Community Helpers
Preschool Unit

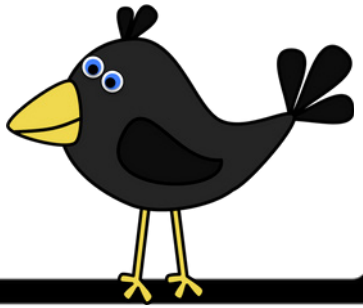
154 pages!

10 days of lesson plans

- 2 circle time activities each day
- Real-life photographs to spark discussion
- Daily extension ideas

10 learning centers

- Literacy
- Math
- Fine Motor & Working Memory
- Book Recommendation List



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Everything is planned for you!

Objectives written in kid-friendly language.

Real-life photos to generate discussion.

Health Helpers

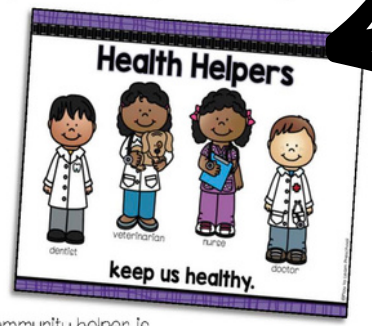
All about the community helpers that keep us and our pets healthy

Day 8 lesson plans

Another group of community helpers are the people who keep us and our pets healthy.

Objectives:

- The students will listen to clues and identify the community helper that is described.
- The students will sing a song. (oral language and sequencing practice)



Activities:

1. Health helper riddle bags:
   - Prepare 4 riddle bags. Place clues in bags.
   - To play the game:
     - Show the bag to the class.
     - Explain that there are 4 clues to help them figure out which community helper is on the bag.
     - Read the clues and invite the students to guess.
     - Check their guesses and reveal which helper it is.
2. Washing your hands is very important. Sing the song "Wash your hands." Use the cards to practice the order of washing hands. Pretend to wash your hands.

Step-by-step directions for each activity.

Songs, poems, carpet games, and more!

Extension Idea:
Teach the ASL sign for **doctor**. Use 3 fingers and tap on the wrist, as if you were taking your

Daily extension activities, including ASL instruction.

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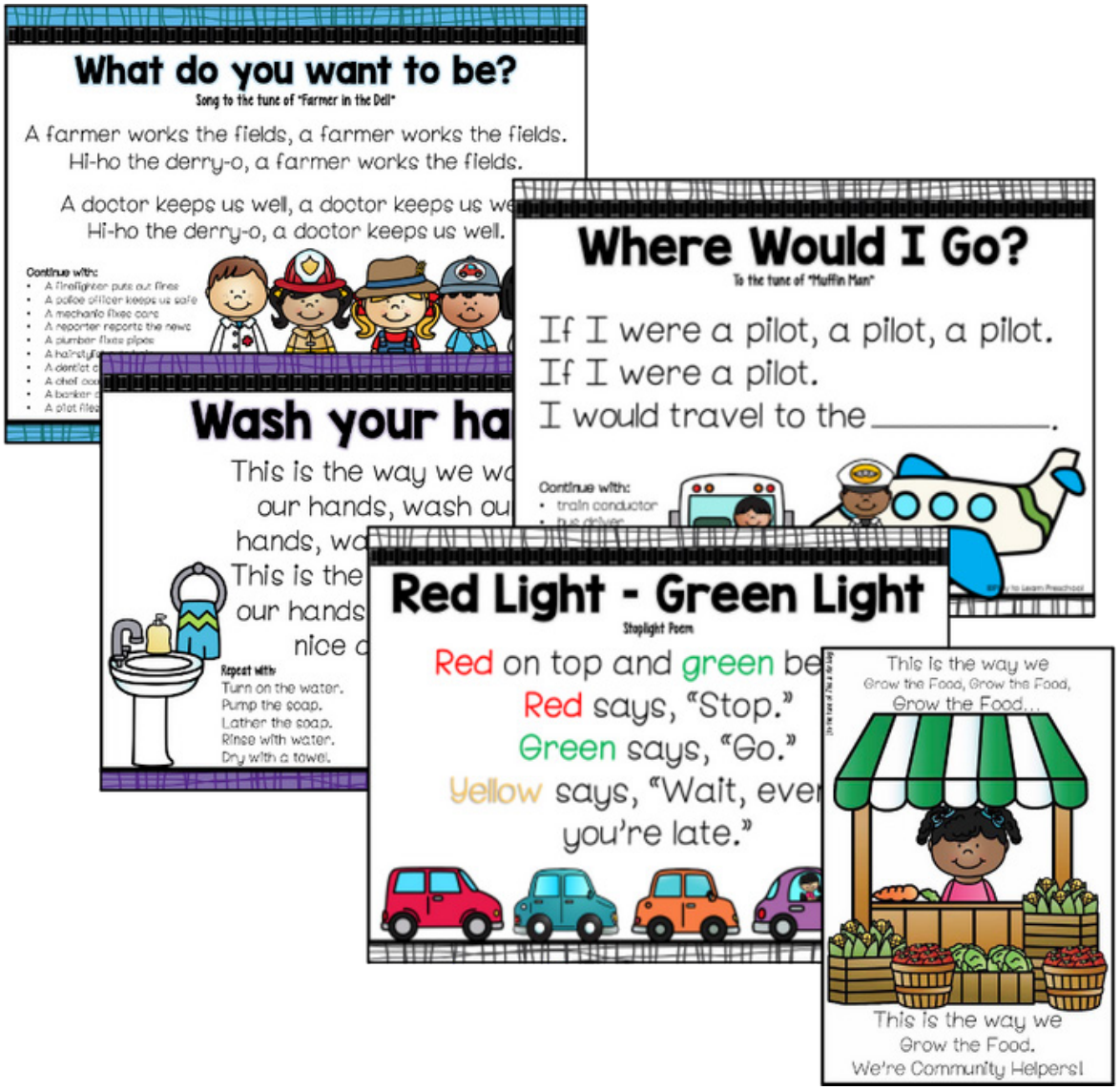
Songs & Poems



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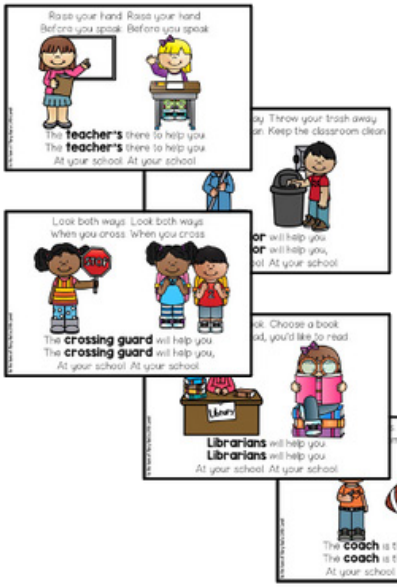
Games & Activities



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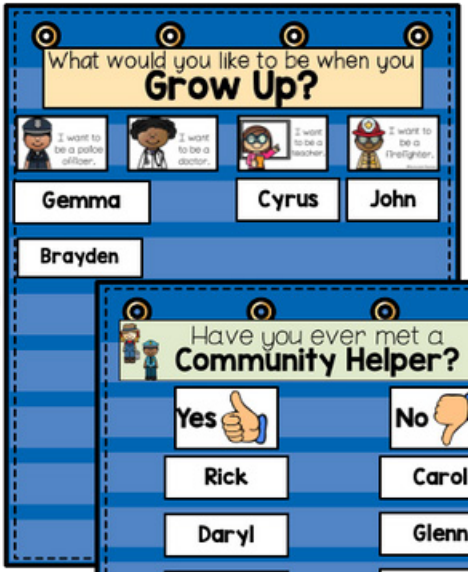
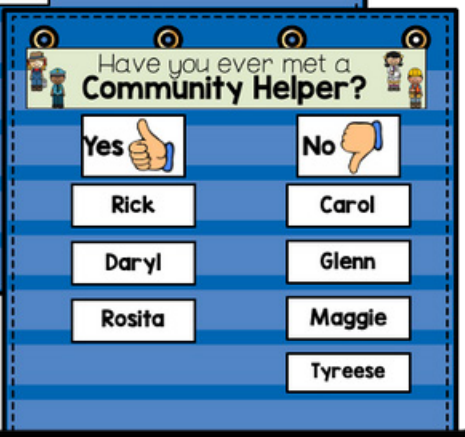
Emergent Literacy





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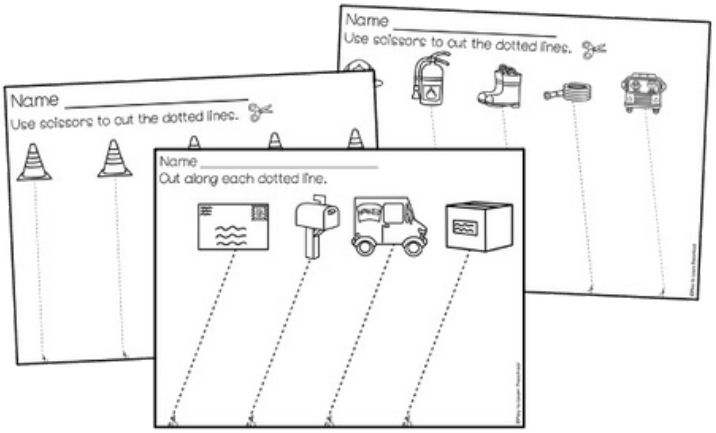
Center Activities

Folder Games

Practice Pages



Safety Certificates

...and MORE!

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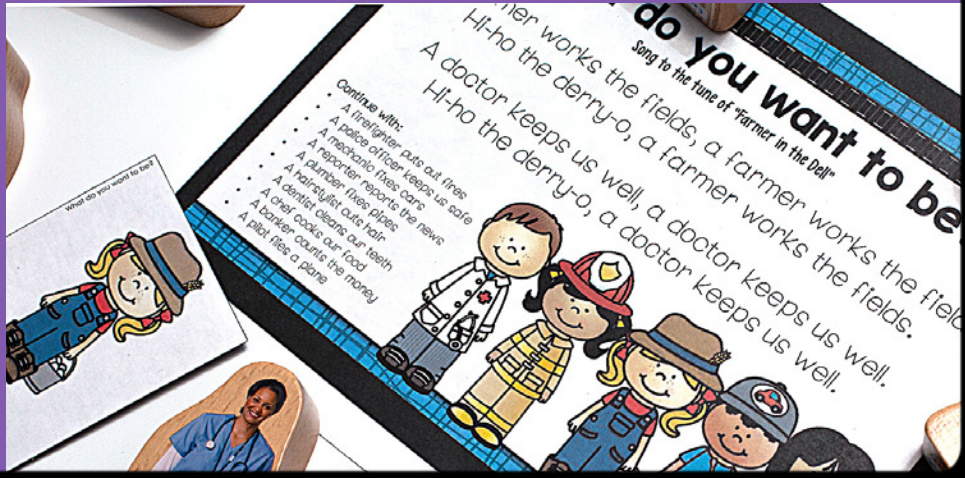

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Testimonials

Over 600 5-star reviews!

Thank you, this unit is great! The kids really engage with the different helpers. These are people they relate to and see each day.
- Deborah S.

There are so many great visuals and activities in this product! I really loved how they introduce the idea of "community" before diving into each group of community helpers. It was perfect for my preschool speech and language students.
- Kathleen C.

Great resource - I loved the way the community helpers were sorted into various groups ... it made the way I introduce them each day make much more sense than I had done in the past! - Becky S.

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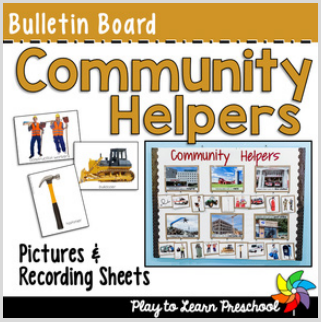
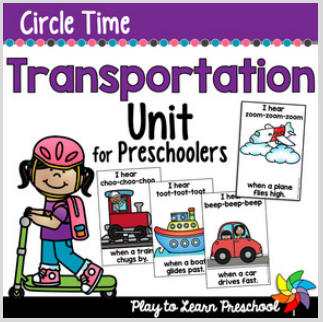
Have fun playing and learning with your students!

Meet Jamie

Jamie is the founder and C.E.O of Play to Learn Preschool. She has her bachelor's degree in Early Childhood Education and a master's degree in reading education. She has taught in both public and private schools and works tirelessly to create meaningful and delightful preschool experiences for both her virtual and in-person preschool students.

Additional Resources:





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