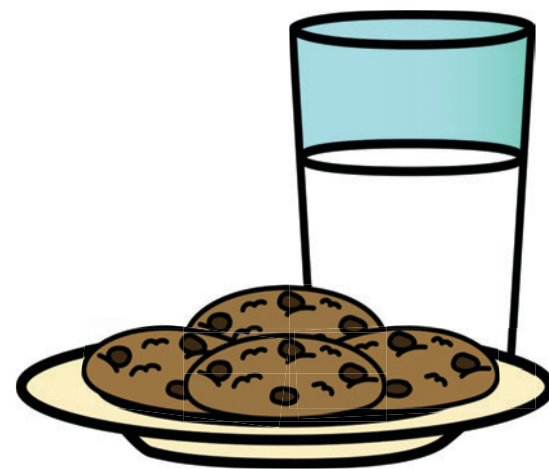
ice cream



toy car



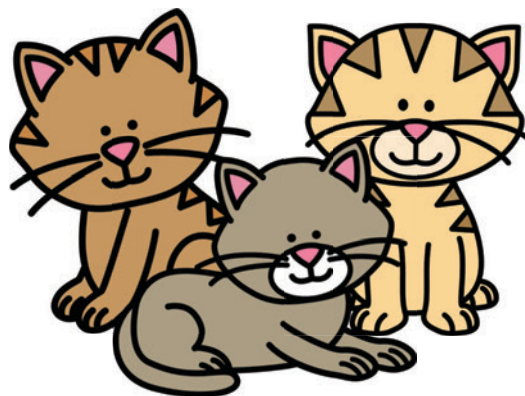
lemonade



milk and cookies



puppies



kittens



student's choice

# Conclusion

## Colors Everywhere

Day 5  
lesson  
plans

To conclude the unit, take a poll on the students' favorite rainbow colors and play a colorful grid game.







### Objectives:

- The students will answer questions.
- The students will notice and extend simple patterns.

### Activities:

1. Take a poll, "What's your favorite rainbow color?" Students can use post-it notes or name cards to respond on a pocket chart or bar graph.
2. Play the Rainbow Grid Game.

What is your favorite rainbow color?

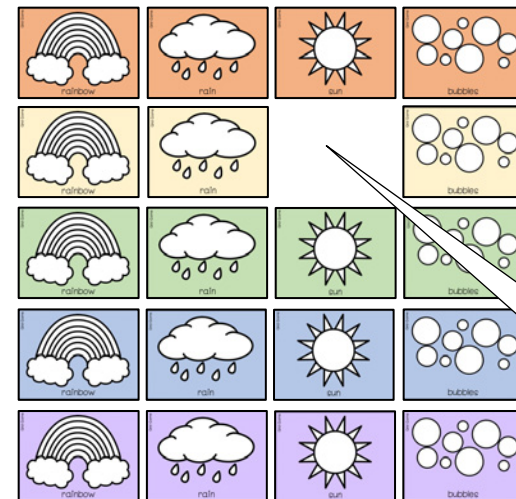
|  |   |   |  |   |   |
|--|---|---|--|---|---|
| <br>red | <br>orange | <br>yellow | <br>green | <br>blue | <br>purple |
| Sam  | Jim   | Ned   | Ray  | Meg   | Ben   |
| Stu  | Sue   | Cas   |  | Gem   |   |
|  | Ron   | Joe   |  | Peg   |   |

#### Extension Idea:

Make a memory tray. Place red, orange, yellow, green, blue, and purple items on a tray. Take one item away while the children hide their eyes. Students open their eyes and guess which item is missing.

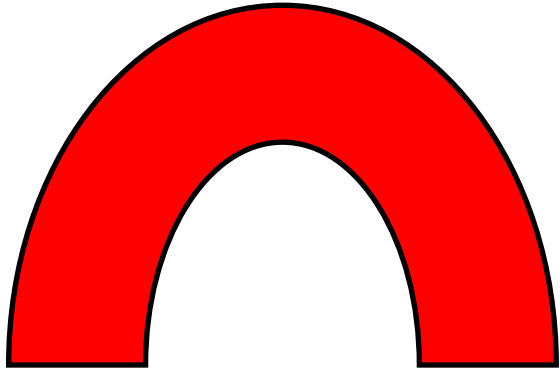
#### To Play:

1. Copy template page onto 5 different colors of paper.
2. Create a grid where each column has the same item, and each row is the same color. Discuss the pattern and relationship of the cards.
3. Students close their eyes while the teacher removes 1 card.
4. Students use their knowledge of patterns to determine which card (color and picture) is missing.

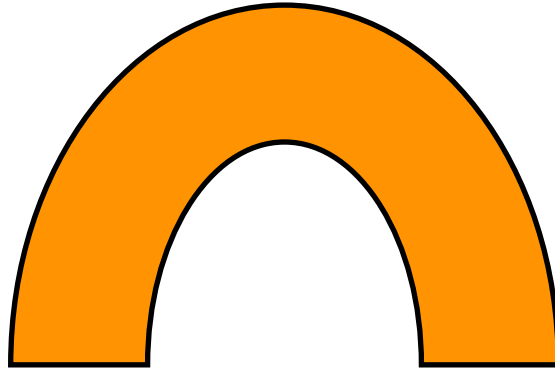


Which one is missing?

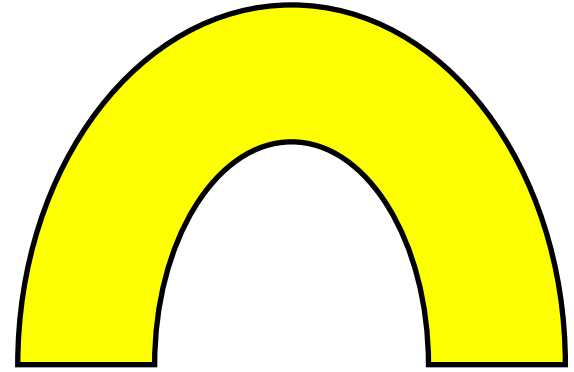
# What is your favorite rainbow color?



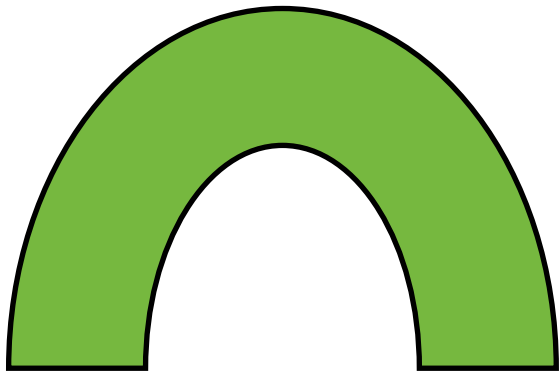
red



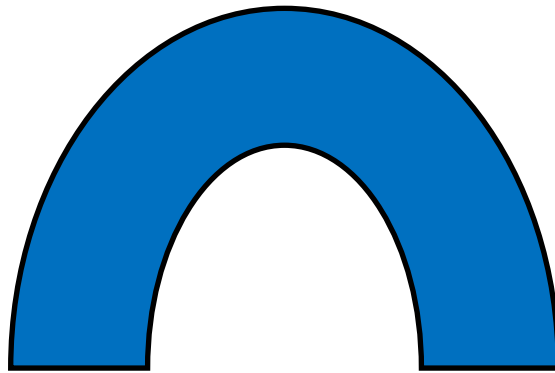
orange



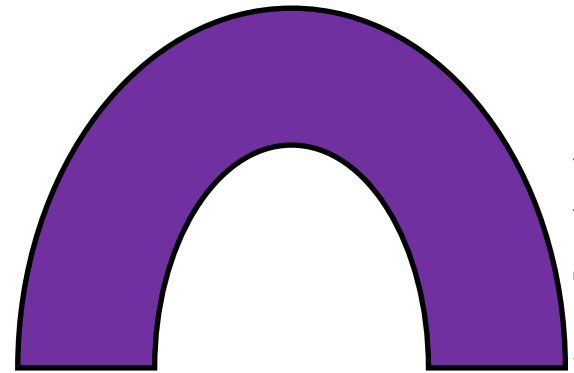
yellow



green



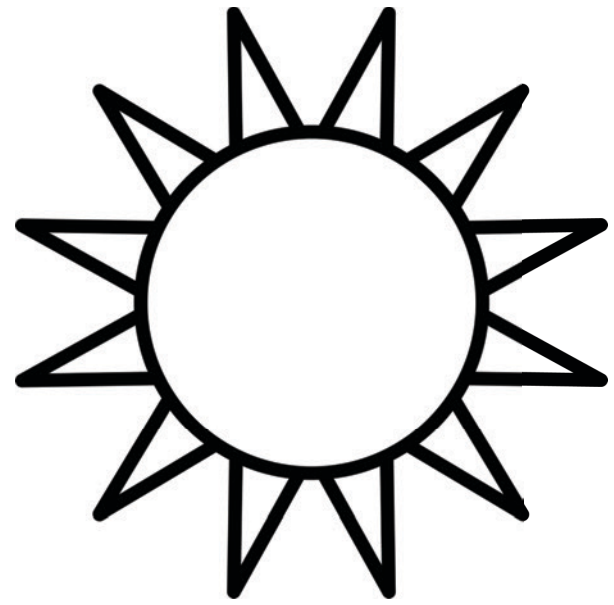
blue



purple



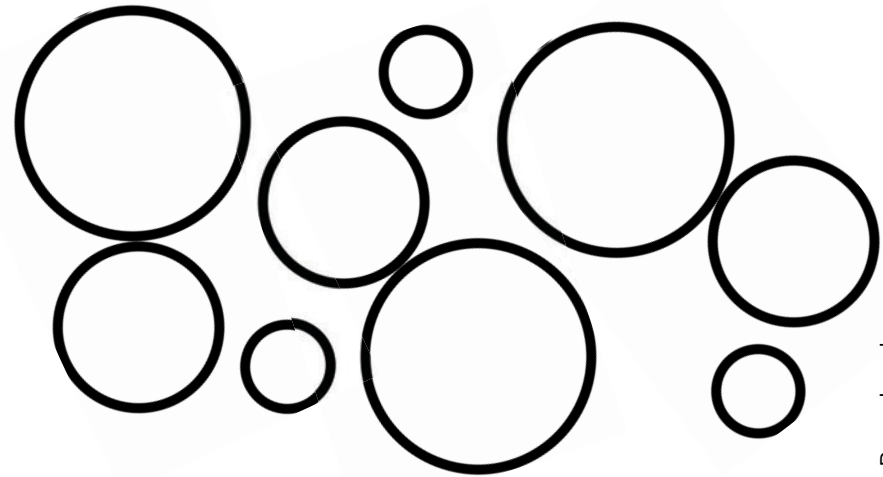
rainbow



sun



rain



bubbles

# Centers

- Line Tracing
- Cutting Practice
- Sorting Colors
- Counting
- Initial Sounds
- Book Recommendations

## Line Tracing

**Literacy Center**

**Objective:** The students will understand the purpose of writing.  
**Preparation:** Print and laminate these tracing cards. Another option is to place them inside a plastic sleeve. Provide dry erase markers. (Glue a pom-pom onto the lid of the marker for the students to use as an eraser!)

**Procedure:** The students will use the tracing cards to practice their fine motor skills.

## Cutting Practice

**Fine Motor Center**

**Objective:** The students coordinate eye-hand movement and control the small muscles in their hands.

**Preparation:** Print and laminate these cutting practice cards. Provide safety scissors.

## Sorting

**Math Center**  
File Folder Game

**Objective:** The students will sort objects by color.  
**Preparation:** Print the pages. Glue the rainbow arcs inside a file folder. Cut and laminate the smaller pictures.  
**Procedure:** Students will sort the pictures to the matching rainbow color.

**Sorting**

|        |         |
|--------|---------|
| red    | orange  |
| yellow | green   |
| blue   | purple  |
| pink   | rainbow |

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## Counting

**Math Center**  
File Folder Game

**Objective:** The students will count and identify the correct wand.  
**Preparation:** Print the picture cards. Cut and laminate the cards. Students will count the bubbles and identify the correct wand.

**Counting**

|       |        |        |
|-------|--------|--------|
| one   | two    | three  |
| four  | five   | six    |
| seven | eight  | nine   |
| ten   | eleven | twelve |

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## Initial sounds

**Literacy Center**  
Writing Practice

**Objective:** The students will draw and imitate the act of writing.  
**Preparation:** Copy each page and place into a plastic sleeve.  
**Procedure:** Students use a dry erase marker to trace the first letter of each word.

**Initial sounds**

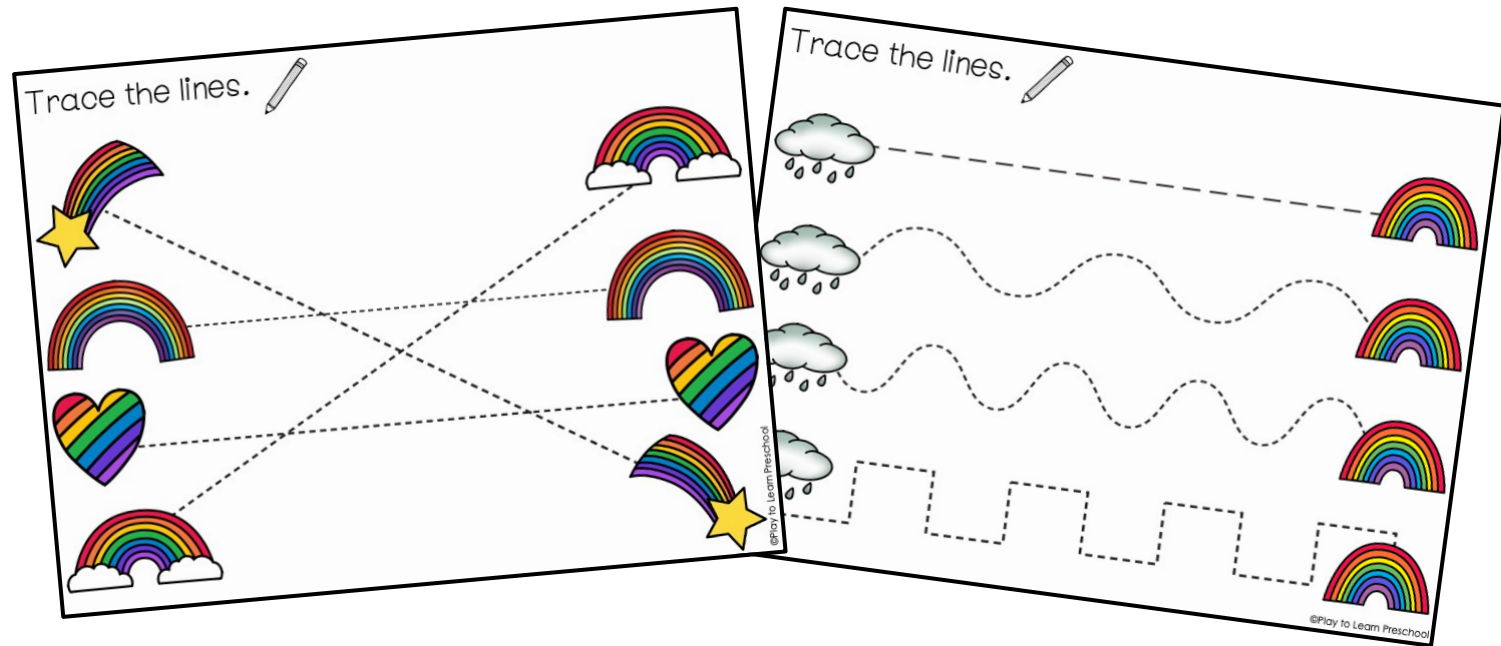
|          |         |       |       |
|----------|---------|-------|-------|
| necklace | rainbow | globe | apple |
|----------|---------|-------|-------|

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# Line Tracing

**Objective:** The students will understand the purpose of writing.

**Preparation:** Print and laminate these tracing cards. Another option is to place them inside a plastic sleeve. Provide dry erase markers. (Glue a pom-pom onto the lid of the marker for the students to use as an eraser!)

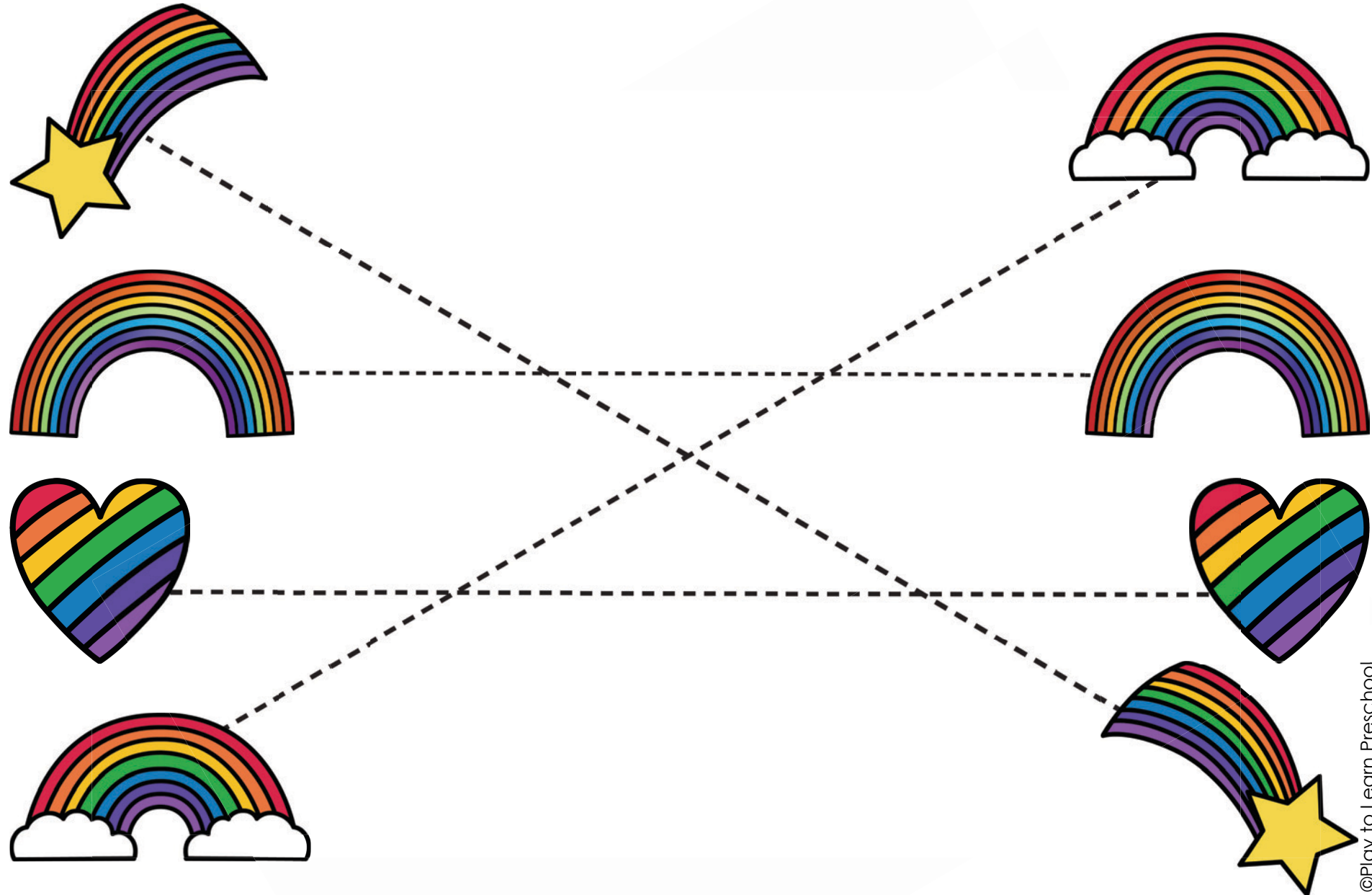


**Procedure:** The students will trace the dotted lines from left to right to practice fine motor skills.

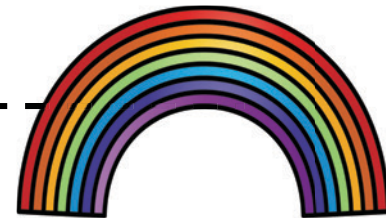
Trace the lines. 



Trace the lines.



Trace the lines. 



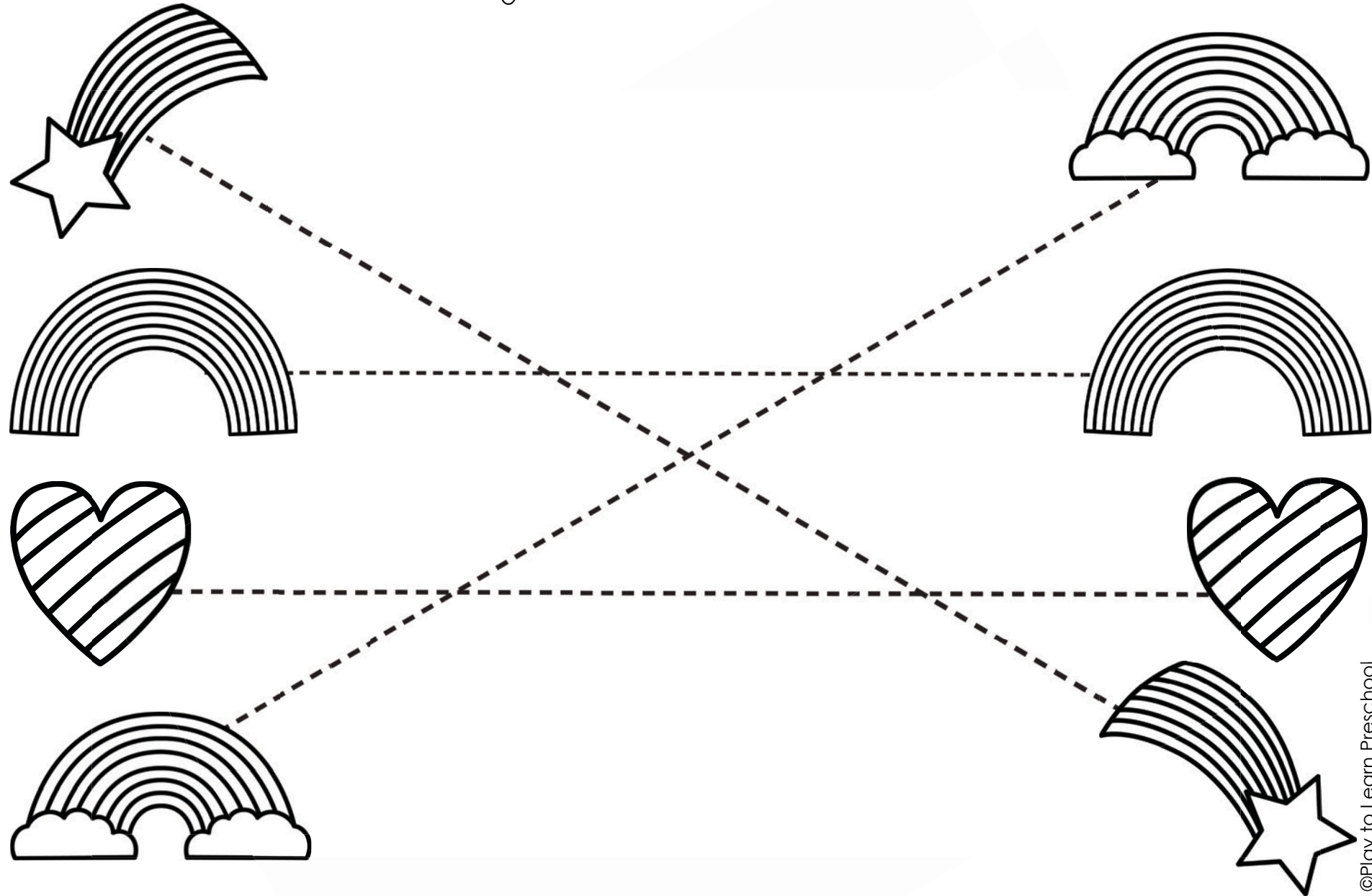
Name \_\_\_\_\_

Trace the line from left to right.



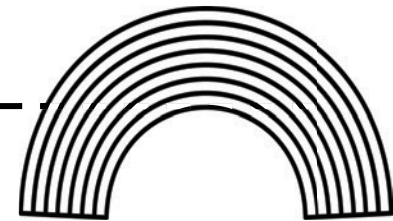
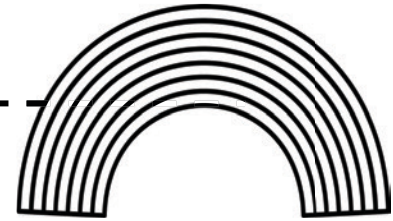
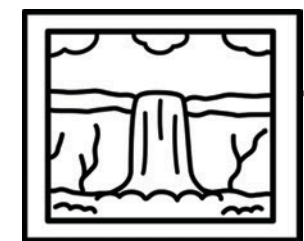
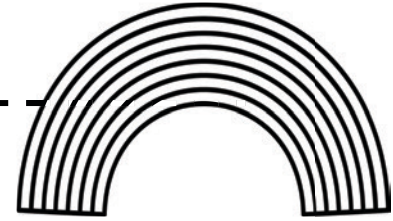
Name \_\_\_\_\_

Trace the line from left to right.



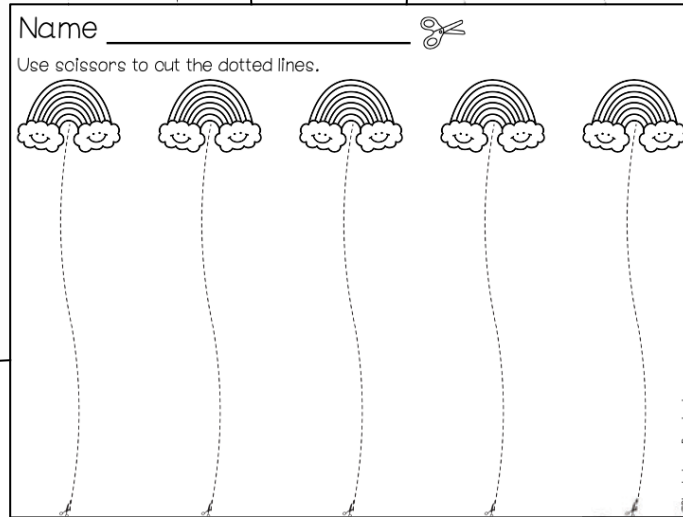
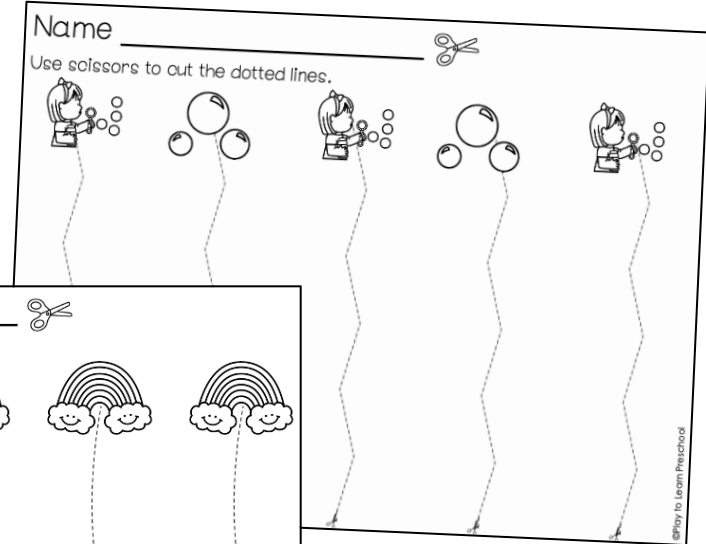
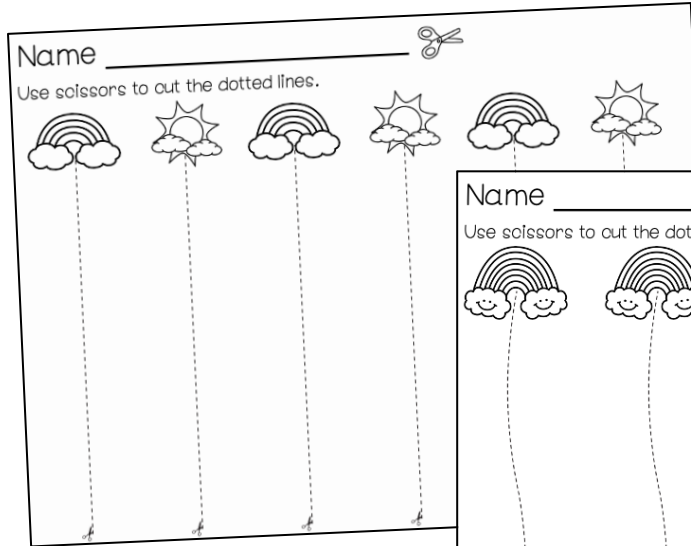
Name \_\_\_\_\_

Trace the line from left to right.



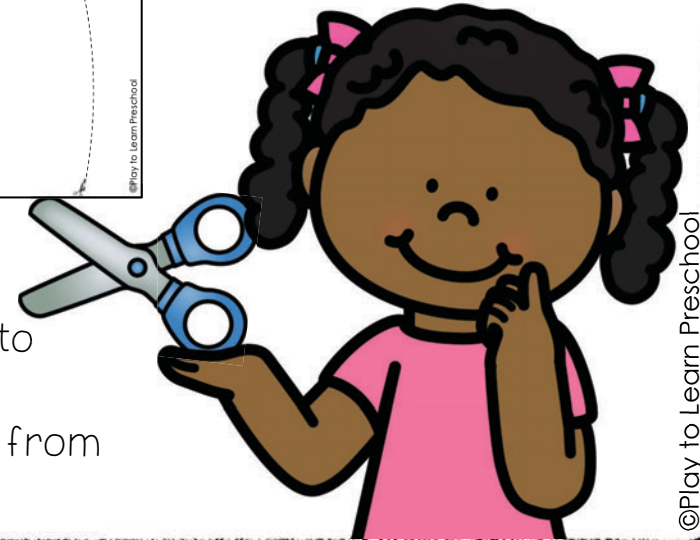
# Cutting Practice

**Objective:** The students coordinate eye-hand movement and control the small muscles in their hands.

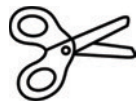


**Preparation:** Print a cutting page for each student. Demonstrate proper scissors usage and guide students to cut along the lines from the bottom to the top.

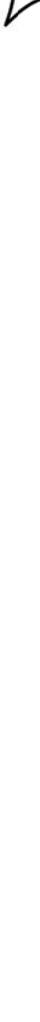
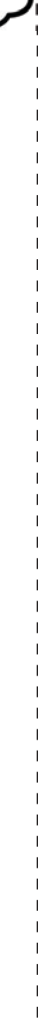
**Procedure:** The students will cut along the dotted lines from the bottom of the page to the top.



Name \_\_\_\_\_



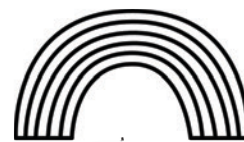
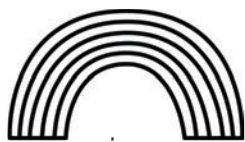
Use scissors to cut the dotted lines.



Name \_\_\_\_\_



Use scissors to cut the dotted lines.



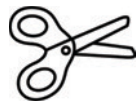
Name \_\_\_\_\_



Use scissors to cut the dotted lines.



Name \_\_\_\_\_



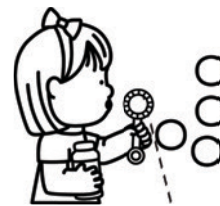
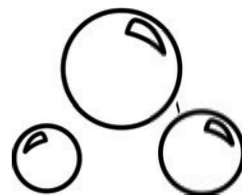
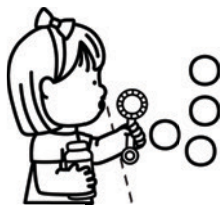
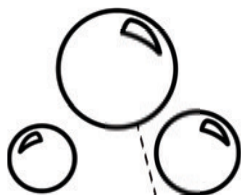
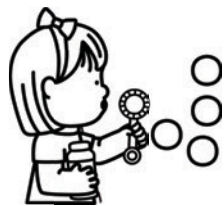
Use scissors to cut the dotted lines.



Name \_\_\_\_\_



Use scissors to cut the dotted lines.



# Sorting

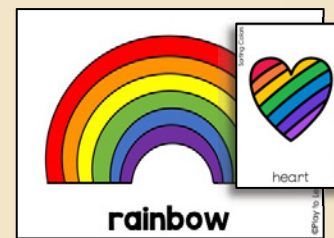
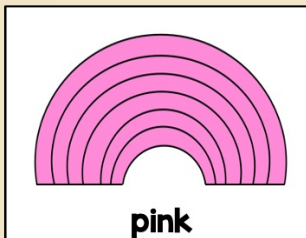
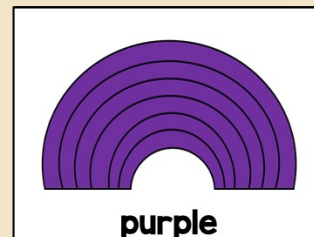
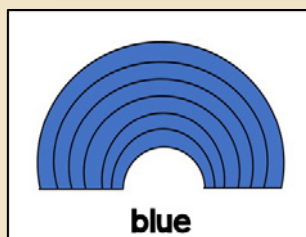
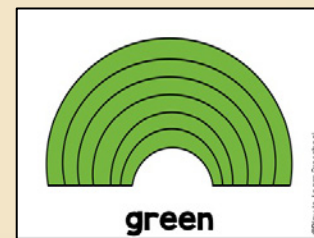
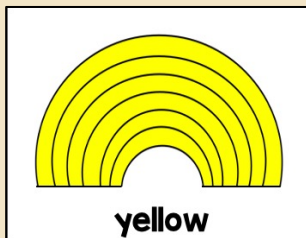
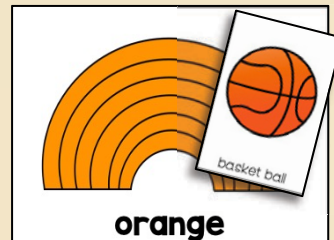
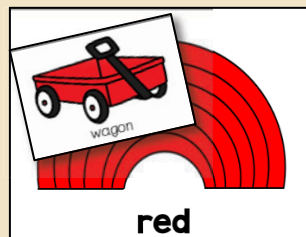
## File Folder Game

**Objective:** The students will sort objects by color.

**Preparation:** Print the pages. Glue the rainbow arcs inside a file folder. Cut and laminate the smaller pictures.

**Procedure:** Students will sort the pictures to the matching rainbow color.

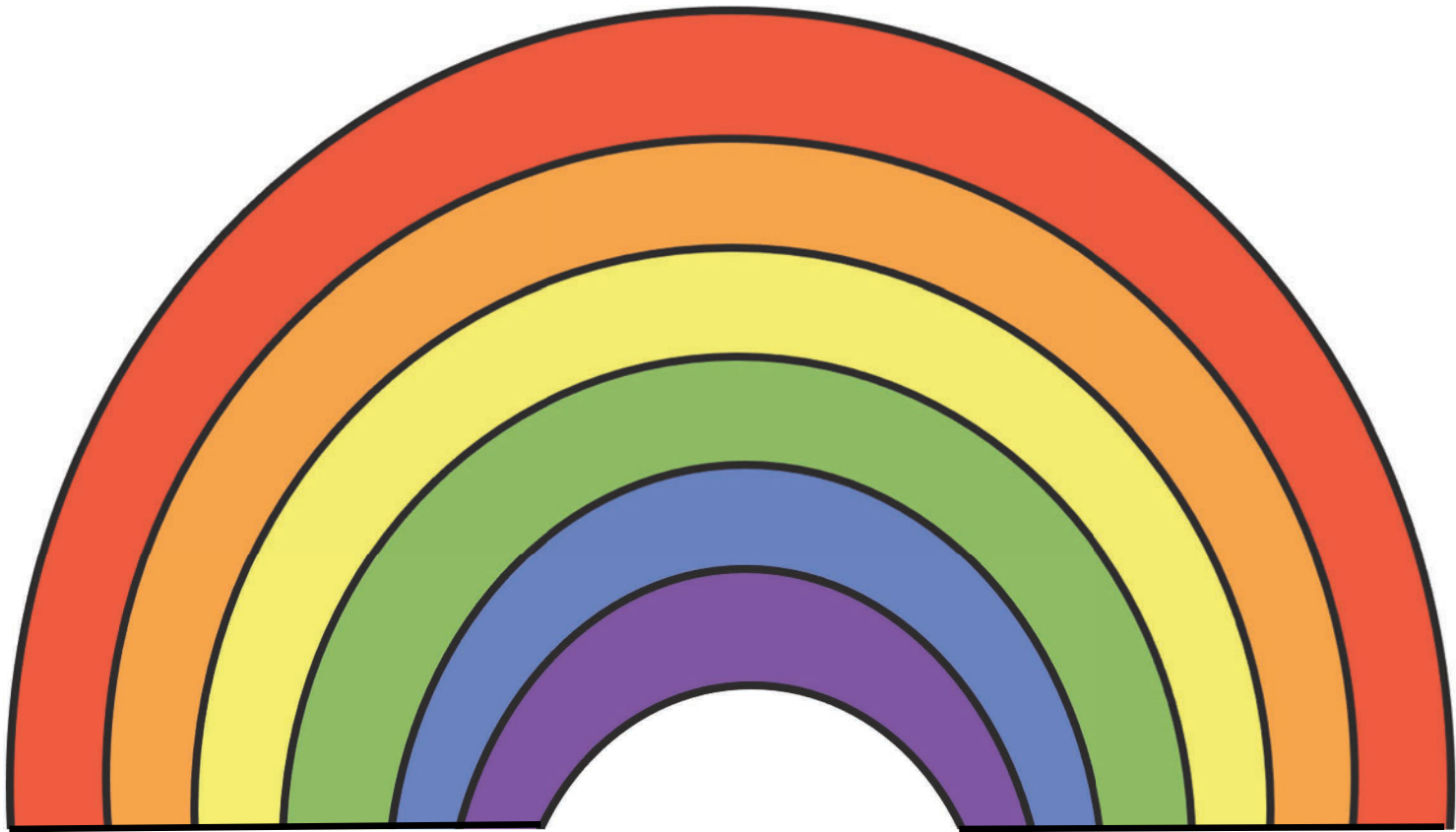
## Sorting

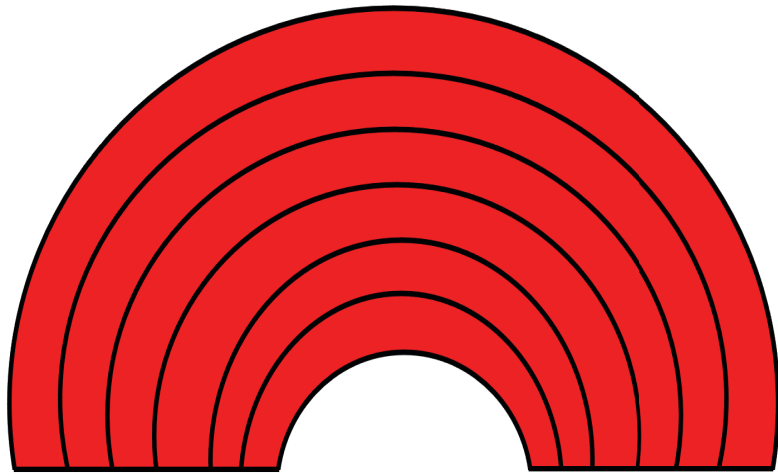


## Sorting

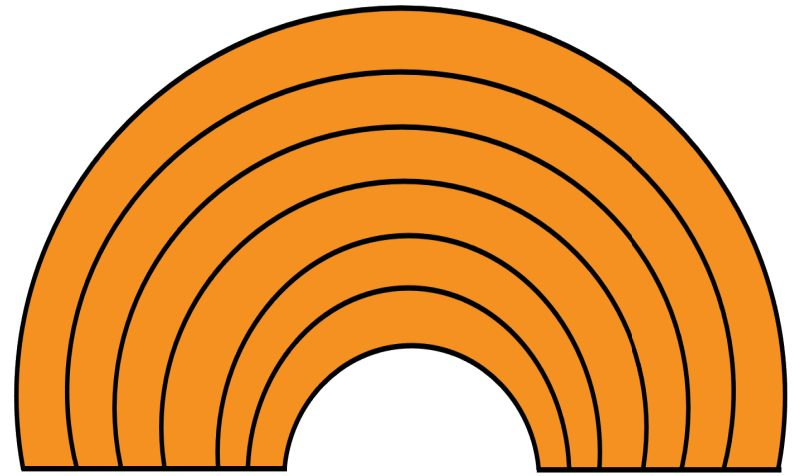


# Sorting Colors

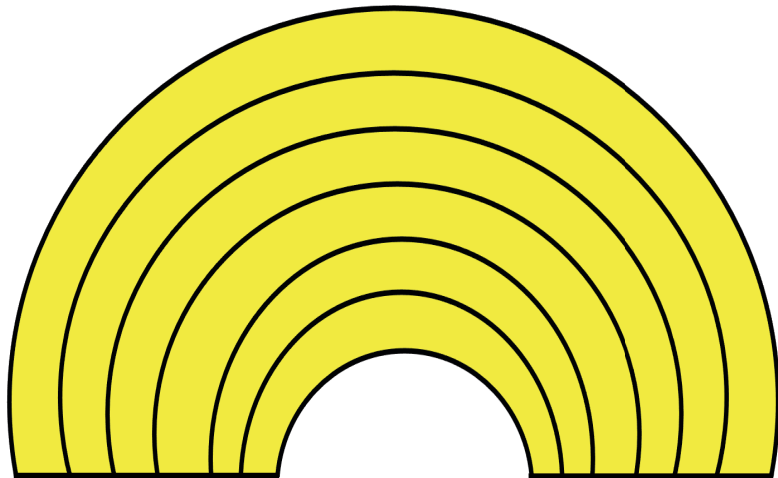




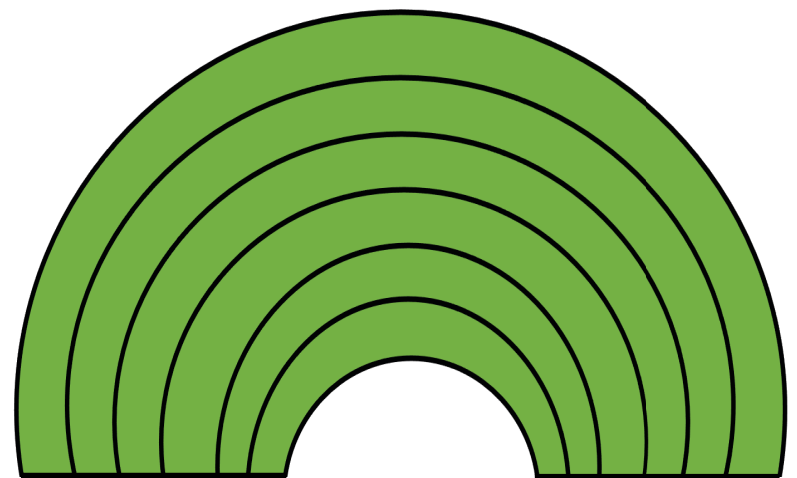
**red**



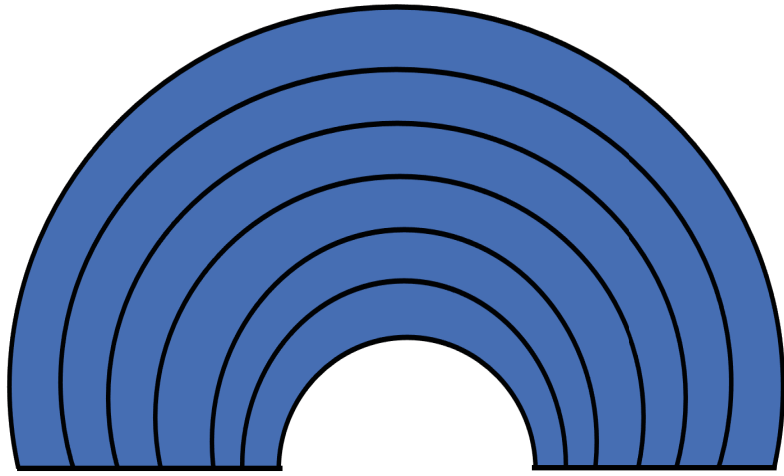
**orange**



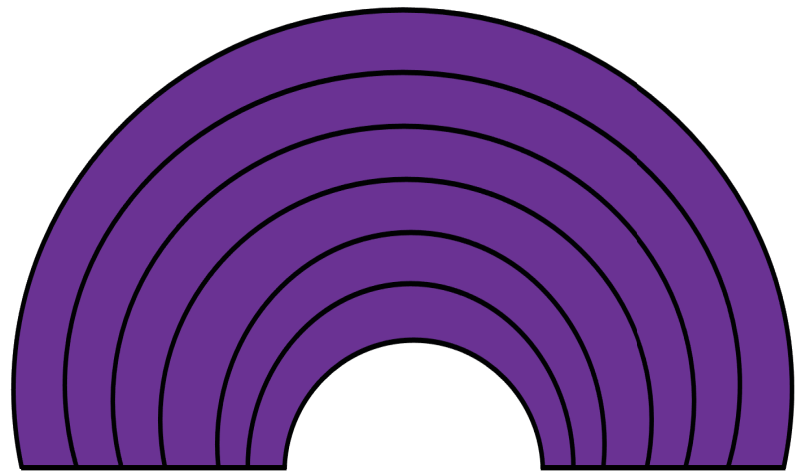
**yellow**



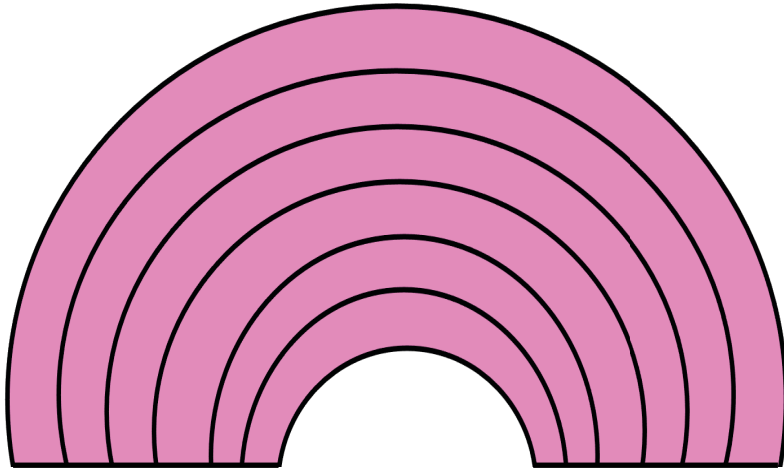
**green**



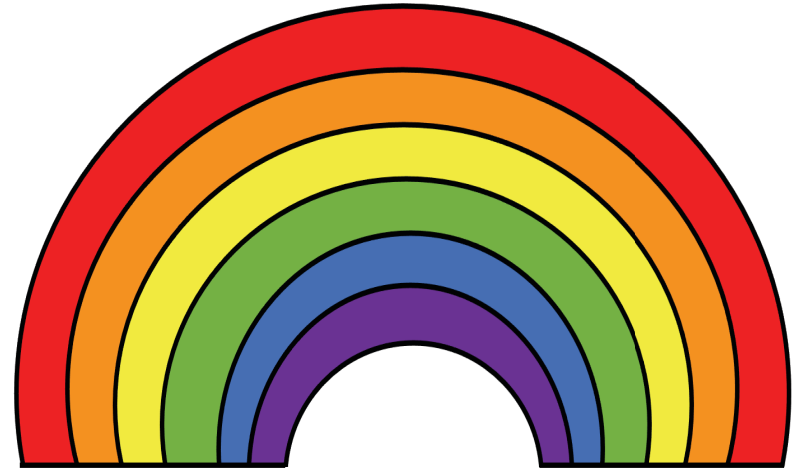
**blue**



**purple**

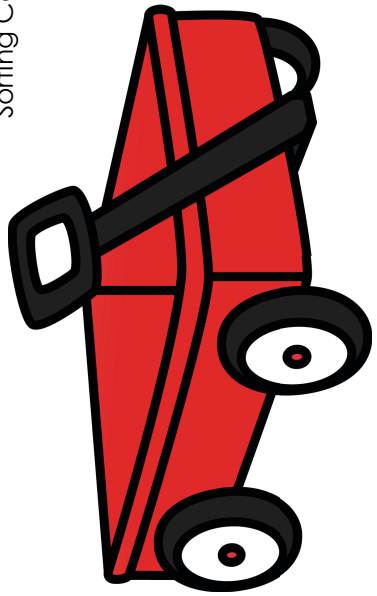


**pink**



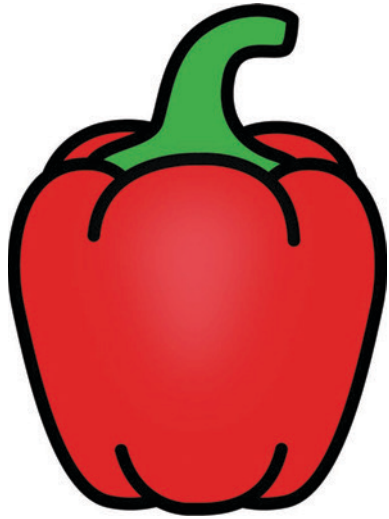
**rainbow**

Sorting Colors



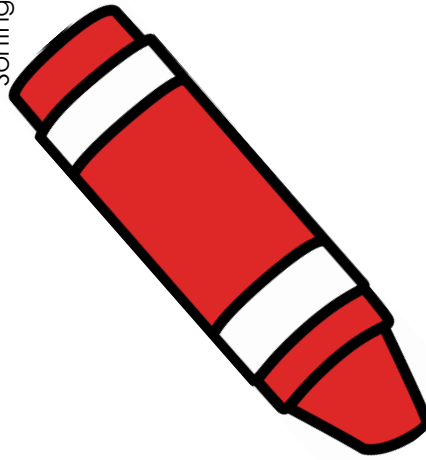
wagon

Sorting Colors



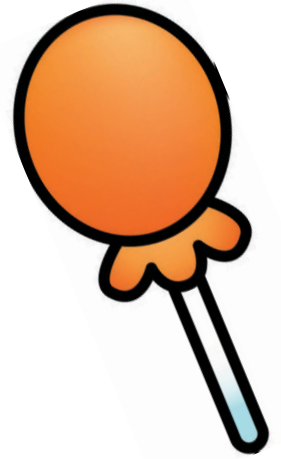
pepper

Sorting Colors



crayon

Sorting Colors



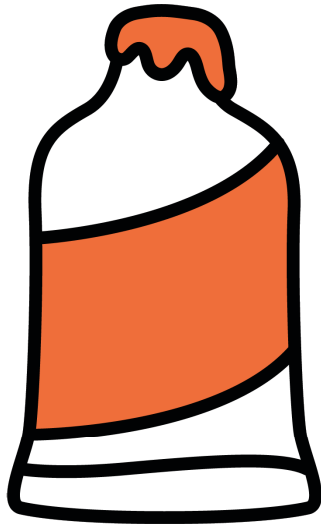
lolly pop

Sorting Colors



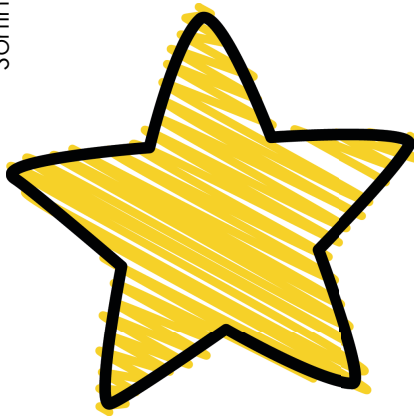
basket ball

Sorting Colors



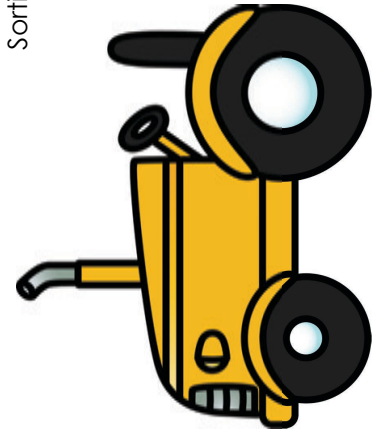
paint

Sorting Colors



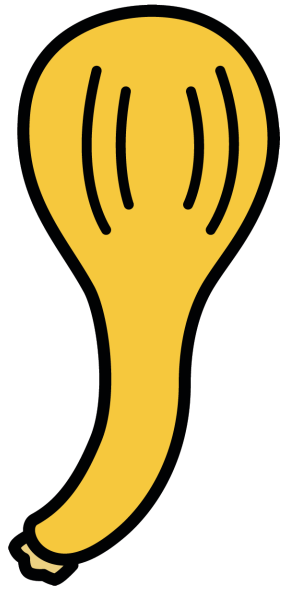
star

Sorting Colors



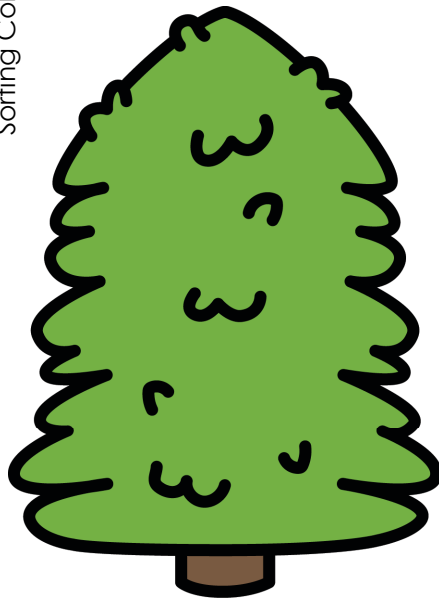
tractor

Sorting Colors



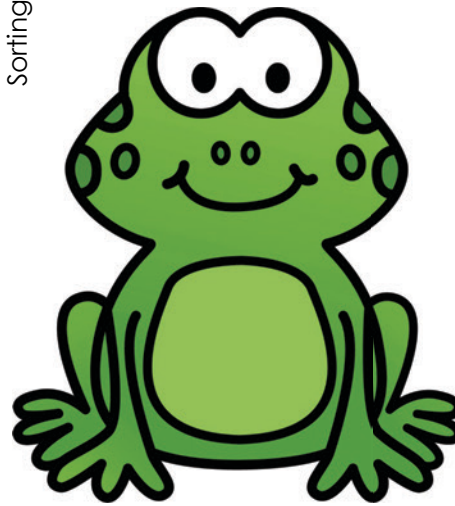
squash

Sorting Colors



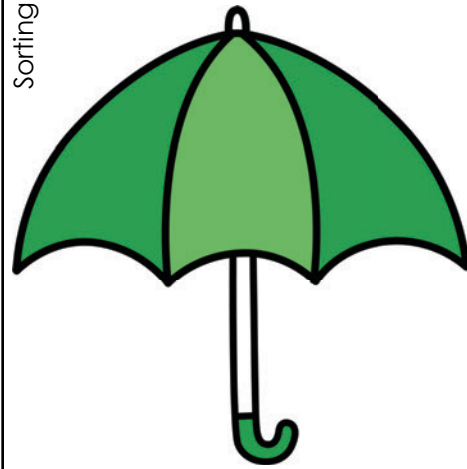
tree

Sorting Colors



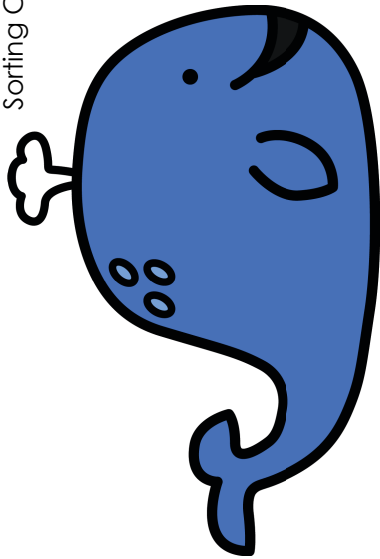
frog

Sorting Colors



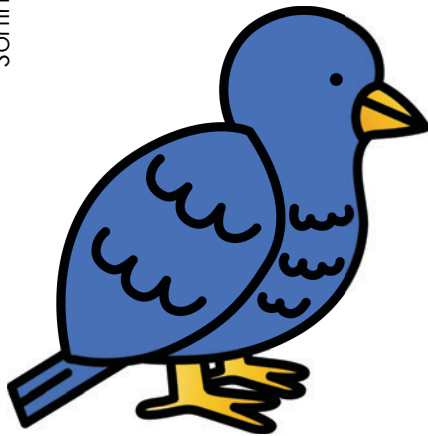
umbrella

Sorting Colors



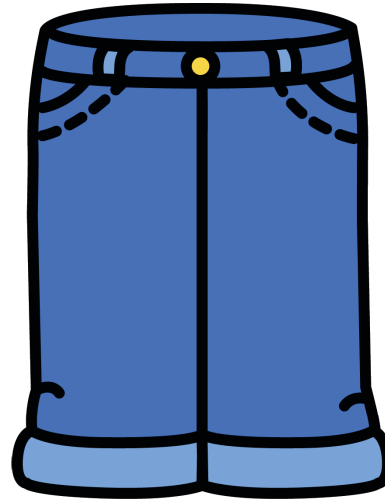
whale

Sorting Colors



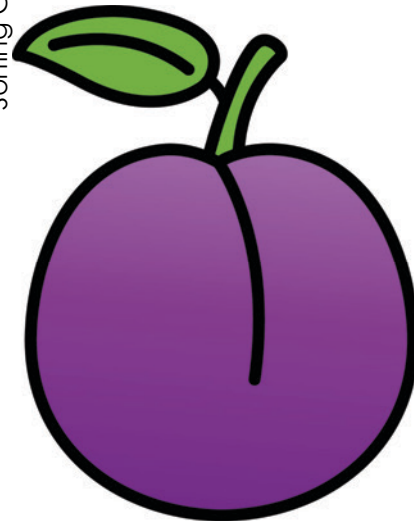
bird

Sorting Colors



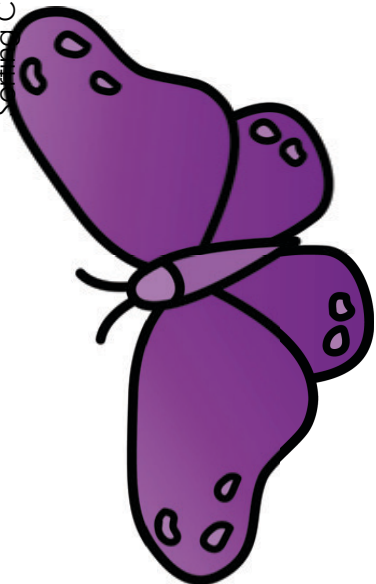
jeans

Sorting Colors



plum

Sorting Colors



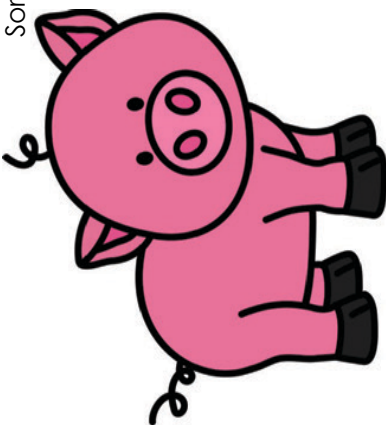
butterfly

Sorting Colors



jelly

Sorting Colors



pig

Sorting Colors



flamingo

Sorting Colors



dress

Sorting Colors



girl

Sorting Colors



boy

Sorting Colors



heart

# Counting

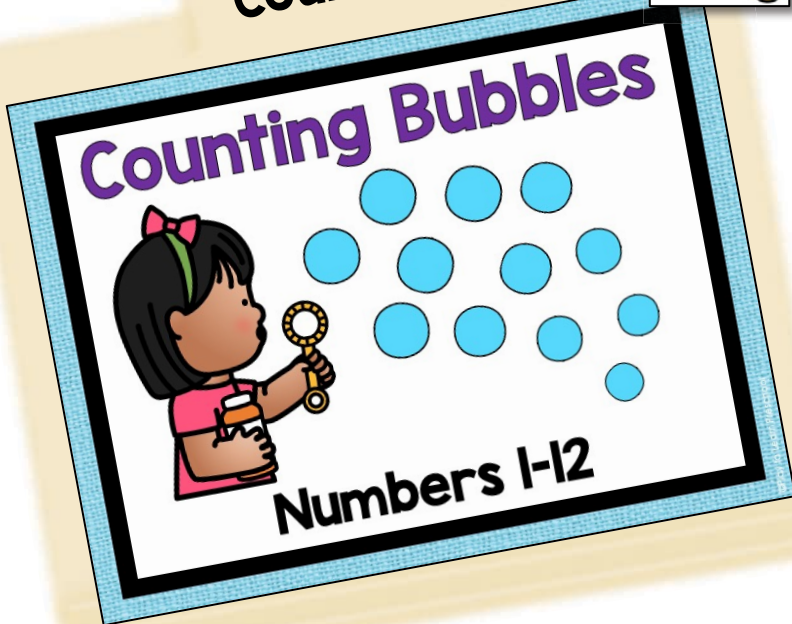
## File Folder Game

**Objective:** The students will count and recognize numbers.

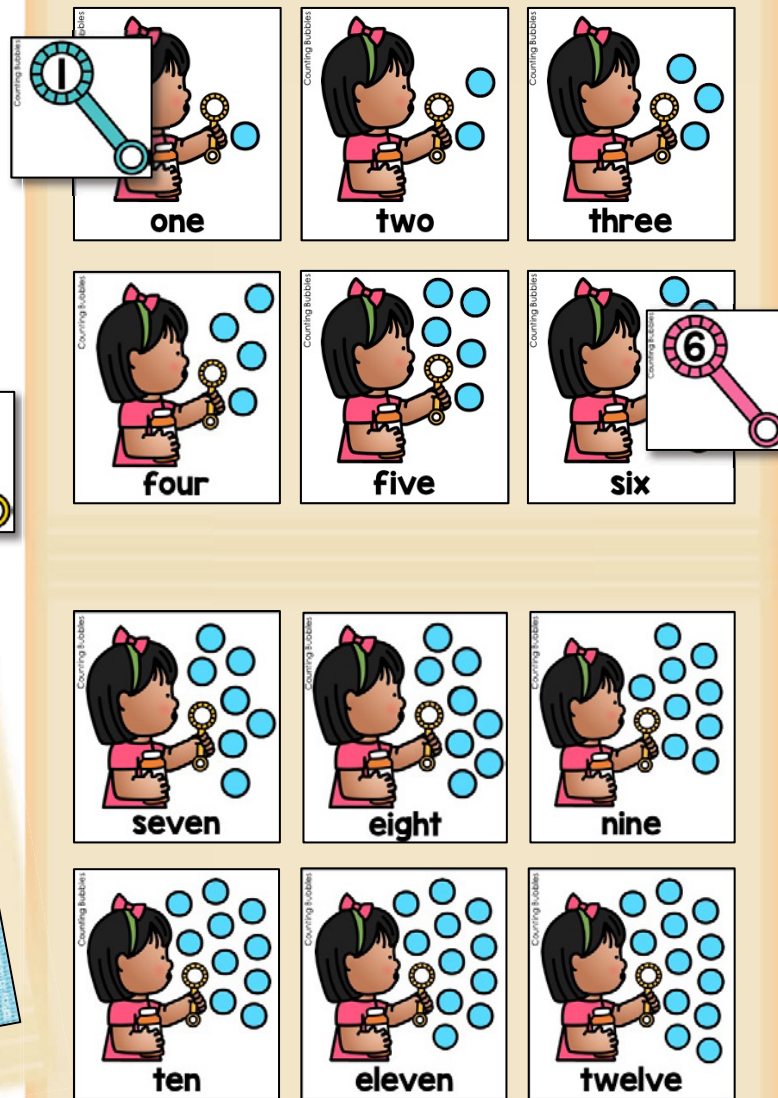
**Preparation:** Copy the picture cards. Glue the large pictures (first 2 pages) inside a file folder. Cut and laminate the smaller pictures.

**Procedure:** Students will count the bubbles and choose the correct wand number.

## Counting



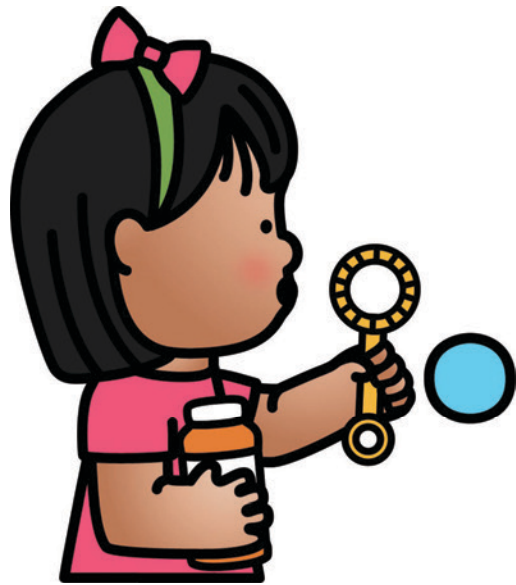
## Counting



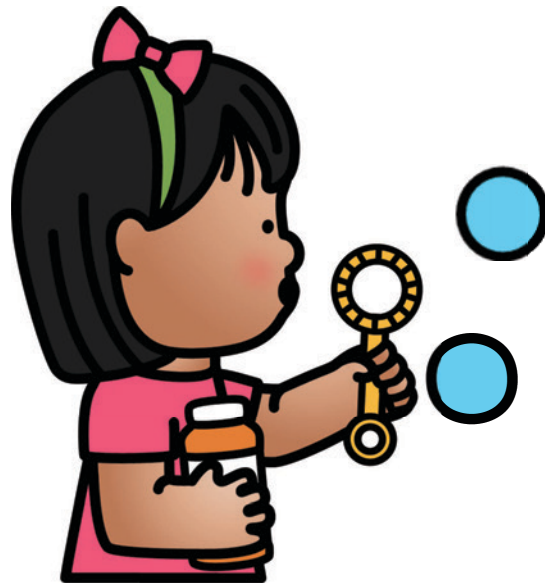
# Counting Bubbles



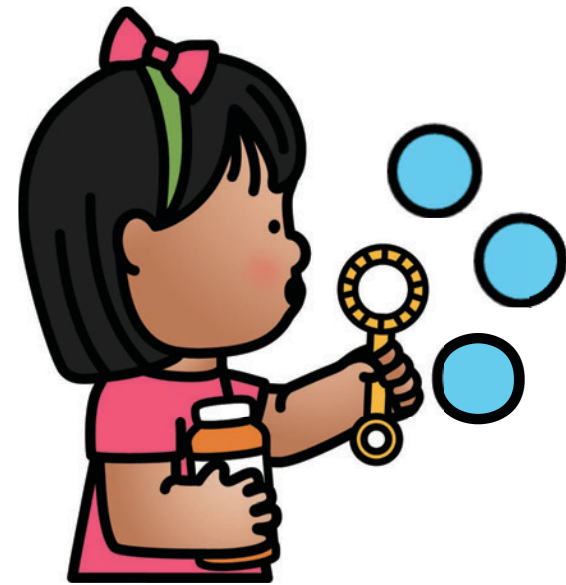
Numbers 1-12



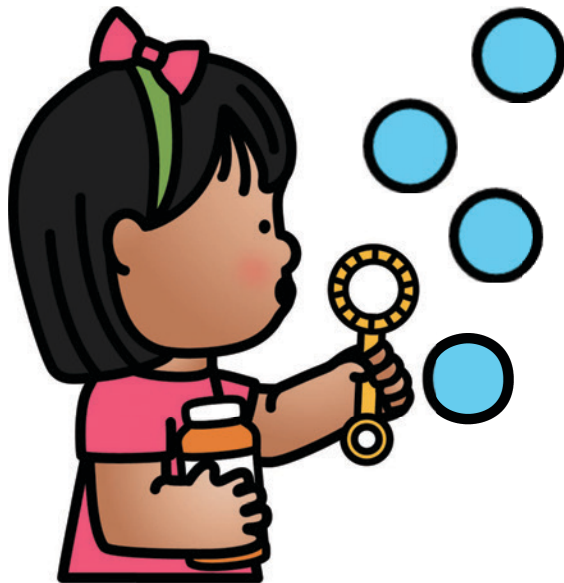
**one**



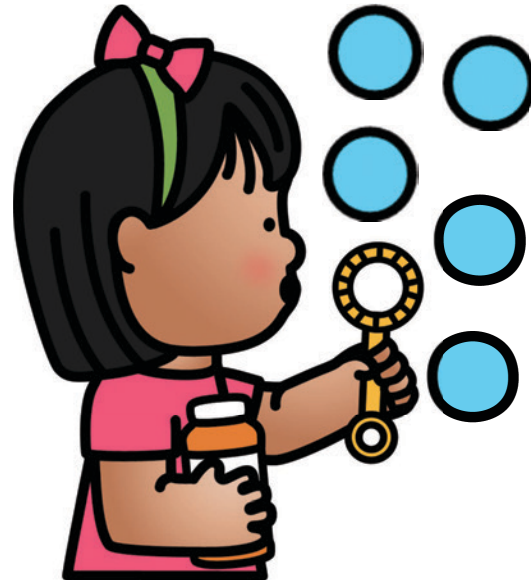
**two**



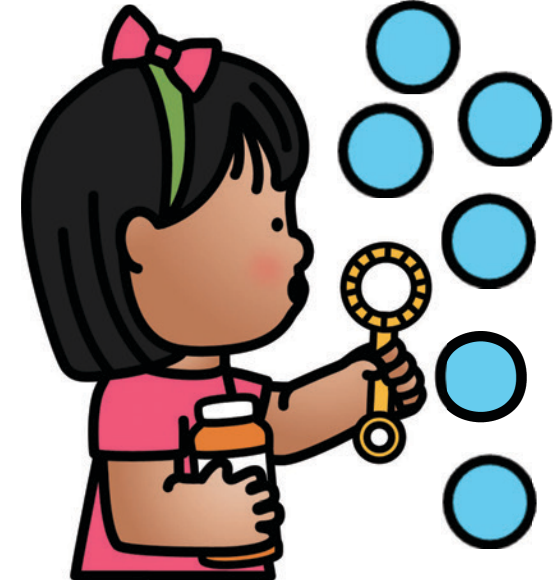
**three**



**four**

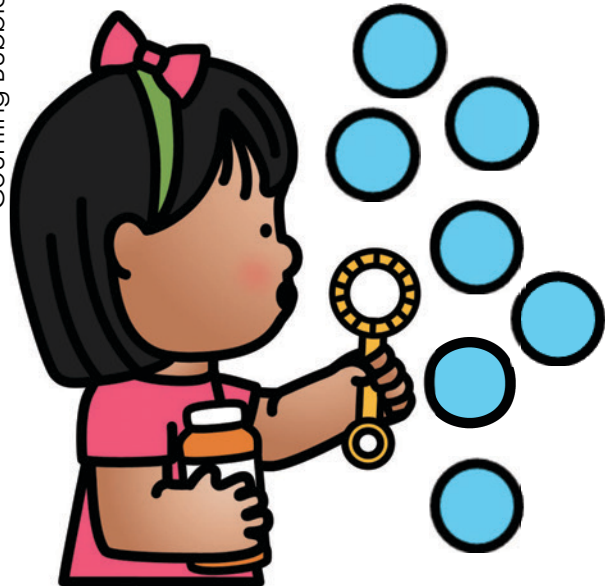


**five**



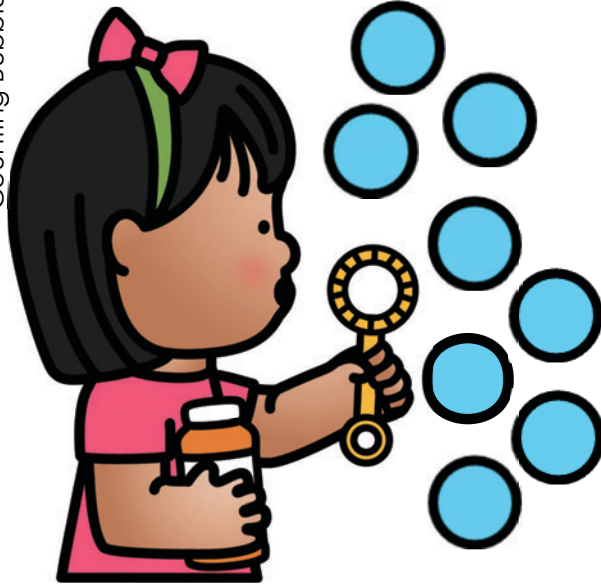
**six**

Counting Bubbles



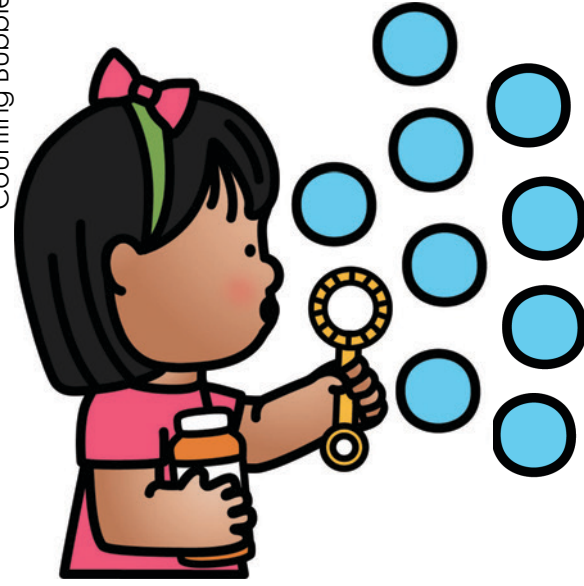
**seven**

Counting Bubbles



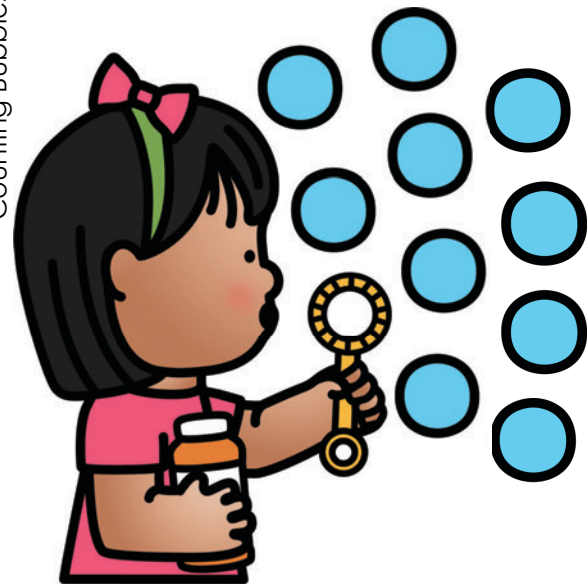
**eight**

Counting Bubbles



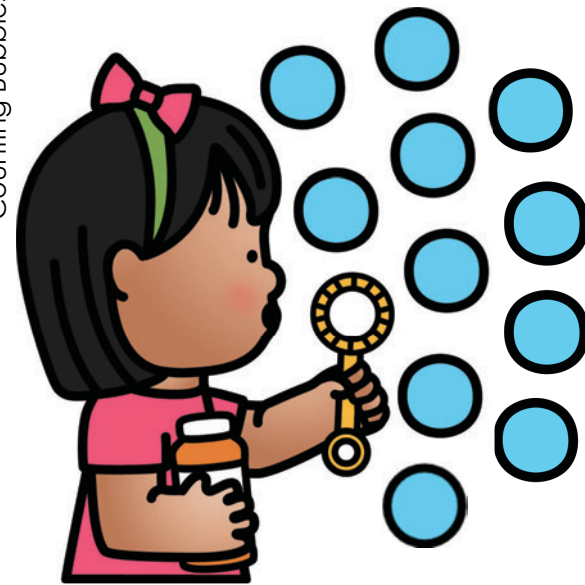
**nine**

Counting Bubbles



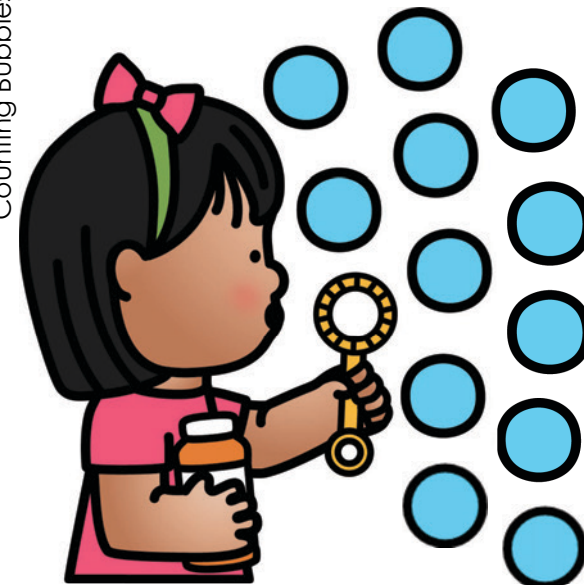
**ten**

Counting Bubbles

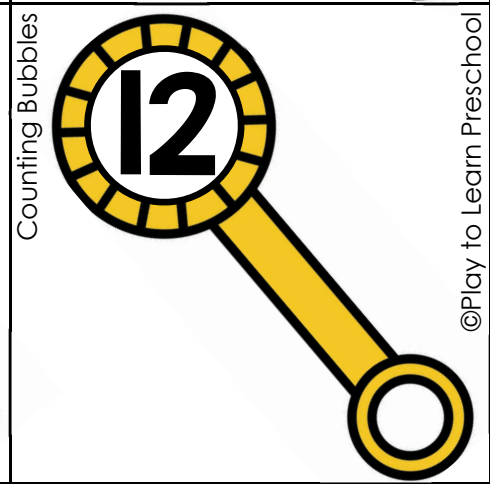
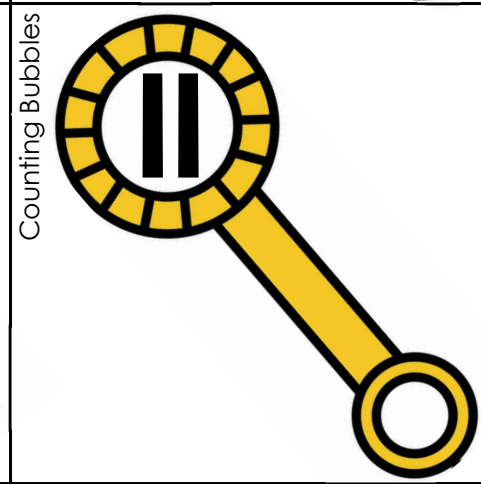
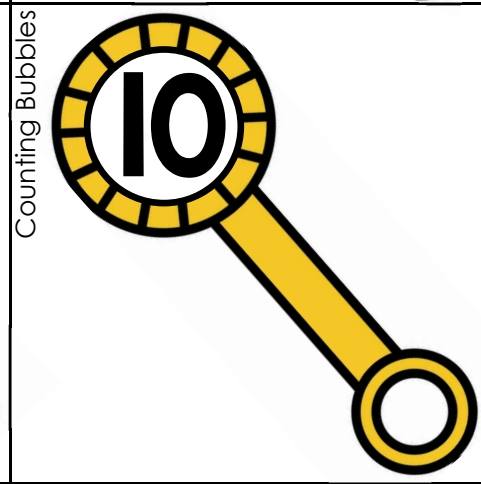
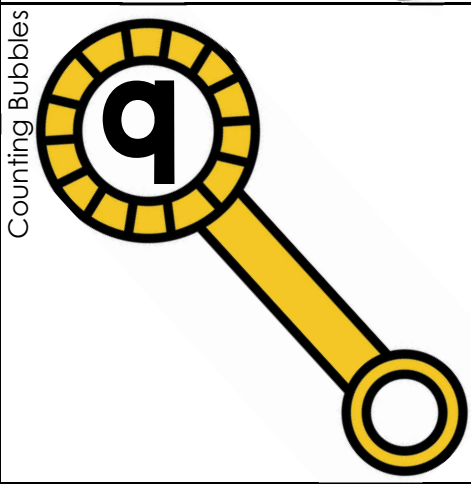
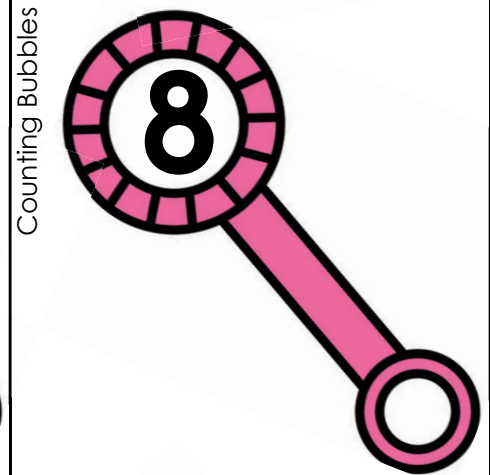
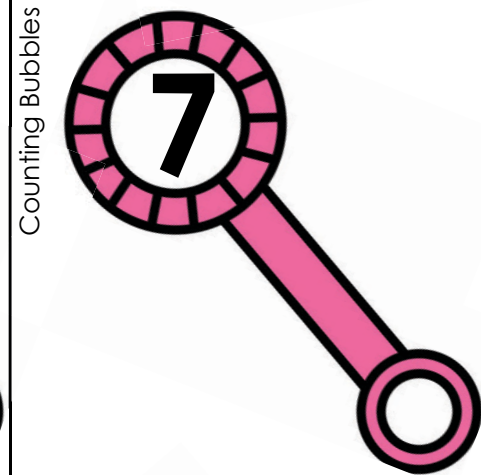
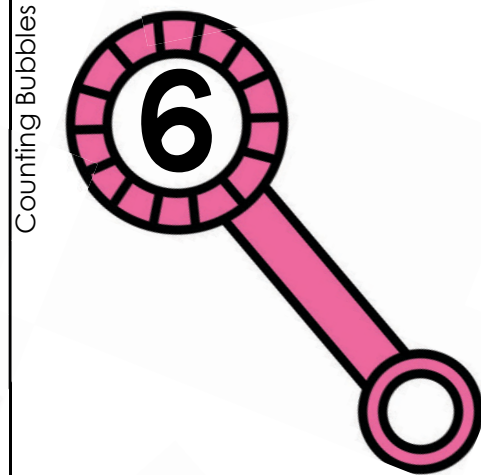
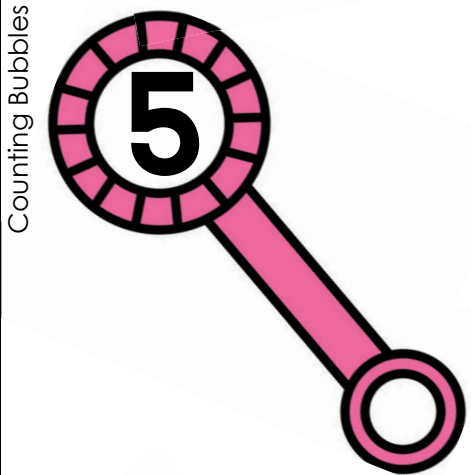
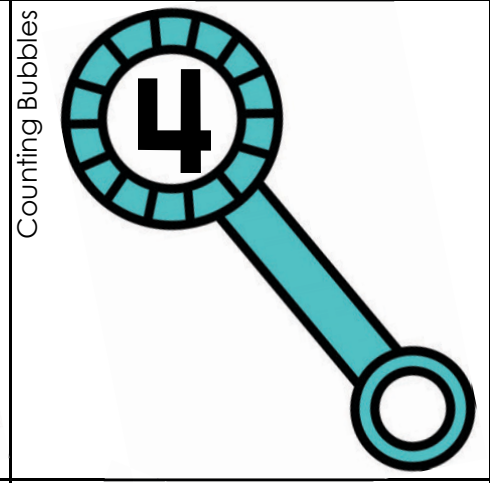
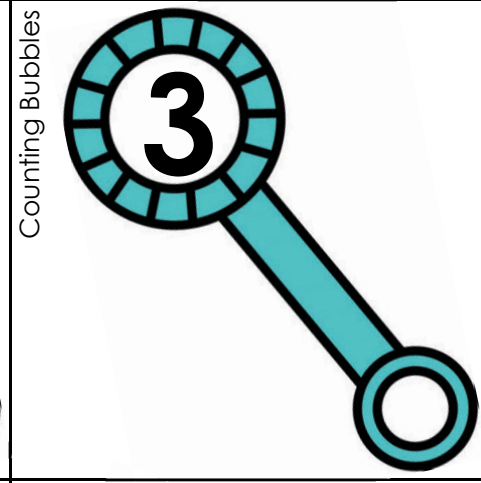
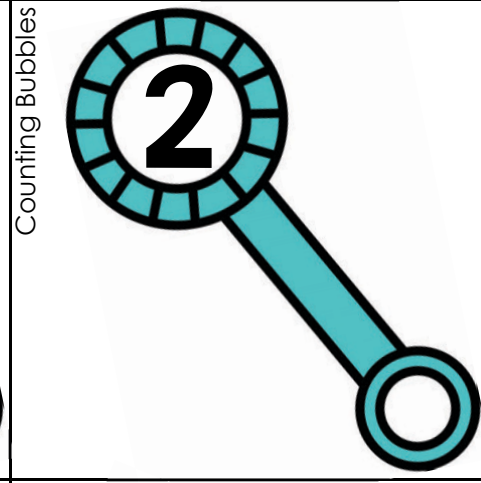
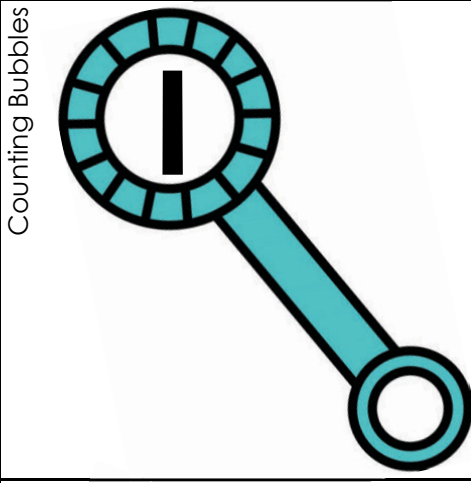


**eleven**

Counting Bubbles



**twelve**



# Initial sounds

## Writing Practice

**Objective:** The students will draw and imitate the act of writing.

**Preparation:** Copy each page and place into a plastic sleeve.

**Procedure:** Students use a dry erase marker to trace the first letter of each word.

waterm

necklace

rainbow

gloo

apple

Name \_\_\_\_\_  
Trace the letters and color the pictures.

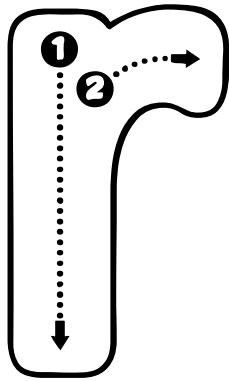
rainbow

necklace

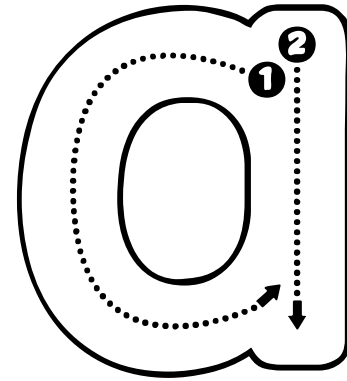
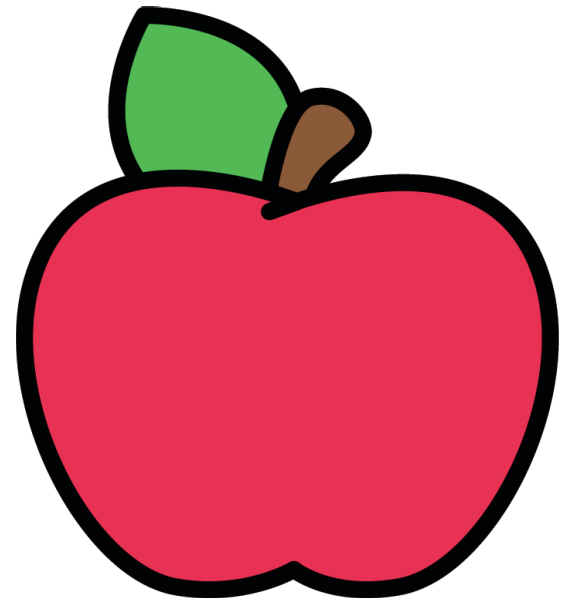
spider

apple

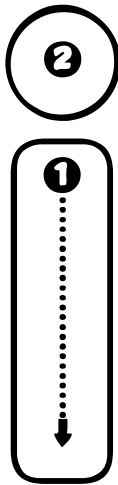
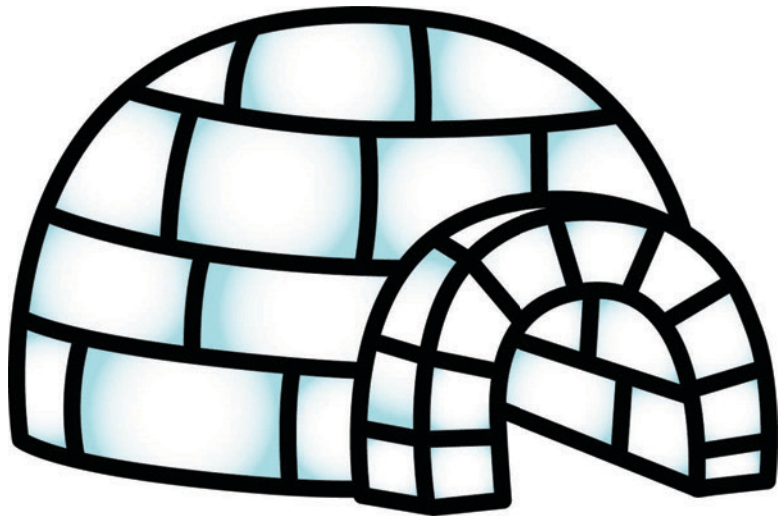
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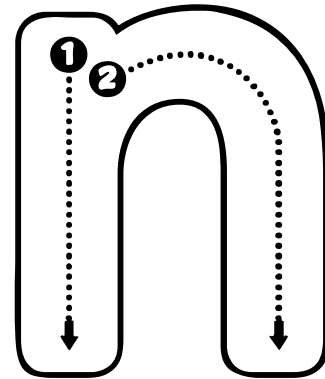
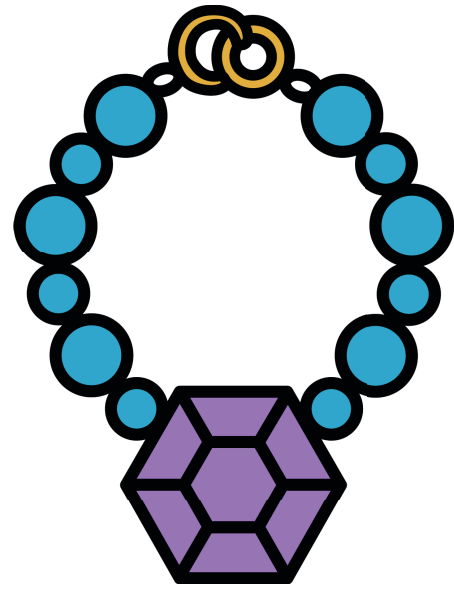
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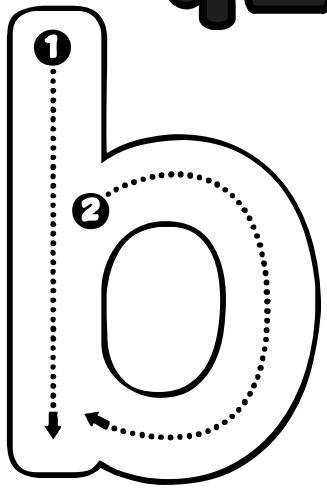
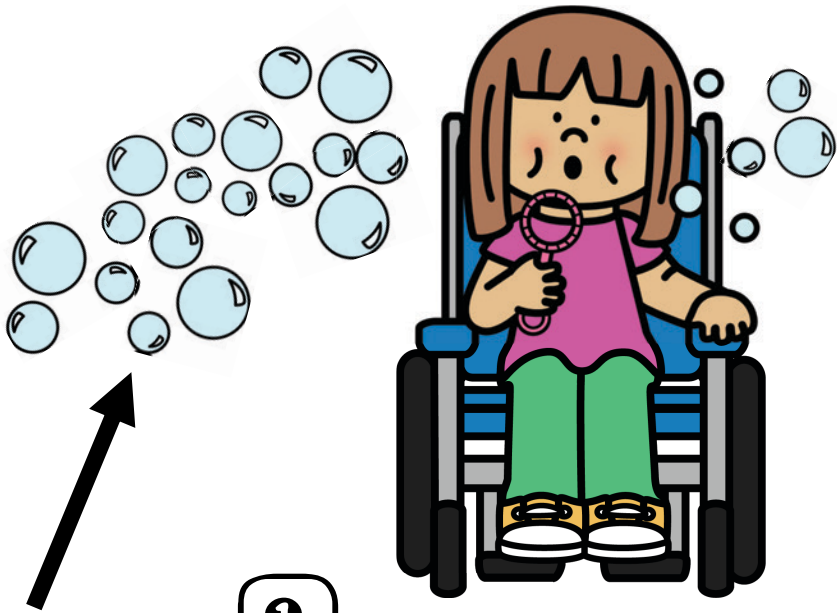
apple



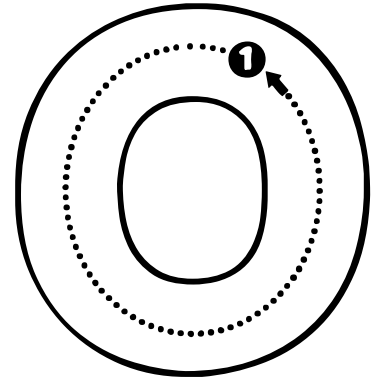
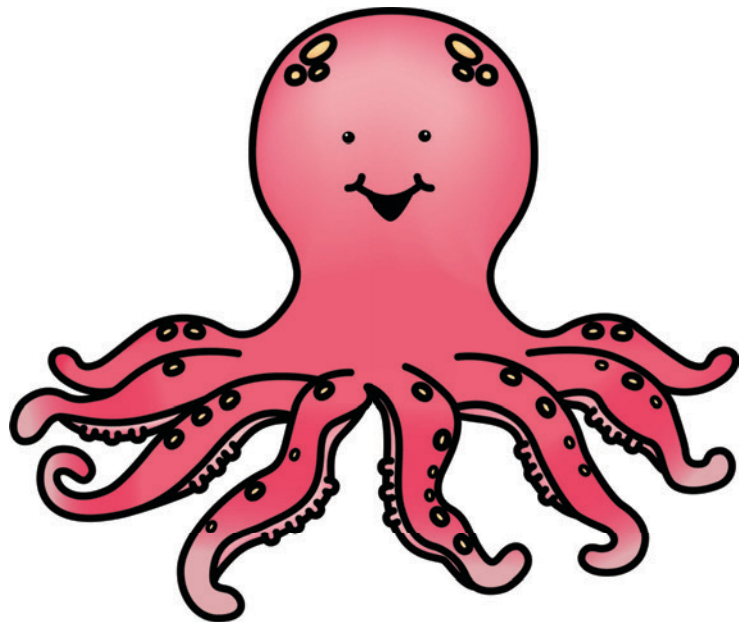
igloo



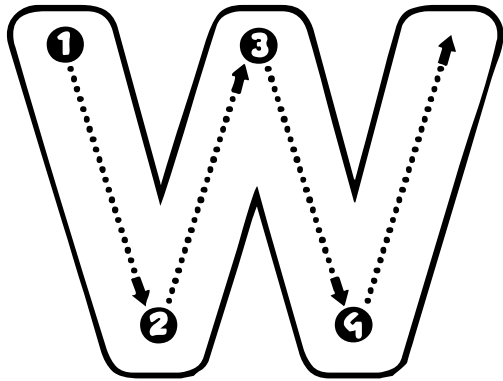
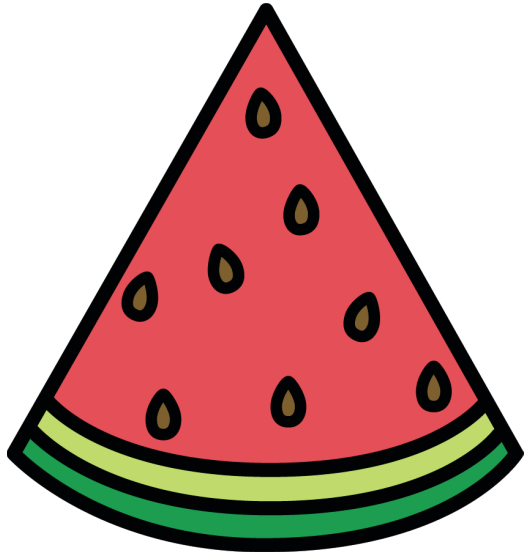
necklace



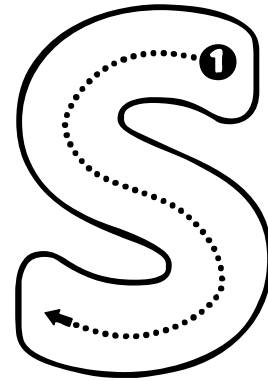
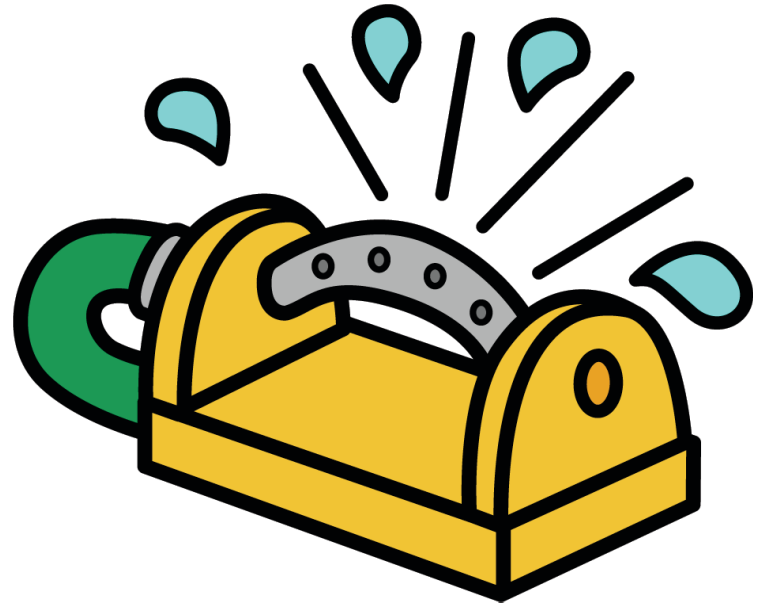
bubbles



octopus



watermelon

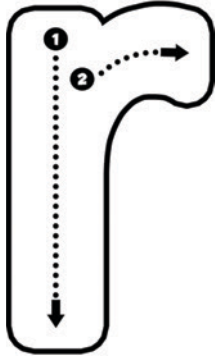


sprinkler

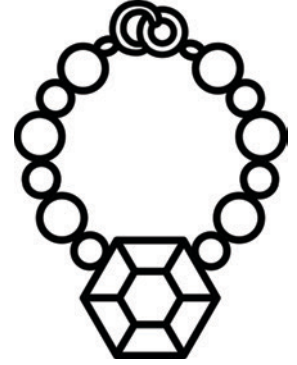
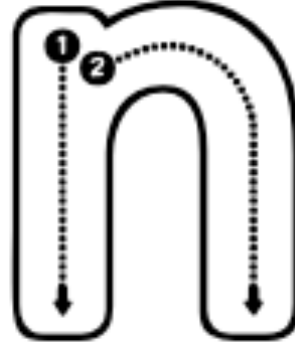
Name \_\_\_\_\_



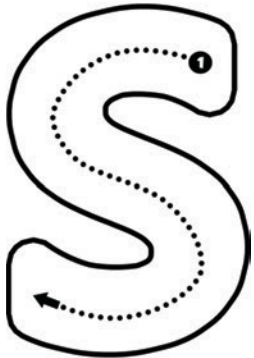
Trace the letters and color the pictures.



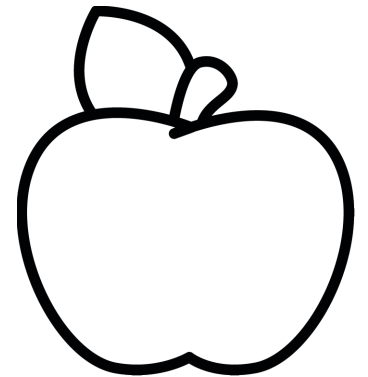
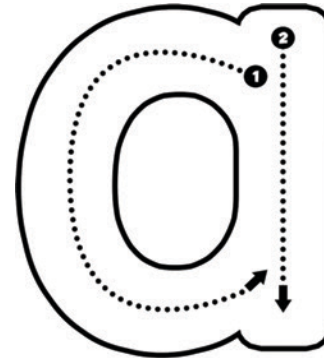
rainbow



necklace



sprinkler



apple



# Color Books

## for Preschoolers



### Colors

- *Teeny, Tiny Mouse A Book About Colors* by Laura Leuck
- *Purple, Green and Yellow* by Robert Munsch
- *Red A Crayon's Story* by Michael Hall
- *Five Colorful Crayons* by Lee Taylor
- *Pink is for Boys* by Robb Pearlman
- *Bear Sees Colors* by Karma Wilson & Jane Chapman
- *Brown Bear, Brown Bear, What do you See?* by Bill Martin Jr & Eric Carle
- *Pete the Cat: I Love My White Shoes* by Eric Litwin
- *The Artist Who Painted a Blue Horse* by Eric Carle
- *Lemons are Not Red* by Laura Vaccaro Seeger
- *Dog's Colorful Day* by Emma Dodd
- *Cat's Colors* by Airlie Anderson
- *Little Green Peas* by Keith Baker
- *A Color of his Own* by Leo Lionni
- *Monsters Love Colors* by Mike Austin
- *The Mixed-Up Chameleon* by Eric Carle
- *Penguins Love Colors* by Sarah Aspinall
- *Festival of Colors* by Kabir and Surishtha Sehgal

### Mixing Colors

- *White Rabbit's Color Book* by Alan Baker
- *Color Dance* by Ann Jonas
- *Mixed: A Colorful Story* by Arree Chung
- *Little Blue and Little Yellow* by Leo Lionni
- *Mouse Paint* by Ellen Stoll Walsh
- *I Love Colors* by Hans Wilhelm
- *Mix it Up!* by Herve Tullet
- *Blue vs. Yellow* by Tom Sullivan

### Rainbows

- *What Makes a Rainbow* by Betty Ann Schwartz
- *Rainbow Duck* by Yvette Lodge
- *Ava and the Rainbow (Who Stayed)* by Ged Adamson
- *Planting a Rainbow* by Lois Ehlert
- *Duckie's Rainbow* by Frances Barry
- *A Rainbow of My Own* by Don Freeman
- *Black is a Rainbow Color* by Angela Joy
- *Rainbow Stew* by Cathryn Falwell

# More activities

like this one for Circle Time:

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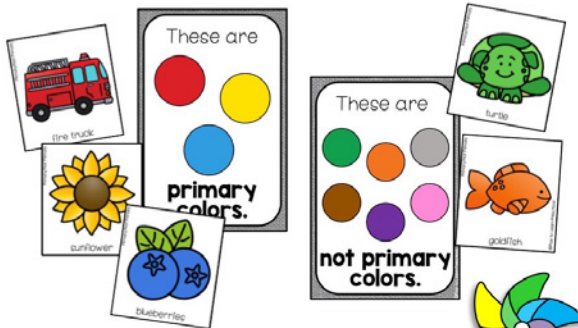
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## Circle Time

# Colors

## Unit for Preschoolers



Play to Learn Preschool

Credit:

These talented artists made this possible.



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This complete unit includes 10 days of detailed Circle Time lesson plans, especially for preschoolers!